

University OF THE CUMBERLANDS



MISSION STATEMENT

University of the Cumberlands has historically served students primarily, but not exclusively, from the beautiful mountain regions of Kentucky, Tennessee, West Virginia, Virginia, Georgia, North Carolina, South Carolina, Ohio and Alabama which have traditionally been described as Appalachia. The University's impact can be seen in the achievements of its graduates who have assumed roles of leadership in this region and throughout the nation.

While located in the resort like area of Appalachia, with emphasis primarily on serving the beautiful mountain area, the university now reaches into every state and around the world through its student body and alumni.

UC continues to offer promising students of all backgrounds a broad based liberal arts program enriched with Christian values. The University strives for excellence in all of its endeavors and expects from students a similar dedication to this pursuit. Its commitment to a strong academic program is joined with a commitment to a strong work ethic. UC encourages students to think critically and creatively so that they may better prepare themselves for lives of responsible service and leadership. This focus of its undergraduate programs is extended and extrapolated into its graduate programs.

These programs also nurture critical and creative thinking in pursuit of the "life-more-abundant" for both the individual and society. At UC, graduate study prepares professionals to be servant-leaders in their disciplines and communities, linking research with practice and knowledge with ethical decision-making.



ART EDUCATION (P-12) ACCOUNTING
POLITICAL SCIENCE **SPANISH**
THEATRE ARTS
MATHEMATICS EDUCATION (SECONDARY)
MISSIONS CHURCH MUSIC
APPLIED PHYSICS SPANISH EDUCATION (P-12)
PSYCHOLOGY CHEMISTRY
HISTORY & POLITICAL SCIENCE
BUSINESS ADMINISTRATION
BIOLOGY COMMUNICATION ARTS
JOURNALISM & PUBLIC RELATIONS
CRIMINAL JUSTICE **ART**
MIDDLE SCHOOL EDUCATION
FRENCH CHRISTIAN STUDIES
MATHEMATICS HUMAN SERVICES
BIOLOGY EDUCATION (SECONDARY) PHYSICS
CHRISTIAN MINISTRIES **HISTORY**
ELEMENTARY EDUCATION (P-5) EDUCATION
FITNESS & SPORT MANAGEMENT
CHEMISTRY EDUCATION (SECONDARY)
YOUTH & FAMILY MINISTRY
ENGLISH HEALTH EDUCATION (P-12)
FRENCH EDUCATION (P-12) **PUBLIC HEALTH**
EXERCISE & SPORT SCIENCE



CUMBERLANDS HAS OVER 40
MAJORS AND MINORS ALONG WITH
PRE-PROFESSIONAL STUDIES AND
GRADUATE PROGRAMS.

The **Luecker Building** and **Annex** house the departments of Art, Education, Health and Psychology. It includes classrooms, a large lecture hall, the development office and a beautiful Art Gallery that showcases student work throughout the year.



Built in 1955, the **Gatliff Memorial Building** is named to honor the memory of one of the institute's founders, Dr. Ancil Gatliff, who in 1888 had a vision of the need of a Christian college where young people could be taught "Vita Abundantior", a more abundant life. The Gatliff Chapel seats 450, contains beautiful stained glass windows and is often the location of convocation and other student entertainment.

The building also houses offices for the President, Academic Affairs, Institutional Advancement, Financial Planning, Registrar, Bursar, and others.



The **Dr. Edward L. Hutton School of Business**, a stunning two-story replica of Independence Hall, contains ten classrooms, a large lecture hall, study areas, two computer labs and office facilities for the business department staff. Each of the classrooms is wired with the latest media, audio and data transmission technology. Displayed on the lawn of the Hutton School of Business is the stunning Patriot Park, featuring a variety of pieces from American history on display.



The *Correll Science Complex* is home to the biology, chemistry, math and physics departments, as well as the new medical programs including the Master of Physician Studies program. Although the building has an eighteenth century appearance, it truly is a 21st century facility, which consists of departmental offices, state of the art classrooms and laboratories, a 134-seat seminar room, study rooms and a computer lab, all equipped to provide the best learning environment for today's math and science students.



