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Celebrate Ugandan Culture at FSU at 'Sherehe'



India Lacey, a member of the FSU President's Leadership Circle, interacts with students from Pagwaya Primary School during a trip in 2016. Lacey earned her bachelor's degree in 2016 and is a current graduate student at FSU.

The community is invited to celebrate Ugandan culture with special guests attending from the African country on **Tuesday**, **Nov. 1**, at FSU.

Students from the FSU President's Leadership Circle will host "Sherehe" from 7 to 9 p.m., on **Nov. 1** in Gira Center room 156 to help benefit the Water School in Uganda. The event is free and open to the public.

Sherehe is a Swahili word for "celebration," and the event will live up to that name with dancing, singing, art and more.

The PLC will host Jamez Muzinga and John Ochieng from The Water School in Uganda, who will talk about how the nonprofit works on projects to bring clean drinking water and sanitation standards to the mostly rural country. PLC includes 12 senior FSU students who are selected for a unique experience to develop their leadership skills. These students will travel to Uganda in 2017 as part of that leadership development, working with the Water School.

The Sherehe event features an art sale with works created by FSU students, with proceeds from the sale to go to the Water School. Other donations will be accepted for the Water School that will go toward new projects in an area nicknamed "Frostburg Village" because of the support FSU students have provided to the people of Pagwaya village.

The student gospel choir, Unified Voices Under God's Dominion, will sing traditional Ugandan songs, the African Student Association will demonstrate traditional dance and music instructor *Gary Phillips* will demonstrate African instruments. Fraternity Pi Lambda Phi will run a concurrent event in an adjoining room to talk about eliminating prejudice and other social issues in Uganda.

Students from PLC have had a special relationship with the Water School since 2011, visiting Uganda each year, working handin-hand to build latrines and water taps, helping build structures for solar water disinfection techniques to provide clean water, providing health education to children and other assistance.

For info on the event, call the Office of Leadership and Experiential Learning at 301-687-7013. For info on the Water School, visit <u>www.waterschool.com</u>. For info on PLC, visit <u>www.frostburg.edu/clife/leadership/presidents-leadership-circle-plc</u>.

Theatre

CES to Present Theatre and Dance in 'James and the Giant Peach Jr.'



CES at FSU will present FSU's Department of Theatre and Dance in "James and the Giant Peach Jr." on **Wednesday, Nov. 2**, at 4:30 p.m. in PAC Pealer Recital Hall.

Based on Roald Dahl's classic book, "James and the Giant Peach Jr." is the imaginative tale of a boy, his

insect friends and their amazing journey across the ocean aboard a giant piece of fruit. Join James as he discovers a magic spell that launches him on a voyage of enormous proportions. Along with a group of human-sized insects with equally oversized personalities, James faces hunger, disagreements and sharks in an overseas adventure that brings him to a marvelous new world.

Tickets for adults and children are \$7. Member and group discount rates are also available.

For info, contact the CES box office at 301-687-3137 or visit CES' webpage at http://ces.frostburg.edu.

The hour-long musical is especially recommended for grades 1 through 6. Contact <u>cesoutreach@frostburg.edu</u> for tickets.

"James and the Giant Peach Jr." is presented through a special arrangement with Musical Theatre International.

Entertainment

CES at FSU to Present Acrobatic Artists Gravity and Other Myths in 'A Simple Space'



CES at Frostburg State University will present Australia's spectacular acrobatic artists, Gravity and Other Myths, in their performance of "A Simple Space" on **Thursday, Nov. 17**, at 7:30 p.m. in the F. Perry Smith Studio Theatre of FSU's Performing Arts Center.

The intimate and heart-pounding show features seven fearless performers defying gravity. "A Simple Space" is playful, joyous and stunning. With driving live percussion, audience members get a truly up-close-and-personal experience in acrobatic physical theatre as they feel the heat, hear every breath and immerse themselves in every moment. As Edinburgh

Festivals Magazine declared, "You will laugh and you will gasp, and you will probably spend some time with your hands over your mouth in awe."

During their visit, the artists will also offer a free workshop in acrobatic movement for children ages 8 through 12 on **Nov. 17** at 4 p.m. in the Dance Studio of FSU's Cordts PE Center. Participants will experience Gravity and Other Myths' approach to tumbling, human pyramids, counterbalances and handstands at the beginner and intermediate levels. The workshop is limited to 30 participants and prior registration is required. To register, email <u>ces@frostburg.edu</u> or call 301-687-3137.

Tickets for the CES performance are \$22 for adults and \$19.80 for youth under 17. Member and group discount rates are also available.

