

A publication of the FSU Division of Communications and Media Relations

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FSU First Stop on Alzheimer's Foundation's Raise Your Voice For Care College Tour

The Alzheimer's Foundation of America Raise Your Voice For Care College Tour will kick off its national campaign at FSU on **Wednesday, Nov. 5**, in the Lane University Center. The day-long event will include a Healthzone Health Fair with free memory and blood pressure screenings, educational sessions, giveaways, brain games and music.

Sessions on healthy living and care issues will occur throughout the day, beginning at noon. "Introduction to Alzheimer's" at noon and 4 p.m. will explore the illness and its effects on individuals, family and caregivers; a "Caregiver Panel" from noon to 1 p.m. will offer insight from multigenerational caregivers; and a "Quilt to Remember" from noon to 4 p.m. will pay tribute to all those who have passed or are living with dementia and their families.

At 1 p.m., there will be a session on "Music Therapy," which includes a Q&A about songwriting and the healing power of music with musician Michael Pearsall of the band Honor By August. Later, from 2 to 3 p.m., "Career and Service Opportunities" will explore health-related career fields, service-learning and volunteer opportunities.

To top off the day, Honor By August will take the stage at 7:30 p.m. (See below for more info.)

Participants at the event will include FSU's Brady Health Center and Activities for Life, PharmaCare and the Western Maryland Health System.

AFA was founded by a consortium of organizations to provide optimal care and services to individuals confronting dementia, and to their caregivers and families through member organizations dedicated to improving quality of life.

Raise Your Voice For Care is an initiative of AFA's On Campus division, created to raise awareness and engage and empower the younger generation of advocates and champions for the cause on a nationwide campus level.

FSU's Raise Your Voice For Care event is sponsored by the Department of Student & Community Involvement. For info, contact the Lane Center information desk at 301-687-4411 or <u>infodesk@frostburg.edu</u>. For info about AFA, visit <u>www.alzfdn.org</u>.

Rock Band Honor By August to Perform as Part of College Tour



Up-and-coming modern rock band Honor By August will come to FSU on **Wednesday, Nov. 5**, at 7:30 p.m. in the Lane University Center, to perform as part of the Alzheimer's Foundation of America Raise Your Voice For Care College Tour. The show is free and open to the public.

The band, whose members are from Washington, D.C., was called "one of the most promising new talents on the East Coast" by the Washington Post. With a mix of

harmonious vocals, soaring guitars, catchy choruses and lyrics that capture honest snapshots of life, Honor By August achieves a sound that has been compared to U2 and Kings of Leon. Their recent album, "Monuments to Progress," was fully funded by a Kickstarter campaign; popular songs include "Believe" and "All My Love."

Music

Unless otherwise noted, recitals and concerts will take place in PAC Pealer Recital Hall and are free and open to the public. For info, contact the Department of Music at x4109.

President's Concert



Seated, left to right, Dr. Keith Hanlon, Garrett Yoder and MiQuella Mollon; standing, left to right, Youdan Yu, Michael Lundien, Sakkara Turner and Katelyn Hendrix

The Music Department will present students, faculty and ensembles in its annual President's Concert on **Sunday, Nov. 2**, at 3 p.m.

Seven outstanding student music majors will be featured with solo and chamber music. The program will contain the following performers and works: mezzo-soprano *Sakkara Turner*, "Ch'io mai vi possa" by Handel and "Meadowlark" from "The Baker's Wife" by Stephen Schwartz;

soprano *Katie Hendrix*, "Bist du bei mir" by J.S. Bach and "S'altro che lacrime" from "Le Clemenza di Tito" by Mozart; pianist *Michael Lundien*, "Jeux D'eau" by Ravel; pianist *Chen Li*, "Sonata, Op.79" by Beethoven; pianist *Youdan Yu*, "Troika (November)" from "The Seasons" by Tchaikovsky; guitarist *Garrett Yoder*, "Sunburst/Jubilation" by Andrew York; and saxophonist *Miquella "Z" Mollon*, "Sonata, Op. 19, Mvt. II (With Tranquility)" by Paul Creston.

Dr. Keith Hanlon, flute instructor in the department, will perform "Sonatine de Giverny for Piccolo and Piano" by Daniel Dorff. The afternoon will also feature selected works performed by the FSU Chamber Choir under the direction of **Dr. Karen Sarnaker** and the FSU Jazz Orchestra under the direction of **Dr. Brent Weber**.

CES to Feature Jim Brickman in Platinum Tour 'Celebrating 20 Years'



CES at FSU will present a performance with award-winning pianist, composer and recording artist Jim Brickman on **Friday**, **Nov. 7**, at 7:30 p.m.

