FROSTBURG STATE UNIVERSITY

StateLines

www.frostburg.edu/news/statelines.htm

For and about FSU people **A publication of the FSU Office of Advancement**
Volume 41, Number 11, November 8, 2010 Copy deadline: noon Wednesday, 228 Hitchins or emedcalf@frostburg.edu

NASA/WSU Collecting Atmospheric Data at Frostburg State University

NASA scientists and another group of researchers from Washington State University will arrive on the FSU campus **Monday, Nov. 8,** to begin work on a satellite project.

For two weeks, the groups will take measurements from the Tawes roof to determine atmospheric levels of sulfur dioxide. The readings will be compared with those from the NASA AURA satellite that was launched in 2004 to measure trace gases in the Earth's atmosphere each day.

The scientists will then calibrate the satellite sensors to ensure the satellite is sending accurate data back to earth.

While field campaigns around the world have verified measurements of ozone, nitrogen dioxide and formaldehyde, sulfur dioxide outside of volcanic emissions has not been verified. The purpose of this field campaign at FSU is to measure sulfur dioxide in the downwind plume of the power-generating plants of the Ohio River Valley, where there is a reasonable abundance of the gas.

By measuring the ultraviolet spectrum of the sun and sky with WSU's MFDOAS (multi-function differential absorption spectrometer) and NASA's PANDORA suite of small spectrometers, the team will be able to determine the amount of sulfur dioxide in the lower atmosphere where sulfur dioxide from the power plants resides.

Dr. Jay Herman of the NASA Goddard Space Flight Center will lead the NASA group, and Dr. George Mount, a professor in the Department of Civil and Environmental Engineering at WSU and director of the WSU Center for Environmental Research, Education and Outreach, will head the WSU group.

Bob Boyce and the physical plant staff at FSU helped to set up the equipment on the roof at Tawes. ***Lori Bennett*** from Networking and Telecommunications established a wireless network for the team.

For info, contact Dr. Joe Hoffman at x4120 or jhoffman@frostburg.edu.

Theatre

Children's Novel to Take FSU Stage

Left to right, Courtney Fanflik (Mother), Bryan Murtha (Father), ShayAnn Golden (Lily) and Andrew Matthews as Jonas (front)

The Second Stage series at FSU will present an adaptation of Lois Lowry's Newberry Medal-winning novel "The Giver" on **Nov. 12** at 7:30 p.m., with matinee performances on **Nov. 13 and 14** at 2 p.m.

In this story, directed by junior theatre major ***Alex Ferentinos***, 12-year-old Jonas lives in a community where everything is the same. Everyone is assigned a mother, a father, a husband, a wife, a sibling. People do not experience pain, color, memory, choice or violence. Everyone is equal and happy.

In a rite of passage, Jonas is apprenticed to a man called The Giver, guardian of the most sacred of Life's gifts – memory. In his new role, Jonas is allowed to see all memories from the time before sameness. As he becomes aware of concepts like joy and color and pain, he realizes that his community was built on dark secrets, which forces him to make some difficult decisions.

Adapted by Eric Coble from the award-winning book by Lois Lowry, "The Giver" is a science fiction adventure about the power of knowledge and the courage it takes to embrace new ideas.

All performances will take place in the Performing Arts Center's F. Perry Smith Studio Theatre. Note that there is no late seating for Theatre and Dance productions.

For reservations and info, contact the Theatre and Dance box office at x7462, Monday through Friday, from 9 a.m. to 12:30 p.m. and 1:30 to 4 p.m. All tickets are $6.

Music

Note: Unless otherwise noted, recitals and concerts will take place in PAC Pealer Recital Hall and are free and open to the public. For info, contact the Dept. of Music at x4109.

FSU's Opera Theatre to Perform Various Scenes

FSU's Opera Theatre will present various scenes from the operas "Cosi fan tutte" and "Le nozze di Figaro" by Wolfgang Amadeus Mozart, "Faust" by Charles Gounod, "L'elisir d'amore" by Gaetano Donizetti and "Hansel und Gretel" by Engelbert Humperdinck on **Friday, Nov. 12**, and **Saturday, Nov. 13**, at 8 p.m.