For info, contact the CES box office at 301-687-3137 or visit CES' webpage at http://ces.frostburg.edu.



FSU Dance Company Presents 'Weight on Me' and 'Manipulations'

Local Restaurants to Offer Specials for Dance Company Patrons



Members of the FSU Dance Company rehearse for their upcoming production.

FSU's Department of Theatre and Dance will debut a unique dance concert on **Thursday**, **Nov. 10, through Saturday, Nov. 12**, in the F. Perry Smith Studio Theatre of the Performing Arts Center. Audience members will get two for the price of one as the FSU Dance Company presents two concerts in one evening. Performances begin at 7:30 p.m. on **Nov. 10 and 11**, with a matinee suited for a lunch before, or dinner after, on **Nov. 12** at 3 p.m.

Act One, "Weight on Me," is a contemporary modern work choreographed by *Jamie McGreevy*, director of the Dance Company and a lecturer in the Department of Theatre and Dance, to the accompaniment of composer Olafur Arnalds. Set with 10 female dancers, this piece explores various aspects of weight: emotional, physical, stereotypical and political.

"Conceptualization of this work began last spring," McGreevy said. "It premiered as an eight-minute male trio at the 2016 American College Dance Festival. I was so intrigued as to how the young men handled the concept and direction they were given that I wanted to dig in deeper. I chose to take it from a female perspective, expand on that original paradigm, and the intimate atmosphere of the studio theatre is the perfect place to do that."

"My process has a rather organic approach," she continued. "Basic movements and structures were given to the dancers, and then we played. Through discussion about stigmas, stereotypes, emotional relationships and personal stories we explored how we place weight, metaphorically and physically, on ourselves; how others place it on us; and how we can allow the sharing of weight to help us through."

Senior company member *Krysten Gutrich* explained that the exploration allowed her "to acknowledge and accept my weights and to stop trying to ignore them. It has opened my eyes to a much quieter me that needed a chance to speak."

Act 2 is all about "Manipulations." During this piece audience members will get to see four separate works, each of which explores the "manipulative" possibilities involved in movement performance. In addition, guest musician and local artist Bill Dunlap comes to the stage to collaborate with McGreevy on an improvised dance created in time before the audience.

Student costume designer **Rachael Saylor** will bring forth a tribute to the great Loie Fuller, who pioneered the advancement of costuming, stage lighting and movement. Lighting will be designed by **Brian Scruggs**.

Audience members are invited to enjoy a warm meal before or after the show. Local restaurants SHIFT, Giuseppe's Italian Restaurant, The Princess Restaurant and the Draft Zone have teamed up to offer specials for guests who present their Fall Dance Concert ticket. The specials are available for all three show dates.

"We are really excited to bring something unique to the stage and also to be working with some fabulous local businesses," commented McGreevy.

Ticket prices are \$7 for students and \$14 for the general public. Theatre and Dance now offers convenient online ticket purchasing. Visit <u>www.frostburg.edu/TheatreDance</u> and click "buy tickets." To purchase tickets through the box office or to ask about discounts for groups of 10 or more, call 301-687-7462 Monday through Friday from 9 a.m. to 12:30 p.m. and from 1:30 to 3 p.m.

Follow Theatre and Dance on Facebook at <u>https://www.facebook.com/Theatre-and-Dance-at-FSU-153754738040099</u>.

CES' On the EDGE Series to Host Step Dance Group Molodi Live



CES at FSU will present the electrifying step dancers of Molodi Live in its next On the EDGE series performance. The show will take place on **Thursday, Nov. 10**, at 8:15 p.m. in Lane Manicur Hall.

Using only their bodies as instruments, Molodi combines collegiate stepping, tap, gumboots, beatbox and poetry with guerrilla theatre. Interactive rhythms and crowd participation bridge the gap between the artists and the audience, who become essential participants in the performance. According to The Villager, "The soulful and energetically intense performance ... leaves the audiences in awe of their abilities to blend the traditional percussive dance forms."

The On the EDGE series is an exciting club series presented as a collaboration between CES at FSU and FSU Student Activities. The series features cutting-edge performers who stretch the boundaries of their art forms. Patrons enjoy informal table seating, comfortable couch and armchair seating, and food and beverage options.

On the EDGE tickets are \$15 and may be ordered by calling 1-866-849-9237 or 301-687-3137 or by visiting CES' webpage at http://ces.frostburg.edu.

Music

Unless otherwise noted, recitals and concerts will take place in PAC Pealer Recital Hall and are free and open to the public. For info, contact the Department of Music at 301-687-4109.

