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# **From Cells-on-a-chip to Organs-on-a-chip: Scaffolding Materials for 3D Cell Culture in Microfluidics**

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## INTRODUCTION

There are immediate needs to develop reliable tissue models for pre-clinical research. It costs \$2.5 billion and 10-15 years on average to bring a drug to market<sup>1</sup>. To decrease the cost of drug development, it is critical to improve the predictive power of pre-clinical screenings for excluding ineffective/toxic candidates as early as possible (so called “fail early, fail cheaply”)<sup>2</sup>. Currently, the typical workflow in pre-clinical tests is to screen drug candidates on statically cultured cells followed by animal (e.g. rodent) experiments. However, both models have inherent limitations. Although static cell culture experiments are simple to conduct, this method only applies a monolayer of cells in a container. For most studies this does not adequately recreate the tissue/organ-level cellular complexity and 3D microenvironments (e.g. extracellular matrix, ECM), making many results fail to be extrapolated to subsequent clinical trials<sup>3</sup>. Animal models provide a platform for investigations on the organ and system levels. However, these expensive, time-consuming, and low-throughput experiments may not reflect human physiology; evidence shows that small genomic differences between species can lead to major aggregated physiological variances<sup>4</sup>. Indeed, based on these models, only 1% of the efficacy and toxicity results succeeds in subsequent clinical studies<sup>5</sup>.

In the past two decades, advances in microfluidic technologies have provided a new platform for culturing cells in a more physiologically relevant manner<sup>6</sup>. Microfluidics are devices with  $\mu\text{m}$ -scale fluidic channels for controlled flow in small volumes ( $\mu\text{L}$ )<sup>7</sup>. These cell-laden microfluidic devices are often referred to as organs-on-a-chip<sup>8</sup>. This technology can overcome the limitations of both static cell cultures and animal studies<sup>8-10</sup>: 1) the inherent continuous flow in microfluidic devices enables continuous nutrient/oxygen supply and waste removal to maintain a stable growth environment for cells therein; 2) flow manipulation can apply desired gradients to the cells, which is especially useful for dosing studies; 3) the laminar flow in microfluidic channels can mimic blood physics in capillaries – shear stress can be introduced, and multiple cell types can be connected for inter-tissue modelling; 4) human cells are commonly used to obviate the inter-species discrepancy of animal models; and 5) with precise engineering, studying a single factor is more feasible with organs-on-a-chip than in animals. Due to these unique advantages, the organs-on-a-chip technology holds the promise to lessen the gap between pre-clinical and clinical studies<sup>5</sup>.

There have been fantastic reviews focusing on microfluidic designs (e.g. on-chip pumps) for organs-on-a-chip applications<sup>9, 10</sup>. In this paper, we will discuss the topic from a new perspective: the ways that cells can be cultured in microfluidics; specifically, integration of scaffolding materials as

ECM to support cell growth and functions. In our opinion, the first generation of “organ-on-a-chip” devices should be called “cell-on-a-chip” because cells were cultured as a monolayer on a side of a fluidic channel or on embedded porous membranes. Except for a few cell types, such as endothelial cells, such models do not recreate the complex 3D cell-cell interactions assisted by ECMs on the organ level. Accumulating evidence has revealed the importance of ECMs for *in vitro* cell cultures<sup>11</sup> as the 3D environment is critical to maintain cell activities and functions including proliferation, migration, apoptosis, and responses to drugs, etc<sup>12</sup>. For instance, Chitcholtan et al observed decreased proliferation of RL95-2 and KLE cells when cultured in 3D spheroids as compared to 2D monolayers when exposed to the anti-cancer drugs doxorubicin and cisplatin<sup>13</sup>. Hakkinen reported that ECM is an essential factor controlling the migration of fibroblasts. By comparing the migration rates of fibroblasts cultured in 3D and 2D environments, fibroblasts had significantly higher migration rates in 3D matrices comprised of collagen or cell-derived matrices<sup>14</sup>. Kloss et al demonstrated that apoptosis was affected by ECM dimensionality, particularly in drug-response studies, as 3D cell cultures differ in surface area to volume ratio as compared to monolayers<sup>15</sup>. Further mechanism studies revealed that integrins and cadherins on the cell membrane can sense the ECM conditions (chemical composition and physical properties such as stiffness), and transduce the information intracellularly<sup>16</sup>. Pampaloni et al and Jensen et al recently provided thorough reviews on the significance of ECMs for cell cultures<sup>17, 18</sup>. Therefore, continuous efforts have recently been made to include ECM materials for 3D cell cultures or even co-cultures in microfluidic device. There are two main families of scaffolding materials for organs-on-a-chip: hydrogels and electrospun fibers. These will be thoroughly reviewed in the following subsections.