The Opera Theatre director and stage director for the production is ***Mariana Mihai-Zoeter***, and Judie Brown is the accompanist. Student performers include ***Alexandra Pieters*** (Gretel in "Hansel and Gretel"), ***Bailey Kerr*** (Siebel in "Faust"), ***Britany Poindexter*** (La Contessa in "Le nozze di Figaro"), ***Jiaqi Xu*** (Adina in "L'elisir d'amore"), ***Kathryn Kline*** (Despina in "Cosi fan tutte"), ***Kristin Brown*** (Susanna in "Le nozze di Figaro"), ***Lane Conklin*** (Nemorino in "L'elisir d'amore"), ***Lauren Huyser*** (Fiordiligi in "Cosi fan tutte") and ***Stephanie Laut*** (Dorabella in "Cosi fan tutte" and Hansel in "Hansel und Gretel").

Dept. of Music Presents Saxophone/ Percussion Recitals

The FSU Department of Music will present two separate student recitals on **Sunday, Nov. 14**. At 3 p.m., ***Justin Nines*** will perform his senior saxophone recital, and ***Justin Smith*** will perform his junior percussion recital at 7 p.m.

Nines will be accompanied by ***Dr. James Lyons*** on piano and assisted by ***David Wall*** on trumpet. He will perform "Six Dances for Soprano Sax and Piano" by John C. Worley, "Concerto Pour Alto, Trompette et Orchestre A Cordes" by Jean Rivier, "Sonata for Oboe and Piano" by Francis Poulenc and "Sonata for Alto Saxophone and Piano, Op. 19" by Paul Creston.

Smith will perform Paul Smadbeck's "Rhythm Song," John Willmarth's "Bushido: The Way of the Warrior," Larry Spivack's "Siciliano," Keiko Abe's

"Dream of the Cherry Blossoms" and Dave Hollinden's "Cold Pressed."

Department of Music to Showcase Piano Studio Recital

FSU's Department of Music will showcase a piano studio recital on **Saturday, Nov. 20**, at 5 p.m. The program will feature students from the studios of Dr. Joan DeVee Dixon and Nancy Witmer.

The recital will feature ***Angel Leydig*** performing Bach's "Prelude in C Major" and Beethoven's "Moonlight Sonata"; ***Jennifer Webb*** performing Clementi's "Sonatina in C Major," "Opus 36, No. 3"; ***Matthew Purnell*** performing Chopin's "Mazurka in B-flat," "Opus 7, No. 1" and Scriabin's "Etude, Opus 2, No. 1"; ***Jordan Delisser*** performing Chopin's "Mazurka in B Minor," "Opus 30, No. 2" and Say's "Black Earth"; ***Joy Marsiglia*** performing Horacek's "Bohemian Prayer" and Bomtempo's "Sonata in G Major"; ***Yazhen Lou*** performing Haydn's "Sonata No. 59 in E-flat Major" and Gershwin's "Prelude No. 1"; ***Erin Wheeler*** performing Fina's "Bumble Boogie" and Debussy's "What the West Wind Has Seen"; and ***Kienan Lewis*** performing Mozart's "Variations on a Theme by Gluck" and Debussy's "Golliwogg's Cakewalk." Wheeler and Lewis will perform the duet, Dvorak's "Slavonic Dance No. 8," and Lou and ***Mengwan Tu*** will perform the duet, Brahms' "Two Hungarian Dances." The recital will conclude with Tu performing "Gershwin's Rhapsody in Blue."

Dance

Bayanihan Brings the Philippines to FSU

Bayanihan, the national dance company of the Philippines, will bring its breathtaking show to PAC Pealer Recital Hall **Thursday, Nov. 11**, at 7:30 p.m. The performance is part of the Cultural Events Series at FSU.

Bayanihan takes its name from an ancient Filipino tradition called "bayanihan," which means working together for a common good. Founded in 1957, the company works to educate audiences on the cultural traditions and folklore of the Philippines through dazzling theatrical presentations and traditional music. A nationally and internationally award-winning company, Bayanihan has awakened a new pride among Filipinos in their cultural heritage, added a new dimension to the country's dance tradition and built a rich reserve of international goodwill. Now the company will bring its unique presentation to Mountain Maryland.

The extravagant dances require a combination of precise movement, balance and skill from company members. Everything from the music to the choreography to the lighting to the costumes is intricately planned to show homage and patriotism to the motherland. Entertaining and emotional, it's a cultural experience that transcends borders.

Tickets for the Bayanihan Philippine National Dance Company performance are $20 for adults and $14 for those under 17. Corporate and group discount ticket rates are also available. Tickets may be ordered by calling x3137 or online at http://ces.frostburg.edu.

Presentations

Viva Las Vegas!

The Sustainability Studies Minor Steering Committee, with the support of the FSU Foundation, will present "Las Vegas – The Sustainability Everytown" by Dr. David M. Hassenzahl on **Monday, Nov. 8**, at 7:30 p.m. in Compton 226. The event is free and open to the public.