Piano Studio Recital in Fall Recital

FSU's Department of Music will present the Piano Studio Recital on Saturday, Nov. 5, at 7:30 p.m.

The FSU Piano Studio, under the direction of **Dr. Jay DeWire**, features students **Brianna Ivy**, **Michael Lundien**, **Katelyn Petersheim** and **Susan Zoller**.

The recital will include solo as well as ensemble playing and will feature works by Liszt, Bizet, Mozart and more.

Faculty Artist Series: 'Weber Plays Weber'

FSU's Department of Music will present the Faculty Artist Series production of "Weber Plays Weber" on **Saturday, Nov. 12**, at 7:30 p.m. The concert features *Dr. Brent Weber* on bassoon and *Joseph Yungen* on piano, accompanied by Joseph McDaniel on bassoon.

The program features "Bassoon Concerto in F Major" by Carl Maria von Weber, "Concerto for Two Bassoons" by Johann Baptist Vanhal, "Romance for Bassoon" by Edward Elgar and "Andante and Hungarian Rondo" by Carl Maria von Weber.

Opera Workshop Students to Appear in 'A Night at the Opera House'

FSU Opera Theatre will present "A Night at the Opera House," a performance featuring the music and waltzes from Vienna as well as lesser-known operatic gems, on **Monday, Nov. 14**, and **Tuesday, Nov. 15**, at 7:30 p.m.

Directed by *Victoria Browers*, this gala concert will feature the music of operetta composers Franz Lehár and Johann Strauss, as well as Purcell, Handel, Donizetti and Sieczyński. The production will also include an extended scene from Humperdinck's "Hansel and Gretel."

Opera students include sopranos **Cheranjana Thuyacontha**, **Hannah Miller** and **Marsè Romero**; mezzo-soprano **Pateley Bongiorni**; and tenors **David Cook** and **Gabriel Harper**. **Joseph Yungen** will accompany the group.

Guitar and Percussion Ensembles and Studios Recital

FSU's Department of Music will present the Guitar and Percussion Ensembles and Studios Recital on **Wednesday**, **Nov. 16**, at 7:30 p.m.

The FSU Guitar Ensemble and Studio, under the direction of *Patrick Sise*, will present guitar works by Bach, Scarlatti, Handel, Weiss and others.

The Percussion Ensemble, under the direction of *Gary Phillips*, will feature works by Telemann, John Bergamo, Ward Durrett, Eric Sammut, G.H. Green and others.

Presentations

FSU, UMCES Grad and Astronaut Ricky Arnold to Speak on Space Station Experience



NASA astronaut **Ricky Arnold**, an alumnus of FSU and the University of Maryland, will present "Reflections on a Journey to the International Space Station" followed by a question-and-answer session on **Thursday**, **Nov. 10**, at 6:30 p.m. in PAC Pealer Recital Hall. The family-friendly event is a presentation of the University of Maryland Center for Environmental Science's Appalachian Laboratory and FSU and is free and open to the public.

Arnold graduated from FSU in 1985 with a bachelor's degree in accounting and from U-Md. in 1992 with a master's degree in marine, estuarine and environmental science, conducting his research at UMCES' Horn Point Laboratory. Before being selected for the NASA astronaut

corps as an Educator Astronaut in 2004, he worked as a marine scientist on an oceanographic vessel and taught science and math in Waldorf, Md., Morocco, Saudi Arabia, Indonesia and Romania.

Arnold was a mission specialist for STS-119 in March 2009, when the Space Shuttle Discovery delivered and the crew installed critical final pieces of the International Space Station. On that mission, Arnold performed two of the three spacewalks.

In 2007, Arnold was also a mission specialist for a NEEMO (NASA Extreme Environment Mission) training and research operation aboard the underwater habitat Aquarius. The "aquanaut" mission simulated the level of gravity on the moon, but it was also a "dream come true" for the former marine scientist, he said.

Arnold serves as the branch chief responsible for the planning and safe execution of spacewalks and space station robotic operations.

For info on Arnold, visit <u>www.jsc.nasa.gov/Bios/htmlbios/arnold-rr.html</u>. For info about Arnold's presentation, contact Rhonda Schwinabart, coordinator of External Affairs for UMCES' Appalachian Laboratory, at 301-689-7102 or <u>rschwinabart@umces.edu</u>.

Fair Foods Lunch Forum

Join in a conversation with the Immokalee Workers about the Fair Food Movement and learn more about the current boycott of Wendy's at the Fair Foods Lunch Forum on **Tuesday**, **Nov. 1**, from noon to 1:30 p.m. in Lane 110.