## **HYDROGELS AS SCAFFOLDING MATERIALS FOR ORGANS-ON-A-CHIP**

### **A brief overview of hydrogels**

Hydrogels are cross-linked 3D polymer networks containing large amounts of water up to 99% by weight<sup>19</sup>. Hydrogels are permeable because of their expanded microstructure that occurs due to the affinity of the polymer backbone to the solvent (water) molecules. As shown in **Fig.1**, when water penetrates the cross-linked network, the backbones are “pushed” outward to maximum due to the formation of hydrogen bonds<sup>20</sup>. The pore size of the hydrogel can be varied by altering the hydrogel chemistry and the degree of crosslinking<sup>21</sup>.

Hydrogels can be sorted into three main categories: natural, synthetic, and hybrid materials. Natural hydrogel materials directly originate from animals or plants. Animal-sourced hydrogels such as collagen are cytocompatible, present native cell-binding ligands, and exhibit chemical properties reminiscent of native tissues<sup>22, 23</sup>. However, these gels usually have limited mechanical strengths, long-term stability, and batch-to-batch reproducibility<sup>24</sup>. Synthetic hydrogels, which are chemically synthesized from precursor molecules, can be more reproducibly customized to desired mechanical properties but may require additional chemical modifications for cell adherence<sup>25, 26</sup>. Hybrid hydrogels are synthesized from bio-sourced small molecules such as hyaluronic acid and amino acids. Mixtures of different types of hydrogels (copolymers) have also been utilized to complement each other's shortcomings<sup>27</sup>. Many factors should be considered when selecting a hydrogel for 3D cell culturing; the most important ones are cell compatibility, molecular diffusion rates, and mechanical properties<sup>28</sup>. There have been insightful reviews regarding hydrogel properties for cell cultures<sup>28, 29</sup> and thus we will not discuss it further.

### **Extraction of natural hydrogel materials from animal tissues**

Native ECM molecules directly derived from animal tissue have garnered interest for 3D cell cultures<sup>30</sup>. For example, Matrigel, a hydrogel material extracted from decellularized murine tumors, has shown great success in tumor-modelling research because of the recapitulation of cancer cell microenvironments<sup>31</sup>. These molecules can be chemically functionalized and/or physically mixed with other polymers for optimal performance. Due to the high cost of such products from vendors, efforts have been made to develop protocols to extract ECM molecules, mainly collagen, from animal tissues<sup>32, 33</sup>.

Collagen is the primary component of ECM in animals with two main broad types: fibrillar and non-fibrillar<sup>34</sup>. About 90% of collagen in human beings is fibrillar, the molecules of which form a triple helix fibrillar structure via hydrogen bonds induced by the abundant proline and hydroxyproline residues<sup>34, 35</sup>. Telopeptides at both ends of a single fibrillar molecule contain a high level of lysine and hydroxylysine, which can intermolecularly form aldol crosslinks via the enzyme lysyl oxidase<sup>36</sup>. A schematic representation for the formation of collagen<sup>37</sup> can be seen in **Fig. 2**.

The intermolecular crosslinks must be broken in order to extract collagen from solid animal tissue. The most commonly used techniques for this purpose are acid/base treatment and enzymatic digestion<sup>38, 39</sup>. Acids/bases are used for hydrolysis of native collagen and result in partially hydrolysed structures (gelatin)<sup>38</sup>. Mineral acids, specifically acetic acid, are most often used for hydrolysis of collagen<sup>38, 40</sup>. The enzyme pepsin can be applied to increase the solubility

of collagen due to its ability to cleave the intermolecular aldol crosslinks of the telopeptides<sup>38, 41, 42</sup>. Following pre-treatment to remove cells and soluble proteins, additional steps may be performed to remove other components such as the removal of excess fats via butanol<sup>43</sup>. Examples of these steps are shown in **Table 1**<sup>44-48</sup>. The extraction conditions listed do not outline additional purification steps which may be needed (e.g. using dialysis to remove pepsin (35 kDa)). It is common for steps to be performed at 4 °C to prevent thermal degradation of the material.