The presentation will demonstrate how Las Vegas – and by extension any city or town – can be used to explore a wide range of interacting conditions that promote or preclude sustainability, while presenting the fundamentals of sustainability.

Hassenzahl is the founding dean of the School of Sustainability and the Environment at Chatham University in Pittsburgh. His research, outreach and teaching focus on incorporating scientific information and expertise into public decisions, with particular emphasis on the management, interpretation and communication of uncertainty. He has spent the last 25 years addressing subjects as diverse as climate change, energy, toxic chemicals and public health from this perspective. In addition to numerous papers and essays, he is the co-author of several books, including "Environment," "Should We Risk It?" and, most recently, "Visualizing Environmental Science." Hassenzahl is a senior fellow of the National Council for Science and the Environment. Before joining Chatham, he was chair and an associate professor in the Department of Environmental Studies at the University of Nevada, Las Vegas.

For info, contact Dr. Henry Bullamore at x4413 or hbullamore@frostburg.edu.

Geography Awareness Week Presentations

The Department of Geography announces two upcoming presentations in celebration of Geography Awareness Week. Both are hosted by the Frostburg Chapter of Gamma Theta Upsilon (the student honor society in geography) and the FSU Geography Club. The events are free and open to the public.

Dr. Don Zeigler, a professor of geography at Old Dominion University in Virginia Beach, will speak on "Persuasive Cartography and the Power of Place" on **Thursday, Nov. 11**, at 7 p.m. in Compton 226. According to Zeigler, maps are rarely objective portraits of reality. They are often subjectively designed to change opinions, shape politics, alter reality and undermine the truth. Use the information from this presentation to apply your skills in critical thinking to maps of all varieties.

Dr. Bernard Hubbard, a research geologist with the USGS since 2001, will give a talk titled "From Alaska to Afghanistan: USGS Mineral Resource Investigations of Inaccessible Areas Using Spaceborne Remote Sensing Imagery" on **Wednesday, Nov. 17**, at 6 p.m. in Gunter 208. His research interests include various geologic applications of remote sensing and geographic information systems.

For info, contact the Department of Geography at x4369.

Wagner to Discuss Future of Print Media and Graphic Design

The FSU Department of Visual Arts will host a presentation on the future of print media and graphic design with marketing executive Joe Wagner on **Tuesday, Nov. 16**, at 3:30 p.m. in Compton 226.

Wagner is the director of Marketing for the Whitmore Group. He was also the president of AIGA (the professional association of design) Central Pennsylvania from 2005 to 2006 and President of AIGA Baltimore from 2001 to 2005.

For info, call the FSU Department of Visual Arts at 301-687-4797.

Herbalist Series

The Appalachian Center for Ethno-botanical Studies' Mountain Herbalist Series is designed to increase awareness of useful plants and reconnect people with mountain traditions. Events are on Mondays from 6:30 to 8:30 p.m. at Mountain City Traditional Arts at 25 E. Main St. in Frostburg. The programs are free and open to the public.

Mimi Hernandez will teach you how to nourish your immune system on **Nov. 8** with "Natural Immunity Support" to combat chronic fatigue,

colds, yeast and viruses. Learn how to incorporate family-friendly foods and herbs into meals and home remedies for a healthy winter experience.

For info, contact Hernandez at x3136 or mhernandez@frostburg.edu.

Appalachian Lab Fall Seminar Series

Dr. Matthew B. Frieman, University of Maryland School of Medicine, will present "Host/Pathogen Interactions of the SARS Coronavirus" **Thursday, Nov. 18**, at 3:30 p.m. in AL Room 109.

For info, see www.umces.edu/al/seminar/schedule.

Readings

Veterans Day Reading

FSU's Sigma Tau Delta (the English honors society) and the Veterans Affairs Office will sponsor a Veterans Day Reading on **Tuesday, Nov. 9**, at 7 p.m. at Main Street Books, 2 E. Main St. in Frostburg. There will be a candlelight walk before the reading at 6:30 p.m., starting from the clock tower on campus and proceeding to Main Street Books.

Students, faculty and members of the community will read selections from works of fiction, poetry, journals, letters and oral histories by and about veterans. These events are held to recognize and thank service men and women at FSU, in the community and nationwide.

The reading and candlelight walk are free and open to the public. For info, contact Dr. Mary Anne Lutz at mlutz@frostburg.edu.

Points of Pride

Hernandez Elected to Herbalists Guild

Mimi Hernandez, coordinator of the Appalachian Center for Ethnobotanical Studies at FSU, was recently elected to the council of the American Herbalists Guild, a national organization representing the goals of herbalists specializing in the medicinal use of plants.