For many years these farm workers, who primarily pick tomatoes, have struggled to improve their wages and working conditions. They ask tomato buyers – firms like Wendy's – to participate in the Fair Food Program. This is a partnership among growers, farm workers and tomato buyers to improve the lives of farm workers. For 10 years, Wendy's has refused to join the Fair Food Program while all its major competitors – McDonalds, Burger King, Subway and Taco Bell – have joined.

There will also be a film, "Food Chains," and follow-up discussion about food justice and the migrant movement on **Monday**, **Oct. 31**, at 7 p.m. at St. John's United Church of Christ, 157 Ord St., Salisbury, Pa. Immokalee Farm Workers will be available for Q&A.

For info, contact Chaplain Cindy Zirlott at <u>c.zirlott@frostburg.edu</u> or 301-687-7490.

Info Session on Leadership Studies at FSU: Preparing You to Sustain Organizations and Lead Social Change in the 21st Century

Come join faculty and students of the Leadership Studies minor on **Wednesday**, **Nov. 2**, from 6:30 to 7:30 p.m. in Lane Manicur Hall as they provide an overview of the minor and talk about recent and upcoming leadership courses and projects. Students who minor in Leadership Studies have unique opportunities for experiential learning and resume-building through their courses, by working with the communication leadership lab on dialogue and deliberation projects and through participation in the annual leadership residency program that happens in the spring. This year's leadership residency will feature Leaders of a Beautiful Struggle (http://lbsbaltimore.com), an organization that strives to transform Baltimore through policy action. (Pizza and salad will be served.) Students will learn about LEAD 101 Introduction to Leadership Studies and LEAD 401 Citizen Leader course options for spring as well. For info on the event or the minor, contact Dr. Elesha L. Ruminski, coordinator of Leadership Studies, at <u>elruminski@frostburg.edu</u> or 301-687-4480 or visit <u>www.frostburg.edu/dept/lead</u>.

Academic Enrichment Series – Scheduling Assistant

Keith Davidson, academic counselor, and *Beth Stallings*, director of Freshman Advising, both from the Center for Academic Advising and Retention, will present "How to Use Scheduling Assistant" on **Tuesday**, **Nov. 1**, from noon to 12:50 p.m. in Gira Center 127A and on **Wednesday**, **Nov. 2**, from noon to 12:50 p.m. in Gira Center 127B. Students and advisors are invited to attend workshops introducing FSU's web-based planning tool, the Scheduling Assistant. This simple interface allows for students to receive fully pre-made, open schedules generated in two minutes or less. The Scheduling Assistant offers a "Breaks" feature to allow students to block off times they are unable to take class, such as for jobs or athletics. It also allows students to bring up multiple schedules side-by-side and compare options. Join the group to learn how to use the Scheduling Assistant.

For info, contact the Center for Academic Advising and Retention at 301-687-3404.

Appalachian Laboratory Fall Seminar Series

Scott Knoche will present "Using the Travel Cost Method to Estimate the Economic Benefits of Acid Mine Drainage Remediation to Maryland Trout Anglers" on **Thursday, Nov. 3**, at 3:30 p.m. in AL Room 109. For info, go to <u>www.umces.edu/al/seminar/schedule</u>.

Exhibits

'Speaking OUT: Queer Youth in Focus' by Rachelle Lee Smith



FSU's Department of Visual Arts and the African American Studies Program will present "Speaking OUT: Queer Youth in Focus," an exhibit by Rachelle Lee Smith, **Thursday, Nov. 3, through Wednesday, Nov. 16,** in the Stephanie Ann Roper Gallery in the Fine Arts Building. An opening reception and talk by the artist will be held **Monday, Nov. 7**, at 7 p.m. in Fine Arts 132. The exhibit and reception are free and open to the public.

"Speaking OUT: Queer Youth in Focus" is a photographic essay that collectively explores a wide spectrum of experiences told from the perspective of a diverse group of youth ages 14 to 24 who identify as queer (i.e., lesbian, gay, bisexual, transgender or questioning). Portraits are presented without judgment and/or stereotype by eliminating environmental influence with a stark white backdrop. This backdrop acts as a blank canvas to be filled with the each subject's point of view handwritten onto the final print. With more than 65 portraits photographed over 10 years

beginning in 2001, "Speaking OUT" provides a rare insight into the ever-evolving passions, confusions, prejudices, fulfillment, joys and sorrows voiced by queer youth.