To some people, courses at the collegiate level can seem *intimidating* and somewhat *mundane*. There's an aura given to professors that makes them seem distant and cold. For some professors, this may be the case, but for Cumberland's professor, **Dr. Al Pilant**, this is far from the truth.

In the classroom, **Dr. Pilant** has a very *pleasant* atmosphere for learning. The subject matter doesn't lend itself to much *creative* presentation, but the information and exchange of ideas between people is very intriguing. While the main teaching strategy is lecturing, it is a very open lecture; Pilant urges students to get involved and speak out to share their opinions. The final outcome becomes less of a lecture and more of an interactive debate.

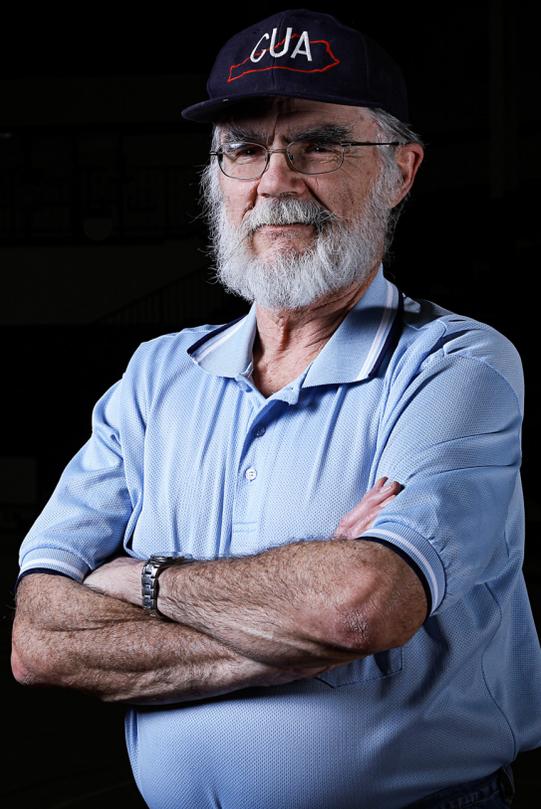
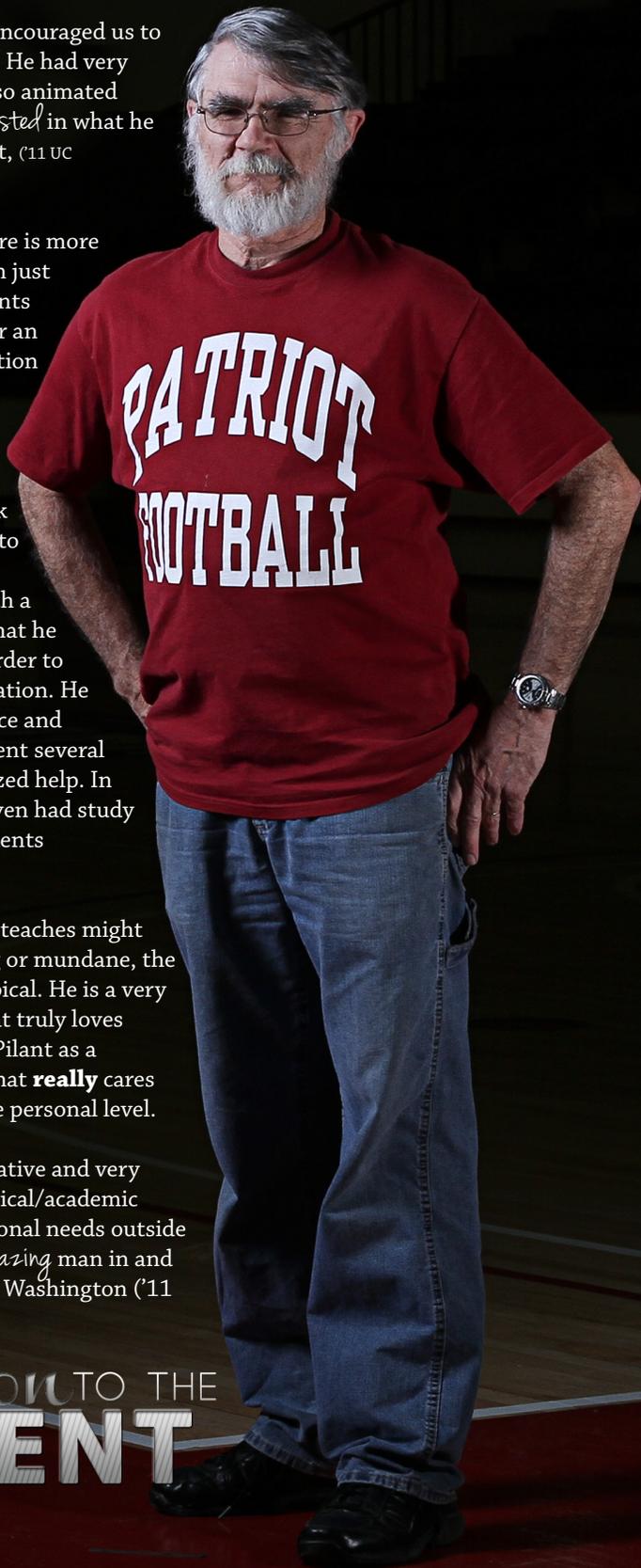
"I loved **Dr. Pilant's** classes. He encouraged us to *speak out* and share our opinions. He had very involved discussions and he was so animated when he spoke, he kept you *interested* in what he was teaching," said Caitlin Talbott, ('11 UC graduate).