Since arriving at FSU in January 2010, Hernandez has developed the Mountain Herbalist Series, a series of educational workshops designed to create a forum for community interaction and cultural arts preservation by reflecting the traditional and local uses of plants while highlighting the scientific evidence base of these uses. Recently, she has established and completed the first certification course in community herbalism in the Cumberland area.

Hernandez is a nationally known speaker for herbalism, nutrition and holistic health topics. In her role at the Appalachian Center for Ethnobotanical Studies, she has introduced Appalachian Mountain Roots to several events around the country.

Hernandez has a special interest in economic development and collaborates with the FSU College of Business to enhance economic development for area growers, harvesters and value-added product manufacturers in the region. These meetings subsequently resulted in an award from the Federal Economic Development Administration University Center Partnership Program to catalog the natural products industry of Western Maryland. The goal of this work is to support existing businesses and facilitate the development of new local business to explore the sustainable and economic uses of regional plants.

The primary emphasis of AHG is to promote a high level of professionalism and education in the study and practice of therapeutic herbalism. AHG professional membership currently serves as the most recognizable standard of competency in botanical medicine in the U.S. Hernandez, a clinically trained herbalist, has been a professional member of AHG since 2008.

For info on the Appalachian Center for Ethnobotanical Studies, visit www.frostburg.edu/aces, or call Hernandez at x3136.

Take Note

Take 5 Back by Popular Demand

FSU's Frostburg: Take 5 includes two competitions (alums and students) and three top prizes this year as well as a People's Choice Award. The People's Choice Award will be determined through an online vote on FSU's You Tube Channel. Winners will be announced during a screening and award ceremony **Dec. 1** at the Lyric Theatre on Main Street.

The final deadline to submit a video is **Nov. 12**. Videos must be five minutes or less and fall under one of these themes:

I Chose Frostburg

Tell why you decided to go to school at FSU, why you're proud you're getting your degree at Frostburg!

Frostburg: The "Reel" Deal

Tell true stories about Frostburg that put it in a positive light.

My Heart Belongs to Frostburg

Tell why FSU is near and dear to your heart.

For info, e-mail efrostburgcomm@frostburg.edu or visit www.frostburg.edu/take5.

Flu/Pneumonia Vaccines Available

In case you haven't had a chance to get your flu shot, Brady Health Center still has some of the injectable vaccine available at $25 per dose.

Also, for those who are eligible, the pneumococcal pneumonia vaccine is available for $10. This vaccine is usually given one time and is for individuals 65 and older or those younger than 65 with chronic heart disease, chronic lung disease (including asthma), liver disease and chronic kidney disease, or those with immune suppression. It is also for smokers.

These vaccinations are available to FSU students, faculty and staff. For info, call x4310.

Info Meetings for MAT/MBA Programs

FSU will present an informational meeting for prospective students for the Master of Arts in Teaching and Master of Business Administration programs at 6 p.m. (MAT) and 7 p.m. (MBA) on **Tuesday, Nov. 9**, at the University System of Maryland in Hagerstown, 32 W. Washington St.

The University will present another informational meeting, also at 6 p.m. (MAT) and 7 p.m. (MBA), on **Tuesday, Nov. 16**, on the FSU campus in Pullen 141.

FSU's full-time, intensive MAT program is NCATE accredited and designed to lead to teaching certification in one year. The MAT Elementary program is for those who have a bachelor's degree in any field and courses in various content areas; the MAT Secondary program is designed for those who have a bachelor's degree or equivalent coursework in math, science, art, social studies, English or a foreign language and want to teach middle or high school.

FSU's MBA program is accredited by AACSB International (the Association to Advance Collegiate Schools of Business) and offers a strong foundation in accounting, finance, marketing, human resources and management. MBA courses are offered in the evenings and online for business and non-business majors and full- or part-time students. The entire program is available online as well as face-to-face. GetEducated.com, a consumer watchdog group that reviews and ranks online academic programs for cost, quality and credibility, has ranked FSU among its best values in AACSB-accredited online master of business administration degrees. FSU's online MBA ranks ninth on this national list.

For info, contact the Office of Graduate Services at x7053.

Share Your Thoughts with Dr. Gibralter

Join ***President Jonathan Gibralter*** from 6:30 to 7:30 p.m. **Tuesday, Nov. 16**, for the next online chat session, part of his ongoing efforts to communicate and connect with FSU friends, alumni, faculty, staff and students. To participate, on the evening of the chat session, visit Blog From the 'Burg for details on how to log in with your FSU ID and post questions and comments. Alternately, you can post directly on the Blog itself in a chat feature box provided on the blog, but your comment will appear as "Anonymous."