Smith is an award-winning, nationally and internationally shown and published photographer who has spent the majority of her career taking photographs with a passion to share experiences. Although the subject matter varies, her innate vision to capture the life and energy of a scene takes precedence in every image.

This exhibit is sponsored by the Women's Studies Program, an FSU Opportunity Grant, a Faculty Development and Sabbatical Committee Workshop/Speaker grant, SPECTRUM, PRIDE at Allegany College of Maryland, the African American Student Society and the FSU Center for Student Diversity, Equity and Inclusion.

Hours for the Roper Gallery are Sundays through Fridays from noon to 4 p.m.

For info, visit <u>http://rachelleleesmith.com/speakingout</u> or contact Dr. Amy Branam Armiento at <u>abranam@frostburg.edu</u>.

FSU Art Faculty/Student Exhibit 'FSU@AAC' to Be on Display at Saville



"FSU@AAC," an exhibition by FSU art faculty and the students they mentor, will be on display **Thursday**, **Nov. 17**, **through Monday**, **Nov. 21**, at the Allegany Arts Council's Saville Gallery at 9 N. Centre St. in Cumberland. An opening reception will

be held on **Saturday**, **Nov. 19**, from 6 to 8 p.m. The reception and exhibit are free and open to the public. For info, contact the Allegany Arts Council at 301-777-2787.

Film

'Do Not Resist' Explores Militarization of U.S. Police



FSU's Department of Philosophy will host a screening of "Do Not Resist" on **Wednesday, Nov. 9**, at 7 p.m. in Dunkle 218. The 2016 Tribeca Film Festival winner for Best Documentary, "Do Not Resist" is a "chilling" (Variety) and "eye-opening" (The New Yorker) exploration of the rapid militarization of the police in the United States. The event is free and open to the public. For info about the film and to view the trailer, visit www.donotresistfilm.com. For info about the event, contact Dr. Michael B. Mathias at 301-687-3094 or mbmathias@frostburg.edu.

Fall Palace Film Series 'Projecting the Election' Continues

The historic Palace Theatre's Fall Film Series, "Projecting the Election: Hollywood Goes to Washington," brings drama, history and comedy to the upcoming election season. WFWM 91.9 FM is sponsoring the series.

Frank Capra directed 1948's "State of the Union," which will be shown on **Monday**, **Nov. 21**. Spencer Tracy and Katharine Hepburn star in this Beltway comedy.

Doors open at 7 p.m. with show times at 7:30 p.m. For info, call 301-689-5605 or refer to the Palace's website at <u>www.frostburgpalace.org</u>.

Points of Pride

FSU Homecoming Court's Fundraising Efforts Benefit Charities



From left are President Ron Nowaczyk, Homecoming Queen Brandy Barnes and Homecoming King Richard Ukonu.

FSU's 2016 Homecoming King and Queen candidates raised a grand total of \$4,888.57 for local and national charities in just three weeks. Students representing 15 campus organizations raised the most money the election has seen since 2012 and provided a fundraising increase of \$1,603.19 from last year's grand total of \$3,275.38. Organized by the Student Government Association, the election allows representatives from University-recognized student organizations to raise funds and awareness for a charity of their choice in the process of their campaign.

This year's election not only saw more participating candidates and an increase in funds raised, but also a jump from fewer than 800 student voters to more than 1,300 student voters.

Brandy Barnes, representative from the Student Members of the American Chemical Society, was crowned queen and **Richard Ukonu**, representative from Relationship Goals, was crowned king. The pair was crowned at the annual pep rally on Thursday, Oct. 20, and recognized again at the football game on Saturday, Oct. 22.

Barnes raised \$1,080 for Holding Hands for Haley, a local foundation providing hope for families of children fighting cancer, in memory of Haley House. Ukonu's fundraising efforts provided \$115 for The Training Source, a nonprofit organization located in Seat Pleasant, Md., committed to providing training services to unemployed citizens and others who cannot afford training.

Nicole Amos, representative candidate from Alpha Sigma Alpha, was recognized for raising the largest amount, \$1,117.67, which supported the Muscular Dystrophy Association, the nonprofit health agency dedicated to curing muscular dystrophy, ALS and related diseases by funding worldwide research.