Pilant truly understands that there is more to his position as a professor than just presenting information for students to digest, and then regurgitate for an exam. While presenting information to his students, Pilant *encourages* independent thought and analysis. The urge to discuss things within the class gives students the opportunity to think for themselves and really be able to question the information that is presented to them. Pilant has such a *passion* for the learning process that he will do whatever he needs to in order to get a student to learn the information. He has an *open door policy* for his office and some students have come and spent several hours at a time to get individualized help. In some instances, **Dr. Pilant** has even had study sessions at his house to help students understand the information.

While the courses that Dr. Pilant teaches might have a reputation of being boring or mundane, the experience you get is far from typical. He is a very *animated* and *energetic* teacher that truly loves what he does. When you inherit Pilant as a professor, you receive a teacher that **really** cares and wants to know you on a more personal level.

"Dr. Pilant was extremely informative and very caring when discussing my historical/academic needs as well as meeting my personal needs outside the classroom. Dr. Pilant is an *amazing* man in and out of the classroom," said Aaron Washington ('11 UC graduate).

Dedication TO THE
STUDENT



Pilant is a multifaceted individual and is very *involved* in campus life outside of his professorial duties. Some may think seeing a professor outside the classroom is awkward or a little strange, but this is typical for Cumberland's, especially for Dr. Pilant.

Pilant is one of three sponsors for the Student Government Association and is the Official for all of Cumberland's local swim meets. He does the official book for both Men and Women's basketball games and is even a Referee for the Intramural Basketball final tournament. Pilant also umpires home JV baseball games when needed.

"Getting involved with students outside the classroom has allowed me to interact on a social level, rather than just being 'the Professor.' Students realize that I am interested in them as individuals and not just as a body in my class."

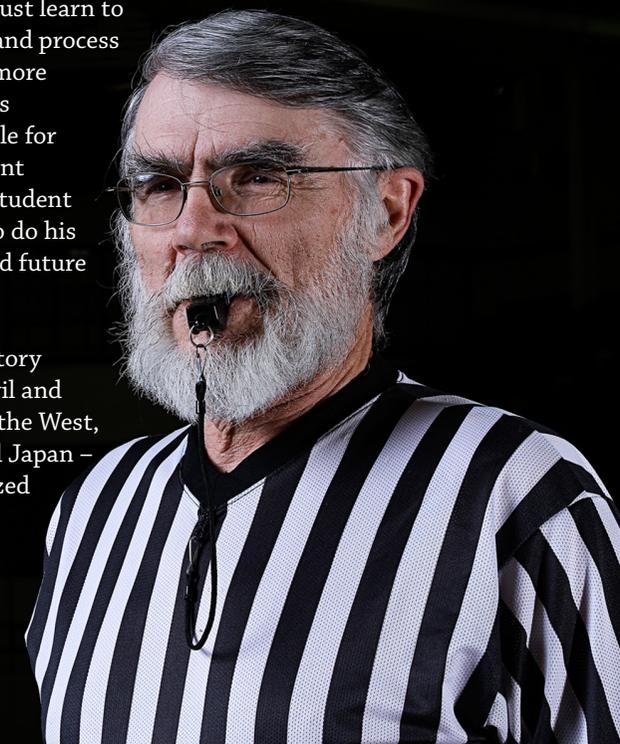
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Pilant wasn't always as involved as he is now. His first year at UC was busy with acquainting himself to the different workings of the University. He started getting involved in as many different ways he could in his second year. Pilant is now winding down his *16th* year at Cumberland's and has been dedicated to reaching out and getting involved for the past 25 years!