To mark the 20-year milestone of a dynamic career, Brickman's Platinum Tour showcases new music along with the hits that earned the artist two Grammy nods, four gold albums and the distinction of being Billboard's most charted adult contemporary artist. It's an experience of emotion, warmth and humor that takes the audience on a musical journey of Brickman's signature romantic piano melodies like "Valentine," "Love of My Life" and "If You Believe."

Tickets are \$30 for adults and \$25.50 for youth under 17. Corporate and group discount rates are also available.

For info, contact the CES box office at 301-687-3137 or visit CES' webpage at ces.frostburg.edu.

Department of Music to Present Vocal Studio Recitals

The FSU Department of Music will present Vocal Studio Recitals on **Sunday**, **Nov. 9**, the first recital at 3 p.m. and the second at 7 p.m.

Students studying under *Dr. Karen Sarnaker, Dr. Mariana Mihai-Zoeter* and *Dr. Stephen Soebbing* will perform one to two pieces each. These performances will cover a wide range of composers, styles and periods. The vocalist performances will be accompanied by pianists *Dr. Jay DeWire* and *Dr. Sean Beachy*.

Dr. Brent Weber and FSU Faculty to Perform Recital

Dr. Brent Weber, performing bassoon and saxophone, and FSU faculty artists will perform a recital titled "Some of My Best Friends Are ...," on **Thursday, Nov. 13**, at 7:30 p.m. The title of the recital reflects the collaboration between several of the instruments. It is free and open to the public.

Trombonist *Huai-en Tsai* will accompany Weber's performance of Wolfgang Amadeus Mozart's three-movement piece "Sonata in B-flat Major, K. 292." Willson Osborne's "Rhapsody for Bassoon," one of the most widely performed solo works for the bassoon, will next be performed by Weber. Following that is Francis Poulenc's "Sonata for Clarinet and Bassoon" that is dedicated to the memory of the composer's old friend; there is a fast-slow-fast pattern, which gives a sense of grieving. *Dr. Mark Gallagher* will accompany the performance on the clarinet.

Following a brief intermission, Weber and *Gary Phillips* on the marimba will play Akira Yuyama's "Divertimento for Marimba and Alto Saxophone," which has a fast-paced tempo. The performance of Paul Hayden's "Janus for Flute and Alto Saxophone" will include a solo by *Dr. Keith Hanlon* on the flute. Weber will conclude the recital with a performance of Jakob ter Veldhuis' "Billie," which was written for saxophone and boom box.

Coming to MCTA – Davis & Elkins College Appalachian Ensemble



Mountain City Traditional Arts, at 25 E. Main St. in Frostburg, will host the Davis & Elkins College Appalachian Ensemble on **Friday**, **Nov. 14**, and **Saturday**, **Nov 15**, for a weekend of performances and workshops featuring the region's traditional music and dance. Supported in part by an artist exchange grant from the Mid Atlantic Arts Foundation, all performances and workshops are free and open to the public.

The ensemble was named the "People's Choice for Entertainment" for its performance at the 2013 and 2014 Ramps and Rails Festival in Elkins, W.Va. The group has performed at the FSU

Appalachian Festival, Berea Celebration of Traditional Music, Pocahontas County Opera House, Tamarack and many others.

Festivities kick off Friday at 6 p.m. with a presentation by the ensemble's dance director, Becky Hill. Hill will share segments from the documentary "Reel 'Em Boys, Reel 'Em" she produced, which documents Appalachian dance and traditions in communities throughout West Virginia. At 8 p.m., the ensemble will perform a showcase of music and dance from the Appalachian region and beyond, focusing on the intersections of different American vernacular forms and their roots, including old-time music, flatfooting jazz, tap dance, Irish sean nós dance and numerous traditional American styles of harmony singing.

Saturday begins with a Harmony Singing workshop at 11 a.m. exploring the intricacies of harmony and encouraging community collaboration. At 2 p.m., the group will offer a workshop for musicians focusing on playing for dancers.

An Appalachian clogging and flatfooting workshop at 3 p.m. will start with the clogging basics and gradually build, giving participants the tools to create their own steps. All levels are welcome.

The weekend concludes with an event from 6 to 8 p.m. pulling together all elements of the weekend and ending with a participatory community dance. The segment will include a brief student showcase, a few ensemble pieces and a community square dance.

For info, contact MCTA at <u>mountaincitytradarts@gmail.com</u> or 301-687-8040.

Readings

Center for Creative Writing Fall Reading Series – Stephen Dunn



Frostburg's Center for Creative Writing will present Stephen Dunn on **Saturday, Nov. 1**, from 3 to 5 p.m. in the Lyric Theatre at 20 E. Main St. in Frostburg. This event is free and open to the public.