Additional Homecoming queen candidates included *Jennifer Schofield* representing Alpha Sigma Tau, which raised \$685 for the National Eating Disorders Association; *Menu'Ette Silver* representing the Creative Communications Club, which raised \$299 for the March of Dimes; *Kennedy Logsdon* representing Delta Zeta, which raised \$215.20 for the Special Olympics; *April Kinyua* representing SGA, which raised \$121 for the Allegany County Animal Shelter; and *Kailey Howard* representing Delta Omicron, which raised \$65 for Autism Speaks. King candidates included *Sam Lohff* representing Phi Mu Delta, which raised \$448.14 for the Frostburg Fire Department; *Justin Smith* representing Alpha Phi Omega, which raised \$208.56 for the Cumberland YMCA; *Brian Day* representing FSU Rugby, which raised \$165 for the Frostburg Food Pantry; *Amare Langford-Armstrong* representing the Residence Hall Association, which raised \$119 for the American Red Cross; *Malik Harris* representing Uplift Fitness, which raised \$115 for the American Cancer Society; *Jaron Winters* representing Iota Phi Theta, which raised \$65 for the Alzheimer's Association; and *Taqi Robinson* representing Paparazzi Perfect, which raised \$70 for the Union Rescue Mission.

Candidates over the three-week campaign period were required to have sponsorship from a University organization, raise a minimum of \$50 and submit a short essay that was included on the ballot. The King and Queen were chosen by a popular vote, conducted online on Oct. 17 and 18.

SGA also sponsored the Sunday Big Event, in which students from a variety of campus organizations, with strong representation from Greek Life, take responsibility to clean up the community. Each organization is assigned a street in Frostburg and provided trash bags to clean up after Homecoming Weekend festivities. The event saw more than 100 student volunteers and has been an important community event for more than 20 years, according to SGA Vice President James Kirk.

For info, contact SGA at 301-687-4304.

FSU Recognized for Online Program Excellence in Maryland

Affordable Colleges Online has designated FSU as one of the "Best Online Colleges" in Maryland for 2016-2017. FSU's position on the list marks it as one of the top four Maryland colleges active in online education.

The ranking highlights institutions in the state that combine affordability, quality and flexibility in their online degrees. Universities with three or more online programs were scored on criteria including the number of programs offered, graduation rates, cost of attendance, financial aid availability and student-teacher ratio.

One of the metrics used by Affordable Colleges Online is Peer-Based Value, or cost compared to other programs of a similar quality. This recognition is one of several in recent years that notes the outstanding value of FSU programs. They also looked at criteria like accreditation, number of online programs and other student-experience metrics.

FSU also appears on the list of "Best Online Colleges" in Maryland for 2015-2016.

Affordable Colleges Online provides resources geared toward making college more affordable, spreading awareness of the importance of accreditation and connecting students with quality institutions. For info on Affordable Colleges Online and FSU's distinction, visit <u>www.affordablecollegesonline.org/online-colleges/maryland</u>.

FSU Honors Alumna



Sarah Deprey-Severance '16 is a proud and accomplished graduate of the FSU Honors Program. She is enrolled in James Madison University's Clinical Mental Health Counseling graduate program, and plans to pursue a future career as a licensed professional counselor. During her time at FSI, Deprey-Severance was a student in the Honors Program and a student worker in the program's Fuller House office.

She holds her time as an FSU Honors student in high regard, and says that the program "fostered in me an interest in developing relationships with my professors, and taught me the importance of being an active participant in my own education." She credits her Honors experience with helping her prepare for graduate school, adding that she believes the greatest benefit of the program was "the different style of learning that the program offers students. The smaller, discussion and debate format of Honors courses gave me a chance to develop my voice as a student."

To learn more about being an Honors student, visit www.frostburg.edu/dept/honr.

Take Note

Town Hall Meeting and Mock Election

Student & Community Involvement's Office of Civic Engagement and the J. Glenn Beall Institute for Public Affairs will host their final Town Hall meeting of the semester on **Tuesday**, **Nov. 1**, at 6 p.m. in the Lane Atkinson Room (232). Join the group for a discussion of the presidential candidates and a mock election. For info, contact Patrick O'Brien at <u>pobrien@frostburg.edu</u>.

The Clothesline Project – Come Design a Shirt!



As part of FSU's programs for Domestic/Dating Violence Awareness Month, the Social Work Alliance and Alpha Sigma Tau sorority are organizing a campus Clothesline Project. The Clothesline Project is a national movement that was created to bring greater awareness to the issues surrounding relationship violence and sexual assault. T-shirts are decorated by survivors and those who support and care for them. The shirts are then displayed on clotheslines as a tribute to their hope and healing. The entire clothesline will be on display **the week of Oct. 31**. For info, contact Emily Caputo, Title IX and University Compliance coordinator, at <u>ejcaputo@frostburg.edu</u>.