## **Integration of hydrogels in microfluidics for organs-on-a-chip**

After considering the type of hydrogel to be used, the next step is to determine how to apply it. On the macro scale it is a matter of dispersing the uncured hydrogel material and then crosslinking it. However, this methodology is not suitable when micron resolution is required for biomimetic devices. Ultimately, strategies for incorporating hydrogels in microfluidic devices will be based on either fabricating a device with hollow channels and filling them with a curable hydrogel, or excising channels from a hydrogel bulk material. The technique used is dictated by the resolution and complexity of the part of interest<sup>49, 50</sup>.

### Filling hydrogels in pre-made microfluidic devices

Hydrogels can be filled in premade microfluidic devices as ECMs for 3D cell culture. For example, Virumbrales-Muñoz et al. investigated the ability of TNF-related apoptosis inducing ligand (TRAIL) to penetrate endothelium and kill tumor cells in a 3D collagen matrix. The microfluidic device was fabricated from polydimethylsiloxane (PDMS) via soft lithography. The central channel was oxygen plasma treated to promote capillary actions for spontaneous filling. Droplets of collagen (1.2 mg/mL, see Ref. 51 for details), which were previously mixed 1:1(v/v) with the cancer cell suspension, were placed on top of the device inlet for filling. The collagen was then polymerized for 12 minutes at 37 °C. Endothelial cells were cultured in the flow path on top of the collagen containing the cancer cells (**Fig. 3A**). TRAIL was introduced both in its soluble form and bound to a large unilamellar vesicle<sup>51</sup>. A similar device but with two unique hydrogel constructs was prepared by Adriani et al. to model the blood brain barrier and how drugs can potentially affect neurocytes and astrocytes<sup>52</sup> (**Fig. 3B**). Here collagen solutions with suspended astrocytes ( $0.6 \times 10^6$  cells/mL) and neurons ( $5 \times 10^6$  cells/mL) were injected directly into the device and then polymerized for 30 minutes at 37 °C. Pavesi et al. utilized a microfluidic device with a collagen barrier separating two microfluidic channels. Similarly, cells were suspended in the hydrogel solution ( $5 \times 10^6$  cells/mL), injected directly into the region of interest, and allowed to

polymerize for 40 minutes at 37 °C. The microfluidic channels would flow tumor-specific T-cell receptor T (TCR-T) cells parallel to the hydrogel which contained human hepatocytes. The efficacy of the TCR-T cells were then observed under different oxygen conditions and in the presence of inflammatory cytokines<sup>53</sup> (**Fig. 3C**). Jeong et al. further developed this technology by creating a seven-channel device for studying the effects of tumor spheroids on fibroblast activity (**Fig. 3D**)<sup>54</sup>.

