## A Crowded Life

Poems by

Robert H. Deluty



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То

David, Laura, Scott, and Ava



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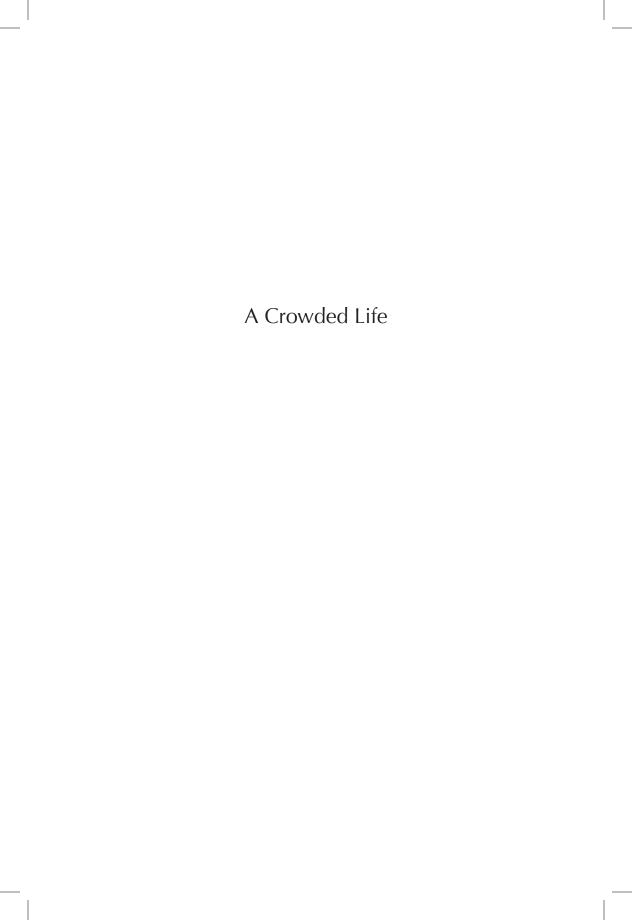
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The remarkable thing is that it is the crowded life that is most easily remembered. A life full of turns, achievements, disappointments, surprises, and crises is a life full of landmarks. The empty life has even its few details blurred, and cannot be remembered with certainty.

Eric Hoffer



anorectic's folks
praising their daughter
for her self-control

reunion photo . . . one hundred three relatives sticking out their tongues

Great-Aunt Ida asking the euphoric bride why she's wearing white

describing her son
as dense and snide, but willing
to start at the top

Serge P. Orr claiming that his middle name is Protect Do I look heavy? . . . her nitwit son responding Honestly?

Do I look heavy? . . .
her deranged spouse replying
Absolutely!

wondering if,
on his income tax return,
Benedict writes *Pope* 

longtime patient demanding an invitation to her shrink's wedding

telling the teacher to ignore him if his hand is not raised a Memphis Jew preparing for her neighbors gefilte grits

questioning her prof
why did the Romans not name
any god *Earth* 

outdoor June wedding . . . the groom's Dad blotting his face in a tablecloth

Grandma Sarah mistaking his new tattoo for melanoma

a child wondering
if the dead get more evil
in hell

dental visit eve . . . buying floss for the first time in twelve months

a two year-old teaching their new pet parrot to say *No!* 

Saul Katz responding to What's your religion? with Take a guess

libertarian getting the vanity plate TAXS 2HI

octogenarian
getting the vanity plate
2SEXC4U

studying his adopted son's face, seeking one resemblance

describing his folks as perpetually broke, yet never poor

job interviewee claiming committee meetings give her pleasure

job interviewee noting that he finds small talk akin to torture

overhearing her adored physician making a racist remark a Catholic teen crossing herself approaching the Porta-Potty

pondering
what folks in Toledo shout
when they're surprised

pondering
what Jesus Christ screamed
when he was angry

the farmer's grandsons insisting that all their fruits come out of cans

the fourth grader asking her teacher how much the universe weighs telling the doctor why empty calories are her favorites

mid-tantrum . . . the three year-old screaming *Are you watching?* 

asking her gay son does he or his partner lead when they dance

self-portrait . . . their seven year-old drawing herself bejeweled, crowned

self-portrait . . . their nine year-old drawing the back of his head teaching his grandkids how sports heroes differ from war heroes