Dunn is the author of 16 books, including "Lines of Defense," "The Insistence of Beauty," "Everything Else in the World," "What Goes On: Selected and New Poems," "Here and Now: Poems" and "Different Hours," which won the 2001 Pulitzer Prize for poetry.

He received an Academy Award in Literature from the American Academy of Arts and Letters, three National Endowment for the Arts Creative Writing Fellowships and fellowships from the Guggenheim and Rockefeller foundations.

Since 1974, he has taught at Richard Stockton College of New Jersey, where he is the Distinguished Professor of Creative Writing. He's also been a visiting professor at the University of Washington, NYU, Columbia and the University of Michigan.

His work has appeared in The Atlantic, The Nation, New Republic, New Yorker, The Georgia Review and American Poetry Review.

For info on Dunn, go to <u>www.stephendunnpoet.com</u>. For info on the fall 2014 reading series, contact the Center for Creative Writing at <u>cwcenter@frostburg.edu</u> or 301-687-4340.

Presentations

How to Get the Job You Want!

Representatives from memoryBlue, an inside sales consulting firm based outside Washington, D.C., will speak about developing your skills and resume to get the job you want on **Monday**, **Nov. 3**, from 7 to 8:30 p.m. in the Lane Atkinson Room (232). They will speak from firsthand experience on what it takes to acquire a job right out of college and what employers are looking for in their candidates. They will also speak on various topics dealing with professionalism and the ins and outs and ups and downs of today's professional environment.

For info, contact Donna Sivic at 301-687-4454 or dsivic2@frostburg.edu.

Fall Academic Enrichment Series

The fall 2014 Academic Enrichment Series, presented by the Academic Success Network, will assist with preparing for life after college, improving your academic skills, building self-confidence and networking skills and learning more about yourself and campus resources.

Robbie Cordle, director, Career Services, will speak on "What to Do in College for Life After College" on **Monday, Oct. 27**, at 1 p.m. in CCIT 127A. This session will give students the basics to help them prepare for a job search through resumes, cover letters and interviews and will point them toward several job/internship sites where they can register and view listings of interest.

For info, contact the Center for Academic Advising and Retention at 301-687-3404.

Appalachian Laboratory Fall Seminar Series

Dr. Tsvetan Bachvaroff, UMCES Institute of Marine and Environmental Technology, will present "Unwrapping Dinoflagellate Evolution" on **Thursday, Nov. 6**, at 3:30 p.m. in AL Room 109. For info, go to <u>www.umces.edu/al/seminar/schedule</u>.

Is Withdrawing a Good Idea?

To withdraw from a class or not to withdraw ... is a "W" right for you? Find out by speaking with staff from the Center for Academic Advising and Retention, Financial Aid, Programs Advancing Student Success, Tutoring Center and others at the "Withdraw With a 'W' Workshop" on **Wednesday, Oct. 29**, at 5 p.m. in Compton 226. For info, contact CAAR at 301-687-3404 or visit Pullen 140.

Info Program on 'Disabilities and Reasonable Accommodations'

Disability Support Services, Communication Studies and Leadership Studies; the office of ADA/EEO Compliance; and the President's Advisory Committee on Diversity, Equity and Inclusion will host an information program on "Disabilities and Reasonable Accommodations: Building Access for an Inclusive Campus" on **Oct. 29** from 9 a.m. to 12:30 p.m. in CCIT 397.

The program will be facilitated by Glendora C. Hughes and Tara B. Taylor from the Maryland Commission on Civil Rights. They will lead the group discussions on applicable laws, reasonable accommodations, workplace discrimination, disability language and awareness.

For info, contact Rhiannon Morgret at 301-687-4483 or rcmorgret@frostburg.edu.

Visual Arts

'The Tie That Binds' on Display at Roper Gallery



From left, artwork by Katie, Blade and Megan Wynne

"The Tie That Binds," a collaborative experiment in the unconscious shared experience and influence family members have on each other, is on display through **Wednesday**, **Nov. 5**, at the Stephanie Ann Roper Gallery in the Visual Arts Building.

For info, call 301-687-4797. Gallery hours are from 1 to 4 p.m. Monday through Thursday.

Points of Pride

FSU Homecoming Court Raises More Than \$4,600 for Charities



Homecoming Queen Ly-Anh McCoy and King Keith Smith

FSU's 2014 Homecoming Court, representing eight on-campus organizations, raised more than \$4,600 for local and national charities. These students upheld the 10-year fundraising tradition that accompanies Homecoming by raising \$4,615.46, which is \$1,200 more than last year. *Keith Smith* and *Ly-Anh McCoy* were named Homecoming King and Queen.

