

De-Stress Before the Tests A Project of [The Salisbury University Libraries](#)

As students flock to the Guerrieri Academic Commons near the end of the semester and during finals, the tension level rises to almost unbearable levels. It becomes something, in fact, that you can physically feel. Many academic libraries provide treats and create some relaxation activities, such as bringing in therapy dogs or holding game nights, to help students relax a little during this time. The SU Libraries have done some activities, such as Finals Fairy and coloring books. When we were in Blackwell Library occasionally funded treats. But given the number of students who fit in the Academic Commons as opposed to Blackwell Library ", we" can't afford to fund treats or do more activities without some outside support. Please help us help our students de-stress and do their best at the end of the semester!

How can YOU make a difference?

Your gift to the De-Stress initiative, combined with others, will allow us to provide treats and relaxation activities for students during the most stressful time of the spring and fall semesters. That, in turn, will help the students do their very best on their exams and final projects.

☐ \$1,000

☐ \$750

☐ \$500

☐ \$250

☐ \$100

☐ \$50

☐ \$

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