The examples described above represent a common methodology for including cell-laden hydrogels in existing microfluidic devices, where the prepolymer of the gel is delivered to fill a channel or chamber via capillary action and is held in place by surface tension. After subsequent curing media is perfused through an adjacent channel, which contacts one side of the gel structure, for nutrients and oxygen to be transported to the cells therein through diffusion. While simple and straightforward, this method has challenges in specific applications. First, it suspends cells in a gel without considering cell alignments. Many cell types such as skeletal muscle fibers need to be aligned to exert normal functions<sup>55</sup>. Second, the lateral flow of media along the surface of a gel and the diffusion mechanism for supplying nutrients and removal of waste may be limited in terms of efficiency — evidence shows that a gel thicker than 200 μm can cause cell necrosis due to insufficient oxygen delivery<sup>56</sup>. To circumvent these issues, precise gel localization using photolithography has been developed. For example, Agrawal et al demonstrated an innovative muscle-on-a-chip model using a photomask to specifically form two hydrogel pillars (100-300 μm) within a microfluidic channel. Next, GelMA containing C2C12 muscle cells was cured in a capsule shape between the pillars using a second photomask. The results showed that the micropillars acted as anchoring points to force the cells to form uniaxially-aligned, densely-packed 3D muscle cylinders<sup>57</sup>. Skardal et al recently created a liver-on-a-chip model with enhanced molecular diffusion through hydrogel. A photomask was applied to form islets of cell-laden hydrogels within flow paths, such that media could flow around the islets and molecules diffusing from all sides of the gel structure<sup>58</sup>. With this design, liver cells (HEPG2) were alive and functional for over seven days<sup>58</sup>. Overall, photolithography-assisted hydrogel inclusion in microfluidic devices provides precise localization and patterning of cells. However, it usually requires UV light to cure the gels which may cause phototoxicity issues. All these factors should be considered when choosing a method for organs-on-a-chip research.

## Fabrication of microchannels in hydrogel parts

### *Replica Molding*

Replica molding can be used to make microfluidics in hydrogels without photocuring limitations. There are three types of molds that are commonly used to cast hydrogel-based microfluidic devices: master molds prepared by photolithography, physically removable molds, and sacrificial molds. As shown in **Fig. 4A**, a master can be prepared by allowing irradiation to pass through the transparent pattern on the photomask, which cross-links the photoresist material (e.g. SU-8) in place, creating a raised serpentine microstructure (**Fig. 4B**). Next, the prepolymer of a hydrogel is poured onto the mold (**Fig. 4C**) followed by gelation. After the hydrogel slab is peeled off, it can be sealed to a substrate such as glass to close the channel for flow-based experiments (**Fig. 4D**). For example, Cabodi et al. utilized this technology to fabricate a microfluidic device by casting an alginate solution on top of a patterned photoresist prepared via lithography<sup>59</sup>. The cross-sections of microchannels fabricated by this method are typically rectangular, but research into scaffold geometry indicates that cell adhesion is affected by the shape of the substrate, where rectangular (cross section) channels show a lower degree of cell adhesion<sup>60</sup>. Therefore, He et al. developed a more complicated methodology for fabricating hydrogels with circular channels to better emulate internal vasculature. This was accomplished by partially crosslinking gelatin which was cast on a semi-circle mold, aligning it with another gelatin cast, and completing the crosslinking to form circular hollow channels<sup>61</sup>. The way that a closed microfluidic channel is formed (binding a hydrogel layer on a substrate) can be challenging in subsequent applications. Due to the flexibility of hydrogels, deformation will likely occur when placing a gel layer on a substrate (e.g., stretching), which can compromise the dimensions and shapes of the desired microstructures. Using less flexible hydrogels and alignment markers can be a potential solution to this issue<sup>62</sup>. Some groups measured the amount of shrinkage that occurred under different conditions and adjusted the mold pre-emptively for curing results in the desired final dimensions<sup>63</sup>.

Existing microstructures such as micron-diameter wires can also be embedded in hydrogels to form microchannels. For example, Linville and Wong prepared hollow microfluidic channels in hydrogel-based devices by crosslinking polymers such as collagen and agarose around a wire which was pulled out after the hydrogel gelated<sup>64, 65</sup> (**Figs. 4E and 4F**). It is simple and straightforward to fabricate devices using such physically removable molds. However, this method can only generate devices with basic and simple microstructures (e.g. straight channels).

Sacrificial molds can be used to fabricate complicated hollow microstructures in a piece of hydrogel. These molds are made by certain materials such as gelatin<sup>66</sup>, PVA (polyvinyl alcohol)<sup>67</sup>, and alginate<sup>68</sup> which can be dissolved after the surrounding hydrogel is fully cured. A recent example is by Tocchio et al.; a mold was etched in plexiglass, PVA was carefully poured into it, dried overnight, and removed<sup>67</sup> (**Fig. 5A**). This mold was then placed between glass spacers and covered in either 2-hydroxyethyl methacrylate (HEMA), agarose, or GelMA<sup>67</sup>. Following curation of the hydrogels and removal of the spacers, the PVA was dissolved by washing with water or phosphate-buffered saline<sup>67</sup> to form hollow channels in the hydrogel (**Fig. 5B**) which could be seeded with endothelial cells to mimic a vasculature system (**Fig. 5C**). Sacrificial molds provide a low-cost way to fabricate desired microstructures in hydrogel. However, certain concerns may arise from the additional washing step: the buffer composition may cause chemical contamination and/or osmotic shock to the cells; maintaining sterilization may also be difficult.