An additional chat session is tentatively scheduled from 6:30 to 7:30 p.m. on **Dec. 14**.

For info, e-mail burgblog@frostburg.edu. Visit the blog at http://blogfromtheburg.blogspot.com/.

Graduating in 2010?

The 137th commencement ceremony is scheduled for **Saturday, Dec. 18**, at 11 a.m. in the Cordts PE Center. **The commencement ceremonies, which were previously held as two separate ceremonies, will be combined as one.** The Colleges of Liberal Arts and Sciences, Business and Education will present their graduates at that time.

Tickets **will be** required for admission. The number allotted to each graduate will be determined later.

Complete your graduation application in PAWS now to receive information about commencement!

Caps and gowns are provided at no cost to graduates and may be ordered at the bookstore in the Tawes Annex. Orders must be placed by **Dec. 3**.

Details are at www.frostburg.edu/events/commencement. For info, contact Brittni Teter at x4423 or bkteter@frostburg.edu.

Make Scarves for V-Day

Every year FSU's V-Day organization collects specially handmade scarves to sell. All profits go to local organizations such as the Women's Resource Center in Cumberland.

Scarves will be sold on campus in Tawes Hall, at V-Day events and during performances of "The Vagina Monologues" in the Performing Arts Center on **Feb. 17 and 18**.

The deadline for donations is **Feb. 18**.

V-DAY is a worldwide campaign to stop violence against women and girls (www.vday.org). This organization was formed in 1998 by Eve Ensler, the playwright, performer and author of "The Vagina Monologues."

For info, contact Regina Alderton at x7690 or rgalderton@frostburg.edu.

Gray Hall Renovations

Beginning in January, Gray Hall will undergo extensive renovation of bathrooms, student rooms and common areas. Similar to the scope of last year's renovations in Allen Hall, this project will run through the spring semester and summer sessions, with the hall scheduled to reopen in August 2011.

Gray Hall students will be displaced from their current rooms for the spring semester and will be given the opportunity to select another space on campus. Every effort will be made to assign students to a hall of their choice, and with a roommate of their choice; this includes the effort to place students with their current roommate(s) in an empty room. Residents of other halls who do not have roommates will be required to room with other such residents. Room changes will be completed before students leave for the holiday break in December.

Students with concerns are encouraged to speak with their hall staff or contact the Residence Life Office at x4121.

Get Involved

Calling All Artists!

The Wildlife Society at FSU needs a new design and is having a T-shirt design contest. Scan your design and submit it by **Nov. 10** to wildlife@frostburg.edu. If your design wins, you'll receive a free T-shirt.

Upcoming UCM Events

Group meetings are in Tawes 161. For info, contact the Rev. Dr. Cindy Zirlott at x7490 or c.zirlott@frostburg.edu. Join the UCM Facebook community at United Campus Ministry at FSU.

October's Pennies Into Potatoes. The collection to purchase produce for a local food bank in November was 12,596. Thanks to all the groups and individuals who participated!

Habitat for Humanity November. Every Saturday in November, Habitat has a home building project from 8 a.m. to noon. If interested, contact the UCM office.

UCM Spirit Night, Nov. 9, 4 to 8 p.m., Cici's Pizza in LaVale. When you eat at Cici's, mention you have UCM spirit, and 15 percent of your receipt will go to UCM's scholarship fund for FSU students. There will be two van runs for those who need a ride – one leaving at 4 p.m. and the other at 6 p.m. from the Campus Police lot.

Wednesday Meditation, 12:10 to 12:50 p.m.; for faculty and staff.

Wednesday Spiritual Study Break, 9 to 9:45 p.m. Students, faculty and staff are invited to UCM's Vesper-style worship experience.

Thursday FCA Huddle Bible Study, 8 to 9:15 p.m. UCM's Christian Athletes group invites students to this student-led weekly Bible study.

Sunday Faith Connections, 9:30 a.m. Every Sunday during the fall semester, the group tours a church in Frostburg.

Sunday True North Meetings, 7 to 9 p.m. The discussion series, "How You Can Have a Daily Appointment With God," continues.

Come Join SCSA

The Student Communication Studies Association, a relatively new organization, is making its presence known on the FSU campus. Although it began as a club for Communication Studies majors, SCSA encourages students from other majors to join, stressing the importance of communication in all areas of study, work and life.