What's after death? . . .
Gramps responding, We become food for the worms

on a shooting star wishing for Middle East peace and no more zits

his priest claiming liberal and brainless are synonymous

his prof claiming conservative and heartless are synonymous

two giant turtles, mates for ninety years, trying to kill each other

a boy studying
his father and two uncles
ogling a cute teen

losing the bet . . . the teamster dressed in pink on Gay Pride Day

losing the bet . . . the feminist entering a wet T contest

centenarian
preparing matzo ball soup
for her senile son

the depressed child praying someone will destroy my heavy black cloak

the new inpatient explaining why Rorschach should have used oils

history pupil asking whether cannibals had ketchup

wishing she could grasp what her son, the professor, is talking about

wishing he could tell his daughter, the college dean, to write plainly her teen hoping to win over his blind date with geek chic

holding his newborn, the young Dad's elation giving way to terror

ESL student confusing *idiom* with *idiot* 

amidst budget cuts, the school's Teacher of the Year reading his pink slip

a Jewish boy feeling distress that Noah named one son Ham their son knocking himself unconscious attempting a chest bump

her brilliant doctor asking why she snacks on cake rather than apples

an elder contrasting his grandson with Mark Zuckerberg

a teenager contrasting his Grandpa with Paul McCartney

warning the prof she'll give him low ratings if he flunks her Dollar Store owner describing his spouse as good and cheap

the autistic child memorizing license plates at the county fair

English teacher describing the boys' locker room as *pungent* 

gym teacher describing the boys' locker room as *nastified* 

the honest waiter strongly recommending they dine elsewhere a fifteen year-old shouting at the school janitor *Live the dream!* 

his grandson calling the mob hit man Huggy Bear

his granddaughter calling the Mafia Don Papa-Tickles

urging his students to retain their opinions, just give him facts

amazed and appalled by his wife's satisfaction with one corn chip sweltering June day . . . the revivalist screaming

You think it's hot now?

interrupting
his own lecture to jot down
a one-liner

the Yukon elder wanting to visit Cuba before he dies

husband and wife asking their marriage counselor who is more damaged

gay partners
asking their couples therapist
whom she adores more

the mayor trying to appear interested in his wife's crisis

dreaming of pitching a no-hitter: three innings right-handed, six left

dreaming of hitting four home runs in one game, all inside the park

dreaming of catching a scorching line drive past third with his teeth

dreaming of throwing
a runner out at home plate
from the parking lot

Granddad wondering how he'd do at Wimbledon with his wood racket

Father's Day dinner . . . a single Mom cursing out her deadbeat ex

the new employee begging his officemates not to join him at lunch

The basic food groups? . . . their four year-old responding Chips, cheese, candy, toast

The basic food groups? . . . their six year-old responding Cow, pig, chicken, fries

observing her dachshund trying to snare a hovering wasp

the cook at Bellevue claiming his job is serving soup to nuts

a therapist telling her therapist he needs therapy

correcting
her boyfriend's Dad: *It's Shirley,*not Shrilly

correcting

his date's Mom: *It's Hannigan*, not Hooligan

Auschwitz survivor urging his great-granddaughter to lighten up

a napping kitten using a basset hound's ear as a blanket

revered elder teaching his grandsons how to use a garrote

after the flood,
a Florida man shooing
gators off his porch

asking his therapist whether a lack of lust is a virtue

the widow screaming *He's not at peace*, *he's dead!* 

asking her son how he can remain faithful to his wife

dichotomizing
the staff psychiatrists as
med men or talkers

dichotomizing
the staff psychologists as
actives or passives

dichotomizing
the staff social workers as
doers or yentas

a girl querying the hundred-year-old man if he's immortal

confused fifth grader inserting an oboe reed in his trumpet

out with his mistress,
wearing a shirt he received
on Father's Day

nursing home elder avowing she invented baby butt paste

a boy inquiring
how to look hot and be cool
at the same time

aged ninety-nine, swearing her thick, jet-black hair is all natural

first Intro Psych exam . . . six questions testing knowledge of the syllabus

her spouse inspecting baseball box scores as if studying scripture

two flat tires . . . missing his surprise party with fifty-four guests

mother of eight . . . a blue hen tattooed on her thigh

on death row, musing how he would have turned out with loving parents

Joplin priest hoping to become, in St. Louis, a cardinal

a boy wondering
whether queens make princes
take out the trash

finding
his girlfriend's hysterics
arousing

tennis tournament . . . Mom rooting for anyone who doesn't grunt the anti-Semite claiming Kern, Gershwin, Bernstein couldn't compose