"I went looking for ways to get involved with the students, and it was very easy to find that there was a need in many areas. I tried to get involved in as many as possible," said Dr. Al Pilant.

In order for a student to succeed, a teacher must learn to understand a student and how they interact and process information. Getting to know students on a more personal level is Dr. Pilant's way of helping his students succeed. He is setting a great example for each student he comes into contact with. Pilant knows that there is more to the success of a student than their academics and he is really trying to do his part to help develop well-rounded citizens and future leaders.

At Cumberland's, Pilant teaches all of the History Survey Courses. So, if you're interested in Civil and Expansion, 20th Century America, Myths of the West, Africa and the Arab World, or even China and Japan – sign up for Dr. Pilant to get a more personalized and fulfilling collegiate experience.





MOUNTAIN OUTREACH

606-539-4346

The Mission Statement of University of the Cumberlands clearly states the University's position on the value of work and service to others. The Service/Work and Leadership Program is centered in the belief that students must be placed in positions where they may experience opportunities for service and leadership. Students are required to become involved in a planned activity of campus or community service, concurrent leadership activities, and work prior to graduating. Each student must propose an acceptable plan for at least forty hours of campus and/or community service or take part in the College Workstudy Program.

The Mountain Outreach program was established by two Cumberland College students who saw a need, and then acted out of Christian charity and energetic leadership to see that need was met. In the summer of 1982, a local student took a friend and fellow student on a driving tour of the mountains around Williamsburg. The friend, who had been raised in a middle class family far from Appalachia, was overwhelmed by the sight of tarpaper shacks with neither electricity nor running water. The two young men quickly decided to do what they could to help.

Mountain Outreach has been nationally recognized for its work several times: the Action Institute for the Study of Religion and Liberty selected it as one of ten charities to receive the Samaritan Award; USA Today noted the program was in its 1996 "Make a Difference Day" competition; and President George H. Bush honored Mountain Outreach as his 220th Daily Point of Light.

In keeping with the tradition of the program, no experience is needed to be a Mountain Outreach volunteer - only a willingness to learn and help others. Student volunteers may apply, any service hours contributed to Mountain Outreach projects towards fulfillment of the Leadership/Service Transcript.



ANGEL-DALE HOUSE

Established in 1975, Appalachian Ministries gives students the opportunity to minister to area children, youth and families. Under the direction of the Appalachian Ministries director, student workers pick up and take participating children to local churches to lead them in recreation, crafts, games, and Bible lessons.

Students who are drawn to this project through their love of children will be astonished with the unexpected emotional and spiritual rewards of their service. As an additional, practical benefit, those who participate in Appalachian Ministries may apply their time as community service hours toward a Leadership/Service Transcript.





Dedication TO THE FAITH

Prior to attending Cumberlands, the relationship Julie Paris had with the Lord was a little rocky. Her mother had passed away in May of 2009. In dealing with her loss, she found herself in a hole that was hard to dig out of. "I lived a double life," said Julie. Cumberlands became a nurturing environment for Julie's relationship with Christ and was the reason for the strength and motivation to leave her anger in the past. As her walk with Christ began to grow stronger, the desire to serve others remained in the forefront of her mind, and she would serve others in any way possible.

Julie grew up as the child of a preacher and always had a sense of who Christ was. It wasn't until she was twelve that things really started to make sense to her. After hearing the testimony of her youth pastor, she realized that she had just been playing the part instead of letting God consume her and become her personal Lord and Savior.