Upcoming Career Development/CMST Registration Events are listed below.

- National Communication Association Convention, **Friday, Nov. 12, through Tuesday, Nov. 16**, San Francisco
- Capstone Presentations and Senior Dinner, **Friday, Dec. 3**, 6 p.m. (location TBA)

International

For info, visit the Fuller House (across the street from Braddock House), call x4714 or e-mail Victoria Gearhart at vmgearhart@frostburg.edu. Also check out the CIE website at www.frostburg.edu/admin/cie/stdyabrd.htm.

Where Would You Like to Study Abroad?

The Center for International Education offers various ways for FSU students to see the world. In some cases, students can pay FSU tuition, room and board and study for a semester or a year in Ireland, England, Spain, France, China, Italy, Mexico, Malta, Botswana or many other countries. FSU also offers summer study abroad programs.

Financial aid, student loans and scholarships are available.

Limerick, Ireland (Fall 2011)

Students can study for a semester at Mary Immaculate College and pay FSU tuition. Credits will transfer back to FSU. For info, go to www.mic.ul.ie/.

Changsha, China (Fall 2011)

Through the China Exchange Program, FSU students can spend a semester at Hunan Normal University in Changsha, Hunan Province, P.R. China (www.hunnu.edu.cn/english/). Students pay FSU tuition and fees (based on residency status) through

their student e-bill account and pay room and board costs to Hunan Normal University. Living costs are generally lower than at FSU and courses are taught in English.

Volunteers

Arboretum Work Days

The FSU Arboretum Committee is looking for volunteers to assist with the last work day on **Friday, Nov. 19**. The group will meet at the gazebo near the stadium parking lot at 2 p.m. and work until 5 p.m. For info, contact Dan Fiscus at x4170 or dafiscus@frostburg.edu.

Calling all Elves!

Frostburg's seventh annual Storybook Holiday will be held on **Saturday, Dec. 4**, from 8 a.m. to 10 p.m. on Main Street. If you would like to volunteer as an elf, come to an elf workshop meeting **Monday, Nov. 15**, at 3:30 p.m. in Framptom 205. (If you prefer not to dress up as an elf, you can still volunteer.)

For info, stop in at the Children's Literature Centre in Framptom 206 or e-mail clc@frostburg.edu.

FSU-TV3

Message Board

FSU-TV3 cablecasts an automated educational and community message channel when not showing video programming. The channel provides info about FSU events, nonprofit organizations and community events. To advertise an activity, log on to www.frostburg.edu/fsu-tv3/message-request-form/, enter the information and click submit. A graphic or pre-made message can also be loaded. Submit requests at least two weeks in advance.

For info, contact Melanie Lombardi at x3011 or mlombardi@frostburg.edu.

New Episode of 'Cooking With Courtney'

"Food and the Arts," the third "Cooking With Courtney" show, will air Monday at 6 p.m. on FSU-TV3. In this episode, Courtney, Curtis and guest Darleengrace Teves will prepare a stuffed chicken breast over Alfredo noodles with a salad. The show will air again Saturday at 4 p.m.

Follow "Cooking With Courtney" on Facebook at http://www.facebook.com/home.php?#!/group.php?gid=154490431249964.

Interns

Political Science/Law & Society Internships

The next meeting for Political Science and Law and Society majors planning to intern in spring or summer 2011 will be held on **Wednesday, Nov. 17**, at noon in Old Main 205. The last meeting will be held **Wednesday, Dec. 8**, also at noon in Old Main 205.

Those who want to participate in a Political Science/Law and Society internship must attend at least one meeting. It is recommended they attend all meetings. If unable to attend, contact Tim Magrath (Guild 141) at x4080 or tmagrath@frostburg.edu.