Overall, replica molding is a simple technique to fabricate hydrogel microfluidic devices, however, limitations and challenges exist. To maintain the structural integrity of such a device, relatively stiff materials are commonly used which may not support viable cell encapsulation due to the high material density (e.g. limited number and size of the pores for diffusion). This perhaps explains why these studies mainly used the inner wall of the microchannels as a support surface to seed endothelial cells as a vasculature mimic. In addition to the deformation issue of microstructures in a soft gel, ports at the ends of flow channels to connect tubing and adaptors for liquid delivery/perfusion can also be challenging. The most frequently used method for creating ports is using punchers, which excise a portion of the hydrogel of the punch's diameter. Currently, the success of this method relies on user expertise both for using punchers and appropriately curing the hydrogel device, and the flexible gel may not be able to seal a tubing tightly for leakage-free flows. To circumvent these issues, efforts will be needed for new device designs and fabrications. For instance, the device shown in **Fig. 4E** was not connected to tubing. Instead, the device was placed vertically with a reservoir on top filled with media, and gravity drove the flow through the channel. Multiple materials can also be used to fabricate such a device, with gels of high mechanical strengths in the port area for reliable port punching.

### 3D bioprinting

Extrusion-based bioprinting has gained interest in recent years for creating tissue models due to its capability for fabricating 3D structures with desired dimensions and shapes in one step<sup>69</sup>. A typical 3D bioprinting process is to extrude bioinks (e.g. hydrogel prepolymer with suspended cells) onto a stage layer by layer<sup>69</sup>. Each layer is cured via various mechanisms such as photo irradiation and chemical crosslinkers. **Fig. 6** illustrates how a 3D bioprinter works with optical components to cure the gel. Numerous bioprinted tissue models have been reported. For example, Cao et al. directly printed a mixture of either PEGDA or poly(ethylene glycol) octaacrylate (PEGOA) with GelMA, alginate, and photoinitiator to form microfluidic tubes<sup>70</sup> (**Fig. 7**). These printed tubes acted as blood and lymphatic vessel mimics which were then sealed within a GelMA matrix containing suspended MCF-7 tumor cells. Therefore, a tumor model that contained blood flow, lymphatic drainage, and cancer cells embedded in surrounding hydrogels was fabricated<sup>70</sup>.

To avoid the cytotoxicity issue of common photoinitiators, Grigoryan et al. recently reported that biocompatible food color molecules can be used to cure PEGDA hydrogels<sup>71</sup>. They also developed a home-made digital micro-mirror setup for the fabrication of complicated microchannel networks. They first manufactured an acellular interconnected channel network to study the oxygenation of red blood cells (**Fig. 8**), which was achieved by using a 20 % (w/w) by weight PEGDA (6 kDa) solution, as this gel was determined to allow for oxygen diffusion and relatively long-term mechanical stability (device could withstand 10,000 ventilation cycles). Although not stated by the authors, it is likely that the PEGDA hydrogel may be too dense to encapsulate cells for direct tissue printing, because in a subsequent experiment, the authors fabricated a PEGDA holder with a prefill space, where fibroin or GelMA gels with suspended hepatocyte aggregates were filled and cured *in situ*.

Recreating an accurate *in vivo* mimic often requires the use of multiple materials to simulate the different parts of an organ/tissue<sup>72</sup>; fabrication of such systems can be carried out by 3D bioprinting. For example, Ruiz-Cantu et al. produced a neocartilage model using chondrocyte-laden GelMA co-printed with polycaprolactone (PCL)<sup>72</sup>. Kang et al. bioprinted a fine-tuned mixture of gelatin, fibrinogen, hyaluronic acid, and glycerol prepared in Dulbecco's Modified Eagle Medium (DMEM) to make ear constructs<sup>73</sup>. These constructs were implanted in mice and were observed to retain structural integrity over two months and showed signs of surface

vascularization<sup>73</sup>. Arumugasaamy et al. recently reviewed multimaterial bioprinting and its applications at length<sup>74</sup>.