After her mother passed away, Julie's walk with the Lord began to slip and she began to resent losing her mother. She was angry, but who wouldn't be? She began hanging out in places and doing things of which her biological and spiritual father would not approve. The one thing that was a constant, despite the struggles she was faced with, was her desire to serve others. Even when dealing with her own emotional dilemmas, God's will for her was still weighing heavily on her heart. Julie still made a point to continue serving the church, buying Christmas presents for needy children, and it wouldn't be uncommon for Julie to be found at a friends house just to listen to them vent about occurrences in their life. She also continued to play a large role in serving her church family and helping those in need.

Cumberlands helped strengthen Julie's relationship with Christ. Julie was a part of service ministries in high school but as a part of UC's ministry team, she has a whole new level of responsibility and accountability. Cumberlands has given Julie the tools to help her grow closer to Christ. In order to be in tune with God's will for the ministry, Julie keeps up with her own daily and quiet times with Him. The whole experience has challenged Julie, but it has allowed her to really form a relationship with the Lord unlike any other.



The power of the Gospel is a wondrous thing; it's astonishing how a simple act of service and kindness could open someone's life to learning about Christ. The activities that Julie and other UC students have participated in are designed to serve others. Mission workers don't do the work for themselves, they do the work that God has called them to do; God speaks through them to move and change people's hearts. But, some people don't realize that it can change and challenge the workers as well. Julie has found that through service, she is challenged but has found that it helps make her faith more real and personal. "Serving allows me to grow, just as my faith grows each and every day," says Julie.

While at Cumberlands, Julie has been called to work with numerous ministries. She serves on the Drama Team and is an active participant in Baptist Campus Ministries, which creates and maintains campus-wide worship services, service projects, and hosts Bible studies. She is also involved in the Drama Team and they travel to surrounding churches and high schools to minister to people through interpretive movement and skits in an effort to present the Gospel in a visible way. Julie has helped Mountain Outreach build a wheelchair ramp and has been involved with Appalachian Ministries for three years ministering to children of all ages.

In Julie's eyes, the whole ministry experience at UC is worth giving up an hour or two of her favorite television show or an hour of sleep. "Not only do you get to see lives changed, but you also get to have a lot of fun and meet some great people along the way!" said Julie.



Julie has been given the opportunity to travel with a team from the Kentucky Baptist Convention on their Acts 1:8 Leaderships Experience mission trip. The team will split their time with domestic and foreign mission work as they travel to Bowling Green, Kentucky and to Greece. She will take part in doing service projects around the city of Thessaloniki with Greek and Muslim refugees.

Julie says she is constantly reminded of the night at a youth lock-in when she gave her life to the One who created her, "the savior of the world, the one who died to save [her] soul - Jesus Christ." It is her calling to reach others and share with them the same message that transformed her life.

"You, my brothers, were called to be free. But do not use your freedom to indulge the sinful nature; rather, serve one another in love." Galatians 5:13 (NIV).

The Patriots are affiliated with the Mid-South Conference in the National Association of Intercollegiate Athletics (NAIA).

Members of the Mid-South Conference include: Bluefield College, Campbellsville University, Cumberland University, Georgetown College, Lindsey Wilson College, Shawnee State University, St. Catharine College, University of Pikeville, University of Rio Grande, University of the Cumberlands, UVA-Wise, Belhaven University, Bethel University, Faulkner University, Kentucky Christian University and Union College.





Over 450 student-athletes are earning their education at Cumberland while pursuing their dream of playing at the collegiate level.

Come find your place at UC. We know your talents can be utilized in one of our 29 sports.



Dedication TO THE **SPORT**

Your alarm starts buzzing. You roll over to turn it off and as you open your eyes, you notice it's still pitch-black outside. After hitting the snooze a time or two, you throw on some clothes and rush out the door and grab a quick breakfast just before clocking in at work by 7 o'clock. You alternate between class and work through the biggest part of the day; you follow it with practice in the middle of the afternoon. Once practice is over, you make time to do some independent work in the gym, and then you grab some dinner and a quick shower before beginning on your pile of homework. Most nights, you're lucky to get to bed by midnight. That is, if you don't find yourself drifting off to sleep and drooling on the homework that's due the next day.