the anti-Semite stating Sills, Tormé, Winehouse couldn't sing

the anti-Semite noting Muni, Cobb, Newman couldn't act

the anti-Semite averring Lahr, Mostel, Radner weren't funny

the anti-Semite declaring Feynman, Salk, Sagan weren't that smart reading of the will . . .

an heir raging that he got
a watch, not a *Glock* 

Wisconsin curler envisioning herself on a *Wheaties* box

Kansas shot putter imagining himself as a *Nike* spokesman

two profs debating
the question, *Bobby Fischer: Jewish sports hero?* 

her nine-year-old son asserting he does not have an *inside voice* 



A mountain is composed of grains of earth. The ocean is made up of tiny drops of water . . . [L]ife is but an endless series of little details, actions, speeches, and thoughts. And the consequences whether good or bad of even the least of them are far-reaching.

Swami Sivananda

Beware of the person who can't be bothered by details.

William Feather



trying to debate
a man who thinks Obama
is the antichrist

post-hurricane . . . elders praying, weeping where their church once stood

marrying Roy Witt,

Amanda Hoff deciding

not to hyphenate

finding her boyfriend's self-centeredness endearing

a child grieving his hermit crab's passing more than Grandma's ER doctor trying to open a mouth super-glued shut

dining in Paris, the dieting tourist battling misery

sex ed student inquiring who invented fellatio

sex ed student
asking if any countries
prohibit foreplay

her child researching whether Lincoln really was a vampire hunter aged forty, her son regarding fatherhood as the *f-word* 

in Greece, a Bronx boy begging for some souvlaki, no more ruins

in Spain, a Bronx teen begging for some bullfights, no more museums

the old prof reading from the yellowed, curled pages of his lecture notes

Manhattan Marxists, about to wed, registering at Bergdorf Goodman his mother-in-law fearing public speaking more than black mambas

a boy trying to compute how many bubbles would make a ton

appreciating
the old car's bumper sticker,
Wag More, Bark Less

her student, Jon Wood, using zeroes, not o's, when typing his name

hospital hallway . . . pushing a mop, daydreaming he's saving a life

Yankee fan noting she's been apologizing her entire life

the weatherman forecasting a tornado on her wedding day

a minor leaguer,
with the bases loaded,
trying to steal third

in-laws connecting over their shared loathing of congressmen

death row convict requesting for his last meal braised antelope post-wedding . . . opening the gifts, bemoaning their relatives' taste

history student confusing Balaklava with baklava

the elderly dean screaming at the young prof who said *more unique* 

twenty-third birthday . . . the prof giving his RA a ball and chain

sixtieth birthday . . . the RA giving her prof a cat o' nine tails

Dachau survivor watching *The Producers*, feeling guilt for laughing

Annapolis grad asserting he would have made a splendid pirate

their twelve year-old rubbing on his trombone slide *Wesson* oil

the enraged wife cutting a large, heart-shaped hole in each of his shirts

six-year-old batter running around the bases clockwise the jury foreman announcing the verdict: Guilty as sin

his grandmother describing her hair as *unforgiving* 

Zurich boy dreaming of becoming a captain in the Swiss navy

visiting Vermont,
a scared Cambridge girl screaming
That truck has gun racks!