McCoy's organization supported the Pantry Partners, a collaborative program between Frostburg Rotary and Foundation for Frostburg to support the Frostburg Area Interfaith Food Pantry. McCoy is a member of the Delta Zeta sorority, which raised \$459.71. She is also Greek Council president.

Smith's organization raised \$75 to support the Big Brothers, Big Sisters charity, a youth mentoring organization. Smith represents the Omega Psi Phi fraternity and plays on the FSU football team as a safety.

Lauren Grady, Alpha Sigma Tau sorority member, won the recognition for the most money raised. Grady raised \$1,510 toward Ovarian Cancer Research in memory of her mother, who passed away from the disease this May.

The Homecoming Court included **Sadie Bolyard** representing the Alpha Sigma Alpha sorority, which raised \$1,215 for Baltimore Adapted Recreation and Sports; **Bianca Shields** representing the Delta Sigma Theta sorority, which raised \$577.75 for the Family Crisis Resource Center; **Pernell Parents** representing the Iota Phi Theta fraternity, which raised \$453 for St. Jude's Children's Hospital; **Zachary Sparber** representing the Phi Mu Delta fraternity, which raised \$275 for Garrett Habitat for Humanity; and **Jeremy Marshall** representing the Sigma Alpha Epsilon fraternity, which raised \$50 for the Allegany County Animal Shelter Management Foundation.

Participants spent a three-week period raising money for their selected charity. Candidates required sponsorship from a University organization, needed to raise at least \$50 and wrote a short essay, which accompanied their name on the ballot. Homecoming King and Queen were chosen by popular vote that took place the week of homecoming.

The winners were crowned on Thursday, Oct. 16, during the pep rally and presented during half time of the football game on Saturday, Oct. 18.

For info, contact the FSU Student Government Association office at 301-687-4304.

Drs. King, Allen and Ramspott Collaborate on New Project



During early October, Dr. Helen King, Department of Geography, Northumbria University, visited FSU to undertake primary fieldwork for a new project located near Dolly Sods, W.Va. The project is a collaboration with *Dr. Phil Allen* and *Dr. Matt Ramspott* from FSU's Department of Geography to develop and apply novel techniques examining boulder field dynamics using the developing field of unmanned aerial vehicles (UAV). The fieldwork was supported by FSU undergraduate *Brad Herget* (earth science) and graduate student *Jade Llewellyn* (applied ecology). Future sites were identified and two small boulder fields were surveyed. UAV flights are being planned for March 2015, when King will return.

FSU Music Faculty and Students Participate in MMEA Conference



In mid-October, music education students, accompanied by music faculty members *Dr. Philip Klickman, Dr. Karen Soderberg* and *Dr. Rebecca Birnie*, participated in the Maryland Music Educators Association annual Fall In-Service Conference held in Columbia, Md. Students attended workshop and conference sessions on teaching instrumental, choral and general music as well as sessions in music technology. They also attended exhibit sessions and networked with practicing music educators. Klickman presided for the "Traits of Successful Job Applicants" session for students interested in teaching positions. Klickman is the Collegiate Membership chair of MMEA, and Birnie is president of the Maryland General Music Teachers Association, also of MMEA.

Take Note

Frostburg Bars Ace Spring Compliance Checks, Receive Modified Compliance Checks in Future

The Frostburg Community Coalition (FCC) is celebrating the results of compliance checks conducted to determine if Frostburg bars were serving underage patrons during spring 2014. Not a single violation was reported out of 103 checks performed at the local establishments that had signed FCC's Cooperating Alcohol Agreement.

In appreciation for their diligence in preventing underage drinking, a new program will be instituted that will use fewer law enforcement checks, but will add a Secret Shopper Program. This program will allow the businesses' managers the chance to correct issues with their staff members that resulted in a "fail to card" notice without the threat of fines or liquor license retraction that comes with checks conducted by law enforcement officers.

These programs are part of Frostburg Community Coalition's and the city of Frostburg's ongoing efforts to decrease underage drinking in the Frostburg community. Compliance checks of local bars are performed by Allegany County Sheriff's Office several times a semester. These compliance checks occur when an underage person, under surveillance, attempts to order alcohol from a bar.

The results of the checks, spanning from March 3 to May 28, show a significant decrease from the seven violations reported during the fall 2013 semester.

Three Frostburg businesses are newly signed members of the Cooperating Alcohol Agreement: Bar Monkey, Midland Sportsman Club and Byrnesies Bar. Ten establishments have renewed their Cooperating Alcohol Agreement, good from Aug. 26, 2014, until June 30, 2015: FBar, Dante's, Wild Things, Zen-Shi, the American Legion, Knights of Columbus, the Outback Lounge, Gladstones, Yamato Steakhouse and The Draft.