The historical drawback of 3D bioprinting is the low resolution due to the flexibility of the bioinks and the relatively slow kinetics for curing the hydrogel matrix<sup>75</sup>. However, recent advances have lowered the achievable resolution making it a more attractive option<sup>76-78</sup>. An example of such is light-assisted printing where the resolution is dependent on the light source rather than the printing head of an extruder<sup>69</sup>. Light-assisted techniques have their own drawbacks, such as potential cytotoxicity and limitations in printing materials, but are able to push printing resolutions down to 5  $\mu\text{m}$  or lower whereas extrusion-based methods are currently limited to 100  $\mu\text{m}$  and higher<sup>69</sup>. Another concern of 3D bioprinting is the high shear stress expressed to the cells. When a stream of bioink with cells is pushed out of the extruder orifice, the cells are experiencing a high level of shear, which may be deleterious for the cells<sup>79</sup>. This is especially true when applying a smaller orifice to improve resolution<sup>79</sup>.

Like the replica molding technology, 3D-bioprinting also makes microfluidic devices from hydrogels—a stiff and dense gel can maintain the structural integrity but compromise cell viability therein. In an analysis of recent publications, the reported bioprinted devices can be grouped into two categories: those with cells encapsulated to mimic a tissue *in vivo*, and others that act merely as a support structure for subsequent cell seeding or perfusion (e.g. erythrocytes perfused through a device to mimic blood flow, the example in **Fig. 8**). In the case of the former, it is exceedingly important that the hydrogel chemistry and physics can mimic the *in vivo* environment. Specifically, the bioink used during 3D printing must provide cell adhesion moieties, be permeable for oxygen and small molecules, and be mechanically stable<sup>80, 81</sup>. Common naturally occurring materials used as bioinks are those based on agarose, alginate, collagen, and hyaluronic acid<sup>80</sup>. Agarose dissolves and is handled easily, gels at low temperatures, and maintains dimensionality for long periods of time<sup>81</sup>. However, low cell adhesion and proliferation as well as limited biosynthesis of cell components has indicated that agarose on its own is insufficient for cell culturing<sup>82, 83</sup>. Kreimendahl et al demonstrated the feasibility of blending agarose with collagen and fibrinogen to promote cell culturing while maintaining structural stability<sup>84</sup>. Alginate is a commonly used material owing to its abundance, low cost, and characterized diffusion properties<sup>85</sup>. Furthermore, alginate can be cured significantly quicker than thermally-cured hydrogels through the use of multivalent cations<sup>85</sup>. However, monolithic alginate hydrogels lack mechanical stability and adhesion sites, limiting cell attachment<sup>81</sup>. Strategies to overcome these shortcomings have been demonstrated; Jia et al developed a mixture of alginate, GelMA, and PEG-tetra-acrylate (PEGTA) to form a high-strength device with perfusable vasculature<sup>86</sup>.

Functionalization of alginate channels with specific peptides has also been demonstrated to promote cell adhesion<sup>87</sup>. Although collagen is commonly used for cell culturing, it is difficult to be used for 3D bioprinting due to its long cure times, during which homogeneity of cell distribution may be lost as cells spread<sup>81</sup>. Modified collagens have made it a viable bioprinting material. For instance, Homenick et al demonstrated this by crosslinking collagen with poloxamers to increase the Young's modulus of the overall material<sup>81</sup>. Overall, as natural materials have low tunability of their mechanical properties, it is simpler to blend them with synthetics which can have various properties (e.g. molecular weight, degree of functionality, types of functional groups) adjusted based on the needs of the application<sup>80</sup>.