spring break ~ their son developing a new language without nouns Great-Grandma claiming she was, at eighteen, unfairly stunning

homeless man hoping that, in heaven, he'll be rich, handsome, beloved

salmon curer referring to himself as a *loxsmith* 

a woman from Queens hating all non-New Yorkers who root for the Mets

a man from Queens hating all folks in Brooklyn who root for the Mets thinking ahead . . . studying the wrinkles of his wife's Mom

her teen answering

What do you want to be? with

An antihero

arousing himself
viewing bikini bottoms
as panties

two historians debating who was crazier: Patton or Custer

avowing he saw Queen Elizabeth at Wrestlemania Grandma Alice smiling at the waiter as she leaves no tip

watching her spouse dunk his *Hugo Boss* jacket sleeve in mushroom gravy

tourists in Maine
awed by lobsters cheaper
than bologna

summer school teacher in west Texas daydreaming of skiing in Vail

the burn victim
praying for twenty-four hours
without stares, abuse

a young fan wishing his favorite Saints could be heroes off the field

Mexican border . . . Grandma's pacemaker, temper causing detainment

Quebec border . . . Grandpa's Canuck remark causing detainment

his girlfriend trying to say with a straight face Size doesn't matter

Newark, late July . . . the bride ruing her choice of a rooftop wedding

envisioning
his novel, not the bible,
in each hotel room

the astrologer thrilled Planck and Shakespeare had the same birthday

the astrologer puzzled Gandhi and Groucho had the same birthday

the astrologer distressed Earp and Eichmann had the same birthday

on her deathbed their six year-old whispering Don't forget me a girl wondering
if safety pins could be used
for acupuncture

a boy wondering
if jackhammers could be used
for amputations

old Physics prof fearing that he will die alone in his lab

July heat wave . . . T.V. weatherman suggesting we wear lightweight clothes

August heat wave . . .

T.V. weatherman warning don't get too much sun

the rich man's child noting she'd like to be poor for one hour

for his ninth birthday their grandson requesting a detonator

offering her spouse fifteen dollars to watch the romcom with her

offering his spouse sixteen dollars to watch the romcom alone

a Baptist girl
asking her Jewish classmate
Am I a goy?

on a park bench the homeless man perusing Good Housekeeping

tennis match . . . musing should he root for his countryman who's a boorish lout

the retired Marine hoping he'll have amnesia in the hereafter

the old bagpiper teaching his great-granddaughter Amazing Grace

the old cellist teaching his great-grandson Stairway to Heaven

## Sartorial Advice

In the bridal shop,
The Methodist mother of
The bride-to-be inquires
Whether there is any dress
That will hide the tattoos
On her daughter's neck,
Arms, legs, breasts and back.
Yes, replies the store owner.
A burqa.

Cognitive Psych test . . . a freshman trying to recall what's a mnemonic

Abnormal Psych test . . . a junior trying to recall what's a fugue

one hour pre-wedding . . . choosing not to tell the bride Grandpa has chest pains

his six year-old wanting to play the tambourine professionally

X Game athletes comparing how many times they have flatlined a Goth artist studying the paintings of Norman Rockwell

in Washington the fan of Peter Lorre living on M Street

in Washington the young apiologist living on B Street

in Washington the flaming narcissist living on I Street

their Mom offering to write a personal check to the street mugger Kansas dowager scolding a girl for saying shiitake

Kansas dowager scolding a boy for saying titillate

on the tennis court,
mistaking the old man's smash
for a lob

Dad teaching her how, sloshed or stoned, to climb stairs without falling

their Grandpa beaming opening the new phone book and seeing his name

a girl fearing the neighbor who mentioned he's a head-hunter

Goddess of beauty? . . .
a twelfth grader answering
Hermaphrodite

a child querying the artist if he's ever tattooed an eyeball

Uncle Walter
preferring a stale sermon
to small talk

Aunt Ethel
preferring an obscene rant
to silence

an optimist
named Jill Morrow christening
her first son, Tom

Nana showing off the rolling pin she used to foil the robber

a chemist computing the calories cut by blotting her fries

to Rorschach Card I
her new patient responding *Lubbock, Texas* 

to Rorschach Card IV
his new patient responding
Gramps on a stick

the surgeon finding steel barbecue brush bristles in Pop's intestine

their first session . . . the young patient asking if he's too much for her

telling the nephews
his running away from home
was a brilliant choice

a second grader
asking if porcupine meat
is called porc

a child wishing she could play *Ode to Joy* on the triangle



My religion consists of a humble admiration of the illimitable superior spirit who reveals himself in the slight details we are able to perceive with our frail and feeble mind.