The agreement includes other incentives for establishments that sign on, including TIPS (Training for Intervention Procedures) for all employees and Card 101 training for managers paid for by the Frostburg Community Coalition. TIPS teaches bar staff how to responsibly handle the sale, service and consumption of alcohol, while Card 101 offers education in advanced carding techniques, doorman training and conflict resolution. Establishments that sign the agreement also receive resources for sponsorship of mutually agreed-on events that promote low-risk consumption of alcohol and the leasing of ID scanners and other ID detection tools for spotting fake IDs for special events.

For info, contact Lyndsey Baker at 301-687-4892 or lkbaker@frostburg.edu.

FSU Students, Savage River Watershed to Launch Marcellus Shale Listening Project



FSU students are partnering with the Savage River Watershed Association to participate in "Marcellus Shale in Mountain Maryland: A Listening Project" to document local hopes and concerns regarding proposed unconventional natural gas extraction in Western Maryland. While there has been much debate about drilling in the area, little has been done to assess public opinion

to assist state and local government officials and county planners.

Modeling their work after similar successful projects in Ohio, New York and Pennsylvania, students are scheduling community listening days in Frostburg, Mount Savage, Finzel, Lonaconing, Westernport and Grantsville and encourage area residents to stop by and share their opinions. Working in teams, students will also conduct a limited number of door-to-door interviews in some areas.

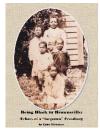
A full listing of community listening events and selected neighborhoods will be available on the project's blog at http://fsumslp.blogspot.com and updated regularly. Research results will be shared on the blog, along with a full report of the findings made available in May 2015. Plans are also under way to host a public event sharing the findings in late spring.

Two FSU classes will work on this project throughout the academic year – "Folklore in Appalachia" in fall 2014 and "Sociology of the Environment" in spring 2015. Both courses are taught by **Dr. Kara Rogers Thomas**, an associate professor in the Department of Sociology at FSU. Students are being trained to listen, record and respect a full range of opinions and attitudes, while avoiding imposing an agenda or opinion-based approach to the topic.

The project is one of a number of experiential learning projects in the Appalachian region supported by the Appalachian Regional Commission's Teaching Project administered through East Tennessee State University. In December, FSU students will join participants from more than 15 regional institutions to share their work with ARC representatives. In March, students will travel to Johnson City, Tenn., to present a summary of their findings at the annual meeting of the Appalachian Studies Association.

For info, contact Rogers Thomas at <u>krogersthomas@frostburg.edu</u> or Ann Bristow of the Savage River Watershed Association at <u>piperannie@gmail.com</u>.

Bernard Wynder Legacy Fund to Receive Proceeds From 'Being Black in Brownsville'



Author Lynn Bowman, a professor of English at Allegany College of Maryland, has earmarked proceeds from the third edition of "Being Black in Brownsville: Echoes of a Forgotten Frostburg" for the Bernard Wynder Legacy Fund. This fund is dedicated to supporting FSU's Diversity Center's initiatives, including programs and excursions.

Bowman's book weaves together the histories of Frostburg and the community of Brownsville, a community that began in 1866 with Tamar Brown's purchase of land on what is now the Upper Quad of FSU. This edition was issued in conjunction with the recent celebration of the state of Maryland's and the city of Frostburg's proclamations of Oct. 11 as "Brownsville Recognition Day."

If interested in purchasing a copy of the book, contact Dr. Amy Armiento at <u>abranam@frostburg.edu</u> or 301-687-4293. The book is \$15 per copy, and there is a limited supply.

Free Drum Set Masterclass on Oct. 27

Wes Crawford of Goucher College will present a drum set masterclass covering a variety of techniques and styles on **Monday**, **Oct. 27**, at 7 p.m. in room 213 of the Performing Arts Center. Sponsored by Dream Cymbals, this event is free and open to the public.

Crawford performs with many musical groups throughout the Washington, D.C., and Baltimore regions and teaches drum set at Goucher College and privately in Silver Spring, Md. His original interactive educational music media may be found at www.MusicAndGames4U.com.

For info, contact the Department of Music at 301-687-4109.

FSU Nothing But Nets Campaign Aims to Help Wipe Out Malaria in Africa

This is the final year of a three-year Nothing But Nets commitment at FSU to help defeat malaria in Africa. This year's campaign will run **through October**.

Malaria is preventable and treatable. Just \$10 buys a net that can sleep four people and protect them.

Money is due by **Friday**, **Oct. 31**, to Chaplain Cindy Zirlott's office in Hitchins 308. All groups and departments that participate will appear in The Bottom Line with the report of FSU's efforts.