Brady Health Center Hours to Change

Effective **Tuesday**, **Nov. 1**, the Brady Health Center will open a half hour later on Mondays through Thursdays, opening at 8:30 a.m. instead of 8 a.m. The 5 p.m. closing time and Friday hours of 9 a.m. to 4 p.m. will remain unchanged. The Brady Health staff is committed to providing the best service and health education possible to FSU students.

Required Online Training Reminder – 'Think About It'



All FSU students are asked to complete "Think About It," a 45-minute online program discussing the critical issues associated with gender-based harassment and violence.

The Continuing Student Program deadline is Thursday, Nov. 3.

All students, including part-time, full-time, undergraduate, graduate, professional and online, and at all FSU campuses, are to complete this program by their specified deadline. It is the University's responsibility as required by federal law to ensure all FSU students are provided this training. Check your FSU student email account for details.

Come Enjoy Dance Fusion at Ugandan Zumba Night



Come out to help support and fundraise for Water School Uganda at a Ugandan Dance Fusion night to be held on **Saturday, Nov. 5**, at 6 p.m. at the Dance Studio in the Cordts PE Center. Come embody our school motto, "One University, a World of Experiences."

Tickets are \$10 for adults and \$5 for students. All proceeds benefit the "Frostburg Village" and Water School Uganda, a partnership of the President's Leadership Circle.

For info, contact Valerie Ehimhen at <u>vcehimhen0@frostburg.edu</u>, Alexa Bashaw at <u>albashaw0@frostburg.edu</u> or Milan Wolfe at <u>mdwolfe0@frostburg.edu</u>.

MCTA Welcomes Back Winter Farmers Market

Mountain City Traditional Arts, at 25 E. Main St., will welcome back its Winter Farmers Market on **Saturday, Nov. 5**. Stop by for local produce, meat, baked goods, cheeses, coffee, herbal products and more! MCTA will have a children's crafts table set up, with a different project at each market. The Winter Market takes place on the first and third Saturdays of each month from November through May. Hours are 10 a.m. to 1 p.m.

For info, contact Dr. Kara Rogers Thomas at krogersthomas@frostburg.edu.

Election Night Coverage

Come watch the election unfold across the country on **Tuesday**, **Nov. 8**, beginning at 7 p.m. in Lane Manicur Hall. The election will be projected on the big screen. Activities will include a democracy plaza, mock ballots and more. For info, contact Patrick O'Brien at <u>pobrien@frostburg.edu</u>.

Students Wanted for Sloop Institute



Each year, select sophomores and juniors are invited to partake in an exclusive event that allows them to forge beneficial mentoring relationships with FSU faculty, staff and alumni. The Sloop Institute for Excellence in Leadership gives students an opportunity to learn from one another, build important relationships and refine their leadership skills. This year, the Sloop Institute will be held at FSU on **Saturday, March 4, 2017**.

The top 40 students from FSU are given the opportunity to attend this day-long conference, and you may be one of them! Students who wish to apply to the institute should complete, print and sign the application and release forms found on the Sloop webpage at <u>www.frostburg.edu/clife/leadership/sloop-institute</u>. (Attach a separate document if you need more space.) Applications should be submitted to the Office of Leadership and Experiential Learning at <u>leadership@frostburg.edu</u> or dropped off at the second floor of the Braddock House between 8:30 a.m. and 4 p.m. Applications are due by **Friday**, **Nov. 18**. The Office of Leadership and Experiential Learning will have a table in the Lane Center on **Oct. 31** and **Nov. 15** from 10:30 a.m. to 2:30 p.m. and on **Nov. 2 and 16** from 12:30 to 2:30 p.m. Stop by and fill out an application!

Upcoming BURG Events

BURG events for the week are:

- STAR (Stop the Abusive Relationships), Wednesday, Nov. 2, 7 to 8 p.m., Lane 113
- General Body Meeting, Thursday, Nov. 3, 6:30 to 8 p.m., Gira Center 156

For info, contact Armand Jackson at adjackson02@frostburg.edu or visit www.burgpeereducationnetwork.com.

Graduation Will Be Here Before You Know It!

It's not too early to be thinking about graduation, especially if you intend to graduate on **Tuesday, Dec. 20**, in the Cordts PE Center.

The Colleges – Liberal Arts and Sciences, Business and Education – will all present their graduates at 2 p.m. **Tickets will be** required for admission. Each graduating student will receive five tickets.

Full details about tickets and the ceremony can be found on the Commencement website at www.frostburg.edu/events/commencement.

If you haven't yet done so, contact the Registrar's Office to complete your graduation application. Also, check that your home mailing address is accurate in PAWS so you'll receive all the necessary upcoming info.