When hydrogels are used as a microfluidic device material to support subsequent cell inclusion, maintaining mechanical stability becomes a necessity along with other considerations such as non-specific molecular adsorption/absorption and surface tensions<sup>88</sup>. Protocols have been reported to functionalize parts of such as device for specific cell applications. For example, Koh et al formed microwells for the isolated culturing of cells by fabricating a layer of PEG hydrogel walls which circumscribed a hydrophobic floor to selectively pattern cells<sup>89</sup>. A similar approach was shown by Lee et al where micropatterned PEG hydrogels, acting as walls/dividers, were placed over a network of electrospun fibers for the localization of cells<sup>90</sup>.

In conclusion, with current technologies, it is critical to choose a proper material for 3D-bioprinting. In addition to the chemistry of a material, the curing conditions (e.g. temperature, time, radiation, etc.) can also affect the crosslink density, porosity, and mechanical properties, which need to be optimized for each specific application.

## **ELECTROSPUN FIBERS AS SCAFOLDING MATERIALS FOR ORGANS-ON-A-CHIP**

### **An overview of electrospinning**

#### The technology of electrospinning

Electrospinning is a technique that utilizes a high electrical voltage to generate polymer fibers on the micro- and nanometer scale<sup>91</sup>. As shown in **Fig. 9**, a typical electrospinning setup consists of a syringe for dispensing a polymer solution through a metal needle. A high voltage (in the range of 5-30kV) is applied to the metal needle, where a Taylor cone forms<sup>92</sup>. The fibers are electrically charged and thus can be deposited on a grounded collector. Due to the tuneable fiber

diameter and mechanical stiffness, and the ability to embed particles/compounds, electrospun fibers have been utilized in various applications as scaffolding materials for 3D cell culture<sup>93-96</sup>.

#### Commonly used polymers in electrospinning

Both synthetic and natural polymers have been implemented in electrospinning; some of the most commonly used ones are summarized in **Table 2**. After a literature search via Web of Science using keywords “Electrospinning” and “Extracellular Matrix”, it was determined that PCL (polycaprolactone) and PLA (polylactic acid) are the two most common materials due to their biocompatibility and biodegradable nature<sup>97-100</sup>. **Fig. 10A** shows the popularity of the materials for electrospinning<sup>101-195</sup>. Most of the research implementing electrospinning focuses on biomimetic tissue engineering such as 3D cell cultures (**Fig. 10B**).

In addition to synthesized polymers, the use of natural polymers for electrospinning was also explored. For example, collagen and fibronectin solutions can be directly electrospun to generate more physiologically relevant ECMs than synthetic polymers<sup>196</sup>. Silk fibroin has been gaining attention recently due to its remarkable characteristics including biocompatibility, high water and oxygen uptake, and tunable mechanical properties<sup>197</sup>. This material can be extracted from raw silk following a simple protocol at low costs<sup>198</sup>.

#### **Integration of electrospun fibers in microfluidics for organs-on-a-chip studies**

Most of the applications of electrospun fibers have used static containers to culture cells. A standard protocol is to peel the electrospun fiber layer off from the collector, cut it to the desired shape, and then place it in a multi-well plate for cell seeding after sterilization<sup>199</sup>. Although simple, this protocol excludes the potential benefits of flow-based cell cultures such as shear stress introduction, continuous nutrient supply and waste removal, and gradient control. Therefore, since 2016, efforts have been made to combine electrospun fibers as scaffolding materials in microfluidics to prototype organs-on-a-chip models. There are three main technologies developed

for this purpose: lateral-flow models, direct electrospinning of fibers into a microfluidic channel, and modular integration of electrospun fibers.

### Lateral-flow model

Pimentel et al. recently developed a microfluidic device on a sheet of electrospun fibers (Poly(L-lactic acid), PLLA) as a lateral-flow model for cell culture<sup>200</sup>. As shown in **Fig. 11A**, certain areas on a sheet of electrospun fibers (the whole square) were blocked to form hydrophobic barriers (black; blocking material was not specified by the authors) surrounding channels and circular zones. Like paper-based microfluidics, the fibrous nature of the substrate can drive liquid flow via capillary actions. However, compared to paper, electrospinning offers the possibility to make fibers of desired dimensions and morphologies (**Fig. 11B**) for specific cell culture applications. Also, other components can be premixed in the polymer solution to make composite fibers. For example, the authors added NaY, a crystal sodium zeolite, to the fiber to increase the hydrophilicity of the material<sup>178</sup>.