Frostburg Winter Market at MCTA

The winter market will be held on **Nov. 1 and 15** and **Dec. 6 and 20** (first and third Saturdays) from 10 a.m. to 2 p.m. at Mountain City Traditional Arts at 25 E. Main St. in Frostburg. Participating local farms include Savage River and Goodness Grows. For info, email <u>info@wholesomeharvestfoods.com</u>.

Maji Shule Festival



FSU will welcome Water School Uganda representative Jamez Muzinga from **Monday, Nov 3, through Friday, Nov. 7**, for the Maji Shule Festival. All are welcome to attend these events!

The schedule of events for the week is:

• International Night, **Nov. 3**, 7 to 9 p.m., Lane Manicur Hall – A competition involving various organizations in constructing two of the Water School structures: SODIS (solar disinfection) rack and Tippy Tap (hand-washing station).

• Biashara Night, **Nov. 4**, 7 to 9 p.m., CCIT 397 – A presentation on how the Water School operates as a nonprofit organization.

- Maji Relay, **Nov. 5**, 9:30 to 11 p.m., Cordts PE Center Main Gym In many areas, women have to walk an average of 5 miles to retrieve food and water. In this event, teams will compete in a relay race to retrieve water and food.
- Maji Dodgeball, **Nov. 6**, 9 to 11 p.m., Cordts PE Center Main Gym This experience was inspired by children who have to construct their own sports equipment from natural resources and is a reminder of how important it is for them to stay active and be healthy.
- Maji Shule Event, Nov. 7, 6 to 8 p.m., Lane Manicur Hall Awards ceremony, presentation, reflection.

For info, contact Jason Moxley at jemoxley0@frostburg.edu.

2015 Sloop Institute for Excellence in Leadership Is Coming Up!



The Sloop Institute for Excellence in Leadership will be held **from Friday**, **March 6**, **through Saturday**, **March 7**, **2015**, at Turf Valley in Ellicott City, Md. Only 40 students will be chosen to attend. Many alumni will present over the course of the weekend; students will have a chance to learn and be inspired by some of FSU's finest. Students can also network with other FSU organizations, as well as learn about the leadership competency model, how it applies to them

and how they can bring new leadership skills back to their organizations within the University. Applications are available on the Leadership and Experiential Learning Sloop Institute web page at www.frostburg.edu/clife/leadership/sloop-institute. Fill out the application and email to Clarissa Lang at calang@frostburg.edu or drop off the printed copy at the Braddock House between 8:30 a.m. and 4 p.m. Applications are due by Friday, Nov. 14.

FSU Offers Health and Human Performance Lab

The Health and Human Performance Lab featuring body fat testing, flexibility testing, cardiovascular testing, blood pressure screenings and more is free for faculty, staff and students. The lab is in room 110 of the Cordts PE Center. Hours are 9:30 a.m. to 3 p.m. Mondays, 8:30 a.m. to 2:30 p.m. Tuesdays and Thursdays, and 10 a.m. to 3 p.m. Wednesdays. Fridays and weekends are by appointment only. For info, contact Dr. Melody Kentrus, the lab director, at 301-6874415 or <u>mhkentrus@frostburg.edu</u>, or Tonnisha Rodgers at <u>tmrodgers02@frostburg.edu</u>.

Graduation Will Be Here Before You Know It!

It's not too early to think about graduation, especially if you intend to graduate on **Saturday**, **Dec. 20**, at 2 p.m. in the Cordts PE Center. The Colleges of Business, Education and Liberal Arts and Sciences will present their graduates during a single ceremony. Tickets will be required for admission. The number of tickets will be determined at a later date, based on how many students are graduating.

Complete your graduation application in PAWS now and check that your mailing address is accurate so you'll receive all the necessary upcoming info.

Get Involved

S.A.F.E. Office & BURG Peer Education Network Activities



The Girls' Room, Monday, Nov. 17, 7 p.m. Lane Atkinson Room (232). This interactive workshop, complete with tips, demonstrations and more, empowers college-aged female students with the tools they need to be successful in making a move toward a healthier lifestyle.

Justin Jones, Tuesday, Nov. 18, 7 p.m. Lane Manicur Hall. Come join Justin Jones and learn about successful student leaders. This is a great program for anyone interested in holding positions in student organizations.

"Do You See What I See?" Body Image Program, Friday, Nov. 21, 7 p.m. Lane Atkinson Room. This theatrical-style program follows the journey of three college students as they battle various eating disorders and work toward recovery. Narrated by two peer educators, this program discusses the signs and symptoms of eating disorders as well as what to do if one needs help.