Follow <u>@FrostburgGrad</u> on Twitter or <u>https://www.facebook.com/FrostburgGraduation</u> on Facebook for updates and important info throughout the semester.

For info, contact Christie Bohn at 301-687-4423 or <u>clbohn@frostburg.edu</u>.

Deadlines

TurboVote Makes Voting Easy!

The absentee ballot deadline is **Tuesday**, **Nov. 1**. Visit <u>https://frostburg.turbovote.org</u> for all your voting needs.

FSU-TV3

'Frostburg Experience' to Air Special Election Edition



"The Frostburg Experience" filmed a "Special Election Edition" of the show and you can watch it starting **Wednesday**, **Nov. 2**, at 6 p.m. If you can't watch it then, tune in on **Thursday**, **Nov. 3**, or **Friday**, **Nov. 4**, at 10:30 a.m., **Nov. 4** at 9 p.m., **Sunday**, **Nov. 6**, at 11 a.m. or **Monday**, **Nov. 7**, at 6 p.m.

Follow FSU-TV3 on https://www.facebook.com/FSUTV3, https://twitter.com/fsutv3,

<u>https://instagram.com/fsutv3</u> and Snapchat @fsu-tv3.



RA Applications Available

For any students interested in helping their peers make a lasting connection to this University, consider applying for a resident assistant position! Applications are available on the Residence Life Bobcat Connect page. All application materials and reference forms are due by **Tuesday**, **Nov. 1**.

Volunteers

Storybook Holiday Volunteer Sign-Up Sheet



Santa's elves pose with Storybook Holiday participants.

Storybook Holiday will be held on **Saturday, Dec. 3**, in downtown Frostburg. There are multiple time slots for each job at Storybook Holiday; the volunteer slots are listed in chronological order. You will need to be at your job 30 minutes before the job starts to sign in. Include your name and email address so you can be contacted with information before the event, and text @sbh2016 to 81010 to receive text updates the day of the event. Your personal number will not be used for anything else, and it is not shared. When signing up, be sure your jobs do not overlap times.

Click here to volunteer: <u>https://docs.google.com/forms/d/e/1FAIpQLSdK-clJgeGpW69fPC1680oSJBBcCqzErRBbEzvCiOnY8cnCQQ/</u> <u>viewform?usp=send_form</u>.

Student Life

Edgewood Commons Contracting for Spring 2017

Edgewood Commons is accepting applications for the spring semester. Contact Edgewood directly for contracting questions. All the info about Edgewood Commons is available at <u>www.edgewoodFSU.com</u>. Apartments come fully furnished and have private bedrooms and semi-private bathrooms. Utilities (gas, electricity, water, Internet and cable) are included in the contract fee. To set up a tour or find out more, call 301-689-1370.

FSU Events Calendar

For info on FSU events, go to http://events.frostburg.edu/calendar.

Questions? Call 301-687-4411. All information is subject to change.

Note: FSU is committed to making all of its programs, services and activities accessible to persons with disabilities. To request accommodations through the ADA Compliance Office, call 301-687-4102 or use a Voice Relay Operator at 1-800-735-2258.

Danger! Poison!

-

Here are a few of the chemicals in tobacco smoke (besides nicotine and tar):

Acetone – found in nail polish remover

Acetic acid – an ingredient in hair dye

Ammonia – a common household cleaner

Arsenic – used in rat poison

Benzene – found in rubber cement

Butane - used in lighter fluid

Cadmium – active component in battery acid

Formaldehyde – embalming fluid

Hexamine - found in barbecue lighter fluid

Lead – used in batteries

Naphthalene – an ingredient in mothballs

Methanol – a main component in rocket fuel

Toluene – used to manufacture paint

FROSTBURG STATE UNIVERSITY MISSION STATEMENT

Frostburg State University is a student-centered teaching and learning institution featuring experiential opportunities. The University offers students a distinctive and distinguished baccalaureate education along with a select set of applied master's and doctoral programs. Frostburg serves regional and statewide economic and workforce development; promotes cultural enrichment, civic responsibility and sustainability; and prepares future leaders to meet the challenges of a complex and changing global society.

INSTITUTIONAL PRIORITIES

- 1. Enhance experiential and applied learning opportunities for students both inside and outside the classroom.
- 2. Improve facilities so that students live and learn in a modern and technologically sophisticated environment.
- 3. Increase student quality and improve student persistence to graduation.

Learn more at <u>www.frostburg.edu/admin/opa/splanning</u>.