Albert Einstein

I prefer to explore the most intimate moments, the smaller, crystallized details we all hinge our lives on.

Rita Dove



newly named *Provost*, fretting he'll need to purchase a second suit

newly named *Dean*, fretting he'll need to purchase a second tie

drunk groundskeeper trying to flee the police in a golf cart

Yom Kippur, midday . . . her Uncle Mort smelling of salami

Yom Kippur, midday . . . her Aunt Sheila smelling of *Listerine* 

pre-wedding, giving his ultimatum: *Best man* or *I don't show* 

a Baptist cook wishing cinnamon had a different name

How are you punished? . . . his preteen patient replying, Forced to talk to Mom

How are you punished? . . . his teenaged patient replying, Forced to talk to you

at the barbecue elbowing his wife to stop being so dainty

## Together but Unequal

Grandma Bertha

Expressing deep dismay that

Goebbels and Goethe,

Hitler and Hitchens,

Attila and Auden,

Lenin and Lennon,

Pol Pot and Pollock,

Torquemada and Toscanini,

Mussolini and Musial,

Himmler and Hillel,

Mao and Mantle,

Brooklyn and the Bronx

Appear side-by-side

In her encyclopedia

two dons debating which *Godfather* character was most heroic

two cons debating which *Goodfellas* actor was least convincing

his great-niece proudly showing off two rows of tooth gaps

a mother searching her child's face for a tell that he's lying

a wife searching her husband's face for a tell he's being sincere forgetful elder addressing each older male as Chief

forgetful elder addressing each younger male as Sport

forgetful elder addressing every female as Sweets

Thanksgiving dinner . . . her young nephew inquiring What's a douchebag?

the Great Dane's owners buying their one-year-old twins cowboy hats, lassoes Beijing zoo . . . a Shar-Pei mother nursing orphaned tiger cubs

an Arab noting it is pronounced *Oh-MAAN*, not *Oh, man* 

a twelve year-old describing himself to girls as an acquired taste

Why rhinoplasty?. . . the L.A. doc responding

Job security

Why psychiatry? . . .
the New York doc replying

Job security

Grandpa wishing to be buried holding a peep toe pump

a seven year-old telling his younger brother *No guts, no glory* 

June wedding . . . his date outhustling bridesmaids to snag the tossed bouquet

old photographer
editing out the glare caused
by the teen's piercings

a law student
asking if judges can be called
for jury duty

Al Jones begging his bride, Mary Chevalier, to take his last name

Jane Rousseau begging her new husband, Ed Smith, to take her last name

dinner theater . . . watching his wife handling her first artichoke

dinner theater . . . watching her husband eating his first escargot

dinner theater . . . watching their toddler tasting her first green olive

rigged carnival . . . NBA forward missing his fifth free throw

rigged carnival . . . Army sharpshooter missing his sixth target

the cashier asking the rich man's daughter why she's using food stamps

Penn State athlete feeling shame overwhelm swagger

Penn State alum feeling rage overwhelm hero worship her child counting the number of times *fly* is said in *Dumbo* 

her teen counting the number of times  $f^{**}k$ is said in *Scarface* 

Duke juniors standing in a row: one face-pierced Goth, three Hasidic Jews

Brown seniors sitting in a row: two Zambians, one Maine albino

an ad agent trying to write a jingle for urologists the boy replying he was not cogitating, just thinking

Xmas eve ~ Grandma offering the policeman a heartfelt hug

kosher deli . . . explaining to the young nun what she can't order

third grader Jesus telling his new classmate Fred it's not *Hey, Zeus* 

questioning
his spouse why her sponge cakes
look, taste like loofahs

renaming
the Psych faculty lounge
the Odditorium

her blind date inquiring how she feels about clown art

his blind date inquiring if he has read *Mein Kampf* 

senryu poet
drops meteorologist
for weatherman

TAs offering to purchase a *Whack-A-Mole* for their stressed prof

two old dons planning to tell God they were soldiers, not murderers

the herpetophobe slowly approaching Aunt Mae and her snake tattoo

Uncle Mort
persuading his young nephews
Aunt Fern's a vampire

Aunt Fern
convincing her young nieces
Uncle Mort's Satan

the groom noting
her pause before responding,
For poorer

equestrian Mom believing a woman's place is on a horse

each highway driver, spotting the dead deer, having the same thought: *Bambi* 

Black Muslim athlete attributing his groin pull to a pork sandwich

9-1-1 caller asking if the end of days will be hot or cold

racked with guilt, the six-year-old shoplifter seeking redemption The perfect food? . . . the Hopkins doc responding Peanut M&M's