FSU-TV3 Schedule for Nov. 8-14

For more: http://fsutv3.frostburg.edu/Cablecast/Public/Schedule.aspx?ChannelID=1

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Midnight	Open Mic Poetry	Midnite Mausoleum	Human Geography	Midnite Mausoleum	Human Geography	Midnite Mausoleum	Human Geography
12:30 a.m.	85 db TV		Cooking With Marie		The Alternate Root TV		Go Fish With Dan Kenney
1 a.m.	Message Board		Link TV World	Fast Forward: Contemporary Science Fiction		Bread & Circuses	Life & Style With Sara
1:30 a.m.		Message Board	Message Board	Message Board	Message Board	Message Board	Message Board
2 a.m.							
3 a.m.							
3:30 a.m.							
4 a.m.							
4:30 a.m.							
5 a.m.							
5:30 a.m.							
6 a.m.		NASA Sci Files	NASA Sci Files	NASA Sci Files	NASA Sci Files	NASA Sci Files	
6:30 a.m.							
7 a.m.							
7:30 a.m.							
8 a.m.		Message Board	Message Board	Message Board	Message Board	Message Board	
8:30 a.m.							
9 a.m.		FSU-TV3 Original Programming	FSU-TV3 Original Programming	FSU-TV3 Original Programming	FSU-TV3 Original Programming	FSU-TV3 Original Programming	
9:30 a.m.							
10 a.m.							
10:30 a.m.							
11 a.m.		Message Board	Message Board	Message Board	Message Board	Message Board	
11:30 a.m.							
Noon	Gardening Rhythms	Social Studies in Action	Essential Science	Social Studies in Action	Essential Science	Social Studies in Action	Gardening Rhythms
12:30 p.m.	Life & Style With Sara						Life & Style With Sara
1 p.m.	Cooking With Marie	Bridging World History	Learning Math: Number & Operations	Bridging World History	Learning Math: Numbers & Operations	Bridging World History	Cooking With Marie
1:30 p.m.	Go Fish With Dan Kenney		Learning Math: Patterns, Functions & Algebra		Learning Math: Patterns, Functions & Algebra		Go Fish With Dan Kenney
2 p.m.	The Alternate Root TV	Connecting With the Arts	Gardening Rhythms	Connecting With the Arts	Gardening Rhythms	Connecting With the Arts	The Alternate Root TV
2:30 p.m.	Link TV World Music	Message Board	Message Board	Message Board	Message Board	Message Board	Link TV World Music
3 p.m.	No Excuses Outdoors						No Excuses Outdoors
3:30 p.m.	Message Board	NASA Connect	NASA Connect	NASA Connect	NASA Connect	NASA Connect	Graceful Aging
4 p.m.			Live From Prairie Lights		Live From Prairie Lights		Cooking With Courtney
4:30 p.m.		Graceful Aging		Graceful Aging		Graceful Aging	Message Board
5 p.m.		Democracy in America	American Cinema	Democracy in America	American Cinema	Democracy in America	
5:30 p.m.		The Habitable Planet		The Habitable Planet		The Habitable Planet	
6 p.m.		Cooking With Courtney	Original Programming	FSU-TV3 Original Programming	FSU-TV3 Original Programming	FSU-TV3 Original Programming	
6:30 p.m.		FSU-TV3 Original Programming					
7 p.m.							
7:30 p.m.							
8 p.m.							
8:30 p.m.							
9 p.m.		Lead TV	ThinkTalk	Lead TV	ThinkTalk	Lead TV	
9:30 p.m.		Down to Earth		Down to Earth		Down to Earth	
10 p.m.		Live From Prairie Lights	Dirty Stars {463-471} (612-618)	No Excuses Outdoors	Dirty Stars	Fast Forward: Contemporary Science Fiction	
10:30 p.m.			NASA 360	American Passages	NASA 360	American Passages	
11 p.m.		Earth Revealed	Midnite Mausoleum	Earth Revealed	Midnite Mausoleum	Earth Revealed	
11:30 p.m.		Bread & Circuses		Open Mic Poetry		85 db TV	

Deadlines

Graduation Exceptions

If you have a basis to request an exception, submit your written appeal letter and supporting letters and documentation to the Academic Standards Subcommittee, Office of the Provost, Hitchins 213, by 4 p.m. on **Nov. 11** for the November meeting (**last chance** for graduation exceptions and inclusion in the Commencement Booklet). For info, call the Provost's Office at x4212.

Activities for Life

For info and registration, contact Amy Nazelrod, AFL coordinator, at x7934 or anazelrod@frostburg.edu. Advance registration is required.

Water Aerobics Classes

Water aerobics classes will be offered on Tuesdays and Thursdays, **Nov. 9 to Dec. 16**, from 6 to 6:50 p.m. at the FSU pool in the Cordts PE Center. Participants may register for Tuesday or Thursday class, or both nights for a discounted price.

This class is geared toward those who want to increase cardiovascular fitness, flexibility and body strength. It is the perfect activity for those with painful joints or other movement limitations. Water aerobics creates good muscle balance, making the muscles limber and strong. The instructor for this class is Sierra Wassell.

Youth Swimming Lessons

Youth swimming lessons for children ages 4 to 12 will be offered on Mondays and Wednesdays, **Nov. 15, 17 and 29 and Dec. 1, 6 and 8.**

The classes will be from 6 to 6:50 p.m. in the FSU pool in the Cordts PE Center.