Upcoming UCM Events

For info, contact the Rev. Dr. Cindy Zirlott in Hitchins 308, or at 301-687-7490 or c.zirlott@frostburg.edu.

United Campus Ministry events and programs are open to all members of the FSU Community.

Weekly Campus Ministry Opportunities

Salvation and Praise Bible Study, Mondays, 7 p.m., Lane 108. This is a student-led Bible study group.

Spiritual Study Break – A Contemporary Vesper Worship Experience, Wednesdays, 9 p.m., Lane 108. If interested in joining the Praise team, contact UCM for practice times.

UCM Dance Ministry Practice, Thursdays, 7 to 9 p.m., Cook Chapel.

Fellowship of Christian Athletes, Thursdays, 8:15 to 9:30 p.m., Cordts PE Center, Hall of Fame Room. This is a student-led Bible study.

Finding True North Bible Study, Sundays, 6:45 to 9 p.m., Library 237. This is a "Bible Meets Life" study and discussion group.

Study Abroad

Where in the World Would You Like to Study Abroad?



Michelle Welch – Spain (summer 2014)

The Center for International Education offers various ways for FSU students to see the world. In some cases, students can pay FSU tuition, room and board and study for a semester or a year in Ireland, England, Spain, France, China, Italy, Australia, Peru, South Africa or in many other countries. FSU also offers summer study abroad programs. Financial aid, student loans and scholarships can help fund a study abroad experience. For info on programs or scholarships, visit the Fuller House (across

the street from the Braddock House), call 301-687-4714 or email Victoria Gearhart at <u>wmgearhart@frostburg.edu</u>. Also, check out the CIE website at <u>www.frostburg.edu/admin/cie/stdyabrd.htm</u>.

Study Abroad and International Fair

All students, faculty and staff are invited to attend the Study Abroad Fair on **Tuesday**, **Oct. 28**, from 11 a.m. to 2 p.m. in Lane Manicur Hall. Representatives from various study abroad programs and former study abroad students will answer questions about overseas opportunities. Also, FSU's international students will display their countries and talk about their cultures.

Northumbria University, England, Spring 2015

Students can study in England for a semester or a full year. Tuition and fees are paid to FSU while room and board are paid to Northumbria University. Courses will transfer back to FSU with prior approval. Check out the university at www.northumbria.ac.uk.

Brazil, Summer 2015

The College of Business Global Experiential Learning Program will sponsor a study abroad trip to Brazil **June 1 through 10**, **2015**. Students will visit Rio De Janeiro and Sao Paulo. Trip activities will introduce students to the splendor of Brazil's culture and history, its growth and opportunity, and the challenges of economic development in more rural areas.

Students will earn 3 credits by taking one of a number of courses that will be taught online in the first summer session. The cost is \$4,675, plus summer tuition and fees. Students from all majors are welcome.

For info, contact Dr. Jeff McClellan at 301-687-4372 or Dr. Carol Gaumer at 301-687-4052.

New Zealand, Summer 2015

Led by FSU faculty from the College of Education, this three-and-a-half-week experiential program will examine resource conservation and the natural, and related social, history of New Zealand's South Island. Students will travel to many national parks, forests, wildlife reserves and coastlines to learn from local experts and practitioners, government officials, iwi (Māori tribes) and scientific research bodies.

Students will earn 3 credits. The dates are May 23 through June 17, 2015.

Check out the Facebook page at <u>facebook.com/FrostburgNewZealandStudyAbroad</u> or <u>www.BobcatsDownUnder.org</u>.

For info, contact Dr. Natalia Buta at nbuta@frostburg.edu.

China, Summer 2015



The College of Business Global Experiential Learning Program is organizing a study abroad trip to China **from** May 29 through June 9, 2015.

Students will tour Beijing and Shanghai and be introduced to business and management opportunities and challenges, study a development project in Guilin and the Rice Terraces of Longji, as well as visit ethnic minority communities.

Students will earn 3 credits by taking one of a number of courses that will be taught online in the first summer session. The cost is \$3,990, plus summer tuition and fees. All majors are welcome.

An info session will be held on Tuesday, Oct. 28, from 3:30 to 4:30 p.m. in Guild 113.

For info, contact Dr. Suzanne McCoskey at <u>skmccoskey@frostburg.edu</u> or 301-687-4897, or Dr. Sudhir Singh at <u>ssingh@frostburg.edu</u> or 301-687-4093.

Student Life

It's Not Too Early to Start Looking for Housing for 2015-16!

Edgewood Commons has apartments available for the 2015-16 academic year! Info about Edgewood Commons is available at <u>www.edgewoodFSU.com</u>. Apartments come fully furnished and have private bedrooms and semi-private bathrooms. Utilities (gas, electricity, water, Internet and cable) are included in the contract fee.