in Pakistan, making a profit selling U.S. flags for burning

a young boy trying to cheer up a grieving man with a knock-knock joke

poetry reading . . .
her boyfriend muttering,

Can't write or recite

on his resume the young film actor noting he's played four corpses freshman psych major inquiring whether puppies can be hypnotized

freshman psych major asking if the term *whackjob* is acceptable

freshman psych major questioning why rats, not birds, were used in mazes

senile Aunt Martha ordering the nursing staff to call her Zsa Zsa

emergency room . . . short of breath, his heart racing, approached for payment

Phoenix, mid-July . . . worrying his toupee glue may be melting

summer sky . . . her child describing the northern lights as *God's pink curtains* 

nine years post-wedding, still raging at the best man for his lewd toast

twelve-year-old fullback lying about his neck ache to stay in the game

on his birthday
asking Great-Gramps to tone down
the sex appeal

her spouse rooting only for teams whose owners are likeable

his wife rooting only for teams whose cities are desperate

the dying elder whispers in her grandson's ear Stop being stupid

her seven year-old inquiring how many ants are in Asia

her eight year-old asking how many roaches are in the Bronx glaring at the man in a suit berating his wife in a niqab

the priest avowing

God wants full custody,

not weekend visits

explaining
to their Great-Aunt Esther why

South Park is funny

a kindergartner trying to measure how long an eye blink lasts

her son's apartment . . .
no paintings on the walls,
only food stains

## In the Community of Scholars

Where shall we eat?

How about Italian?

No, I'm tired of that. Is anyone up for Thai?

Too spicy for me. Shall we go with TGIF?

Not again! What about that new Korean place?

The dissertation committee

Continues to question and

Deliberate as the Ph.D. student

Paces outside, worrying whether

She has passed her defense.

Dad hanging photos of Nobel Prize winners in the baby's room

the Rothschild giraffe snuggling her day-old daughter standing six feet tall

gas station men's room ... the young germaphobe fighting a panic attack

his mother balking at naming the baby, Bree . . . *That's for a hooker* 

a teen driver, trying to save gas, turns down her car's radio the new employee claiming he's not paid enough to be honest

Olympic swimmer noting she owns thirty pairs of pink flip-flops

Olympic swimmer noting he's never owned an umbrella

the Navy SEAL explaining why Rush Limbaugh is a coward

Till death us do part . . . the young groom responding, Pardon me?

a Muslim student reminding Professor Klein it's Rosh Hashanah

bride-to-be asking the florist for centerpieces that go with prime rib

eve of chemo . . . Gramps returning to the store the *Just for Men* 

eve of chemo . . . Grandma returning from *Saks* with three *Gucci* hats

obese math prof daydreaming of pi without end



## Author's Note

Dr. Robert H. Deluty is the Associate Dean of the Graduate School at the University of Maryland, Baltimore County. He has been a psychology professor at UMBC since 1980, and was named Presidential Teaching Professor in 2002. He and his wife, Barbara (a clinical psychologist), live in Ellicott City, Maryland and have two children, Laura and David, and a granddaughter, Ava. Dr. Deluty's poems and essays have been published in *The Wall Street Journal*, The Baltimore Sun, The Pegasus Review, Modern Haiku, Voices: The Art and Science of Psychotherapy, Psychiatric Times, Jewish Currents, the Journal of Poetry Therapy, Welcome Home, Muse of Fire, Maryland Family Magazine, Gastronomica: The Journal of Food and Culture, and many other newspapers, journals, and anthologies. A Crowded Life is his thirty-eighth book.