Youth swimming instruction is separated into skill levels based on the child's swimming ability coming into class.

Jobs, Jobs, Jobs

Want to Be a Resident Assistant?

Applications are available in the Residence Life Office and Edgewood Commons. Completed applications are due on **Wednesday, Nov. 10**, at noon in the Residence Life Office.

FSU Events Calendar

MONDAY, NOV. 8
Graduate Council ..... 4 p.m. ..... Compton 237
Greek Advisory Board ..... 5 p.m. ..... Tawes 311
Greek Council ..... 6 p.m. ..... Dunkle 218
UPC Meeting ..... 9 p.m. ..... Tawes 222

TUESDAY, NOV. 9
CHILL Guest Speakers: Adam Driscoll and Saul Zuckerman ..... 1 p.m. ..... Cordts Leake Room
Delta Sigma Pi: Pi in the Face ..... 1 p.m. ..... Tawes 153
College Panhellenic Council ..... 5 p.m. ..... Tawes 208
Office of Leadership & Civic Engagement Oxfam Hunger Banquet ..... 6 p.m. ..... Cordts Leake Room
BURG General Body Meeting ..... 7 p.m. ..... Cordts Leake Room
Sigma Tau Delta Veterans Day Reading ..... 7 p.m. ..... Main Street Books

WEDNESDAY, NOV. 10
UPC Creation Station: Dog Tags ..... 10 a.m.-3 p.m. ..... Tawes 153
Welcome to the Party ..... 5 p.m. ..... Cordts Leake Room
Eclectic II Tawes Open Mic ..... 6 p.m. ..... Tawes 335
UCM Spiritual Study Break ..... 9 p.m. ..... Tawes 161

THURSDAY, NOV. 11 – Veterans Day
Blackout Day (turn computers and lights out) .... noon-1 p.m. ..... Campuswide
RHA General Meeting ..... 5 p.m. ..... Dunkle 218
BURG Blind Communication ..... 6 p.m. ..... Tawes 153
Sigma Tau Delta Veterans Candlelight Vigil ..... 6:30 p.m. ..... Clock Tower Quad
Geography Awareness Week Presentation: Dr. Don Zeigler ..... 7 p.m. ..... Compton 226
Bayanihan Philippine National Dance Company .. 7:30 p.m. ..... PAC Pealer Recital Hall
SGA Meeting ..... 7:30 p.m. ..... Osborne Newman Center
UPC Cyber Bowling ..... 10 p.m.-midnight ..... The Bowler, LaVale

FRIDAY, NOV. 12
Men's/Women's Swimming: Davis & Elkins, Elkins, W.Va. ..... 5 p.m. ..... Away
University Theatre Second Stage: "The Giver" ..... 7:30 p.m. ..... PAC Studio Theatre
UPC Feature Film: "Inception" ..... 8 p.m. ..... Dunkle 218
FSU Opera Theatre ..... 8 p.m. ..... PAC Pealer Recital Hall

SATURDAY, NOV. 13
Praxis ..... 6:45 a.m.-5 p.m. ..... Dunkle Hall
Men's/Women's Cross Country: NCAA Mideast Regional at Cooper's Lake Campground, Pa. ..... 11 a.m. ..... Away
Football: 12th Annual Regents Cup With Salisbury ..... 1 p.m. ..... Home
Men's/Women's Swimming: Fairmont State ..... 2 p.m. ..... Home
University Theatre Second Stage: "The Giver" ..... 2 p.m. ..... PAC Studio Theatre
UPC Feature Film: "Inception" ..... 8 p.m. ..... Dunkle 218
FSU Opera Theatre ..... 8 p.m. ..... PAC Pealer Recital Hall

SUNDAY, NOV. 1
CCM Mass ..... noon & 8 p.m. ..... Cook Chapel
University Theatre Second Stage: "The Giver" ..... 2 p.m. ..... PAC Studio Theatre
FSU Chamber Choir ..... 4 p.m. .. St. Thomas Episcopal Church 2 E. High St., Hancock, Md.
Planetarium: "Time and Relativity" ..... 4 & 7 p.m. ..... Tawes Hall
UCM True North Meeting ..... 7 p.m. ..... Tawes 161

Questions? Call 301-687-4411. All information is subject to change.

Note: FSU is committed to making all of its programs, services and activities accessible to persons with disabilities. To request accommodations through the ADA Compliance Office, call 301-687-4102 or use a Voice Relay Operator at 1-800-735-2258.

Texting While Driving Is As Dangerous As Driving Drunk!