To set up a tour of Edgewood Commons, call 301-689-1370.

Frostburg Museum Presents Encaustic Painting by Sonia Pratt



"Highwater" by Sonia Pratt

The Frostburg Museum at 69 Hill St. will present an exhibit of encaustic artwork by Sonia Pratt **Oct. 30 through Nov. 30**. The opening reception will be on **Saturday**, **Nov. 8**, from 6 to 8 p.m. and is free to the public.

Pratt makes her own paint from natural pigments and native beeswax, creating subtle, earthy tones. Through her work, Pratt defines the agrarian and coal-mining culture of Appalachia where her ancestors have lived for generations. Her paintings range from figurative to abstract and are narrative in nature.

The museum is open Thursday through Saturday from noon to 4 p.m. For info, visit <u>www.frostburgmuseum.org</u>, call 301-689-1195 or email <u>info@frostburgmuseum.org</u>.

AAUW November 2014 Meeting

The Frostburg Branch of the American Association of University Women will meet **Tuesday, Nov. 4**, at 7 p.m. at St. John's Episcopal Church, 52 Broadway.

The program will feature **Dr. Christopher Ogden '86** of Frostburg, whose talk, "DNA and Your Family Tree," has been rescheduled from the February 2014 meeting.

Ogden was a senior lecturer in biology at Weill Cornell Medical College in Qatar from 2003 to 2012. His genealogical work stems from a personal interest in the topic.

A brief business meeting will conclude the evening. Members and guests are invited. For info, call Phyllis Casey at 301-689-6051.

Educational Outreach Event – MEA's New Windswept Grant Program

New Initiative Supports Wind Energy Projects That Benefit Local Communities

The Maryland Energy Administration will host an educational outreach event on its upcoming program regarding opportunities for funding of community wind energy projects **Thursday**, **Nov. 6**, from 1:30 to 2:30 p.m. in the Lane University Center. This event is free and open to the public.

Because community-scale wind energy is a valuable and feasible clean energy option for many coastal, western and central communities in Maryland, MEA recently changed its residential Windswept Grant program to support the development of Maryland's Community Wind resources.

MEA is conducting this educational community outreach event for local government entities, academic institutions, wind project developers and other eligible candidates to provide the info they need to leverage state resources and expertise and overcome existing barriers to community scale wind energy project deployments.

Event presenters will be Andrew Gohn and Emilee van Norden, managers for MEA's Clean Energy Program.

For info or to register, contact Rebecca Rush at 301-797-4146 or info@communitywind-md.us.

Biannual Life Fitness Indoor Triathlon

Life Fitness Management, at 1226 National Hwy. in LaVale, will hold its Biannual Indoor Triathlon on **Saturday, Nov. 8**, from 8 a.m. to 2 p.m. Participants will have to row on an indoor rower for 10 minutes, ride a stationary bike for 20 minutes and run on a treadmill for 15 minutes. The best distance in each category – Overall Male, Overall Female, and Best Male and Female ages 50+, 30-49, 16-29 and Under 16 – will win the option of \$50 gym bucks or \$25 cash. All participants will get a free shake, Subway sub, T-shirt and bottle of water. This event is open to all. The entry fee is \$20. To reserve a time slot, call 301-729-2275 or sign up at the front desk at Life Fitness Management.

FSU Events Calendar

For info on FSU events, go to http://events.frostburg.edu/calendar.

Questions? Call 301-687-4411. All information is subject to change.

Note: FSU is committed to making all of its programs, services and activities accessible to persons with disabilities. To request accommodations through the ADA Compliance Office, call 301-687-4102 or use a Voice Relay Operator at 1-800-735-2258.

'Stand by your pan!'

If you have to leave the kitchen, turn off the burner.



Keep baking soda on hand to put out cooking fires.

FROSTBURG STATE UNIVERSITY MISSION STATEMENT

Frostburg State University is a student-centered teaching and learning institution featuring experiential opportunities. The University offers students a distinctive and distinguished baccalaureate education along with a select set of applied master's and doctoral programs. Frostburg serves regional and statewide economic and workforce development; promotes cultural enrichment, civic responsibility and sustainability; and prepares future leaders to meet the challenges of a complex and changing global society.

INSTITUTIONAL PRIORITIES

1. Enhance experiential and applied learning opportunities for students both inside and outside the classroom.

2. Improve facilities so that students live and learn in a modern and technologically sophisticated environment.

3. Increase student quality and improve student persistence to graduation.

Learn more at www.frostburg.edu/admin/opa/splanning.