This technology has unique advantages including simple fabrication and assay parallelization (multiple chambers in one device). However, such devices are not suitable for cell types that require flow-based shear stress.

### Direct Electrospinning of Fibers into a Microfluidic Channel

Chen et al. invented a technology in 2016 called dynamic focusing electrospinning, to directly coat electrospun fibers on the inner side of a fluidic channel<sup>201</sup>. As demonstrated in **Fig. 12A**, a 3D-printed sheath device was placed around the metal needle/cannula. With proper pressure, the gas (air or N<sub>2</sub>) flowing out of the sheath confined the PCL fibers through the fluidic channel placed under the Taylor cone. The exiting fibers from the bottom end of the fluidic device indicated successful fiber coating inside the channel. A uniform layer of microfibers was added to the channel wall, which was confirmed by SEM imaging (**Fig. 12B**). The authors cultured RAW

264.7 macrophages and found that the fibrous scaffold enhanced the production of cytokines such as interleukin-6 (IL-6) and vascular endothelial growth factor (VEGF).

This technology can introduce the flow through a 3D tissue mimic. However, a limitation is that the diameter of the fluidic channel cannot be smaller than 1mm. Although the fibers can be focused by the sheath flow, there is a limit of the focusing because the fibers tend to spread due to the same charges they bear. Also, the pressure of the gas flow cannot be too high, or disruption of the Taylor cone will occur.

#### Modular Integration of Electrospun Fibers in Microfluidic Devices

Chen et al. reported another technology to modularly integrate fibers in microfluidics in 2018<sup>202</sup>. As shown in **Fig. 13A**, instead of directly electrospinning into a microfluidic channel, the fibers were coated on a polystyrene sheet first, which was then laser cut into rectangular inserts<sup>203</sup>. The fused edges by the laser immobilized the fibers on the PS substrate. After cells were seeded on the fibers, the inserts were plugged into a 3D-printed fluidic device with matching slots (**Fig. 13B**). The space between the inserts form the fluidic channel for media to flow through (**Figs. 13C and 13D**). The authors demonstrated that under lipopolysaccharide (LPS) stimulation, the response rates of macrophages cultured in the fibrous scaffolds are more physiologically relevant than those cultured on a flat surface.

This technology has prominent advantages. Modularity allows for examination of the cells cultured on the inserts before assembly, with failed cultures (e.g. by contamination) being replaced without discarding the whole setup. After an experiment, the cell-laden inserts can be removed for further studies such as imaging. The space between inserts is customizable for tuning shear stress. In our opinion, this is the most applicable technology for integrating electrospun fibers in microfluidics to date.

## CONCLUSION AND PERSPECTIVE

In this paper, we thoroughly reviewed recent (mainly after 2016) advances in integrating scaffolding materials in microfluidics for organs-on-a-chip applications. Various technologies have been developed to incorporate hydrogel materials and electrospun fibers on chips for disease modeling, pathophysiological studies, and pharmaceutical research, with insightful results generated. After reviewing these models, we found that they were fabricated by complicated protocols via high-end/expensive instruments, which may explain why the technologies have not been widely translated. Organs-on-a-chip hold the potential for extensive breakthroughs in disease modeling, drug discovery, and enhancing our understanding of organ functions. However, this promising potential will not be achieved without easy translation of the technology to other laboratories (e.g. those with expertise in physiology but not chip fabrication). Simplified and translational devices should be a research focus in the future. Modularity can help technology translation; compared to all-in-one devices which must be discarded if any part fails, modular microfluidic devices are more cost-efficient and flexible. For example, a toolkit with various modules can be developed, with which organs-on-a-chip models can be simply assembled based on specific needs. Also, protocols need to be standardized. For instance, to cure collagen hydrogel at 37 °C, different curing times have been reported. Standardizing such protocols will benefit technology translation. Lastly, most of the reported organs-on-a-chip models were single-use devices with only one throughput. Considering the high labor, time, and facility investments to the fabrication, these factors can depress enthusiasm. Therefore, reusable devices with enhanced throughput need to be exploited.

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