This is often what a typical day in the life of Terrell Wilson is like. As a student-athlete, he has become a master juggler of class, work, homework, practice, games and life in general. Needless to say, it's not an easy balancing act, but it is the life of a collegiate student-athlete. Playing at the collegiate level is something that Cumberland's senior, Terrell Wilson, has dreamt of since childhood and he doesn't take a minute of it for granted.

Being a student-athlete is a difficult task and a lot is expected of Terrell on and off the field. The discipline he has as an athlete really has to encompass all areas of his life in order for him to be successful. Time management is the biggest struggle that Terrell has had to overcome. As a student-athlete, he has to manage his time wisely all throughout the school year it's up to him to develop a time management system to ensure that he gets all of the projects and assignments completed on time. At times, there seems like there is a lot going on, but while living in the dorms there is quite a bit of free time as well.

For Terrell to make sure he can compete on the field, he has to make sure he does what's required of him as a student. "The coaches won't accept any excuses for my classwork or athletic performance. I have to make sure I have things taken care of on my own. No one has the time to baby sit me, so I was forced to grow up fast," said Terrell.

Terrell has noticed that there are differences in the game as he has made the progression from high school to college athletics. Terrell first noticed that the game is much faster at the collegiate level and he has to be much more disciplined and focused in order to be successful. The time Terrell puts into practice really helps him hone in on these skills so that he can perfect them and be prepared for competition. Another difference Terrell noticed when transitioning from high school to college athletics was that he really had to get smarter as a player. Part of the sport (well, all sports really) is doing drills and workouts to get stronger and faster, but the real factor that sets players apart is their dedication and how much time they're putting into learning their opponent. Knowing the opponent's tendencies is really what separates the successful teams from the unsuccessful ones and it takes the sport to the next level; knowing a player before taking the field can really help solidify a win. "There can be a player bigger and stronger than me, but if I can play smarter than him, my team can come out with a win," said Terrell.

At the collegiate level, most everyone has come from a background of being his or her high school's all-star, but does a high school athlete ever think they might have to wait their turn to play? When signing on to play college athletics, Terrell's main thought was about playing and it didn't really cross

his mind to think about having to beat older players out of a position they had been starting for two to three years. After putting 100% into the practices and workouts, the weight of not playing can really start to take its toll on an athlete mentally - this has been one of Terrell's biggest challenges. Everyone wants their chance to succeed and prove that they have what it takes to earn the starting position. Terrell's main goal is to be a team player and do what he can to help the team be successful. In Terrell's eyes, everybody on the team has a role. "I do what is asked of me and I know the time I put in helps contribute to the overall success of the team," said Terrell. "I will continue to work hard and do whatever I can to make sure that we win."

After three years of feeling like he was put on the back burner, Terrell has decided that he is taking matters into his own hands. He has been a threat in the weight room and has given 110% during the spring season. Once he gets out of practice, Terrell heads straight to the local gym in order to get in an extra lift and some cardio. Once summer hits, Terrell will continue to build his endurance and spend time in the weight room so that he can prove himself once camp starts in August. "I have one more chance to prove myself," said Terrell. "This is what it's all about."



Cumberland Falls is a large waterfall on the Cumberland River in southeastern Kentucky and it spans at the border of McCreary and Whitley Counties. The waterfall is the center feature of Cumberland Falls State Resort Park.

Under a full moon on clear nights, spectators can sometimes see a lunar rainbow, or moonbow, formed by the mist that is emitted from the falls.

Around Cumberland Falls State Resort Park are a multitude of activities for the outdoorsman. Choose from rafting, canoeing, hiking or horseback riding. There is also gem mining, birding, camping, fishing, picnicking and swimming. Tennis, shuffleboard and horseshoes are also a perk for those who are competitive in nature.

Corbin, which is only 14 miles from Williamsburg, holds the Tri-County Cineplex movie theater and Forest Lanes bowling. While you're in Corbin, be sure to grab a bite to eat at the Root Beer Stand.

Williamsburg is home to the Kentucky Splash Water Park, El Dorado's, the Patriot Steakhouse, Huddle House, along with a multitude of fast food restaurants.



LOOK US UP ON:

