

For and about FSU people A publication of the FSU Division of Communications and Media Relations

Volume 44, Number 26, April 14, 2014 Copy deadline: noon Wednesday, <u>statelines@frostburg.edu</u>

'Bloody Bloody Andrew Jackson' to Star FSU Alum Matt Merchant



FSU's Department of Theatre and Dance will present "Bloody Bloody Andrew Jackson," a rock musical by Alex Timbers with music and lyrics by Michael Friedman, on **Friday and Saturday, April 18 and 19**, and **Thursday, Friday and Saturday, April 24, 25 and 26**, at 7:30 p.m., with a matinee **April 19** at 2 p.m., all in the Performing Arts Center. Referred to by Newsday as "90 thoroughly audacious, politically savvy, politically incorrect minutes," FSU's production will star guest artist and FSU alum *Matt Merchant* in the title role.

Directed by **Darrell Rushton** with musical direction by Chris McCabe, "Bloody Bloody Andrew Jackson" reinvents the seventh president of the U.S. as an emo-rock star rebel. The story follows Jackson from his childhood on the wild frontier to his aggressive rise to power battling the British, annihilating Native

American territories and dominating the presidency. This high-energy concert examines the populist movement of "Old Hickory," drawing parallels to today's political culture.

Merchant, a Los Angeles-based actor, returns to Western Maryland after performing on FSU's stage nearly 20 years ago. A member of the California-based and award-winning Troubador Theatre Company, Merchant is credited for helping to create original pieces with the company. Through a collaboration with Garry Marshall and Paul Williams, Merchant created characters for the national tour of "Happy Days: A New Musical." In addition to performing in "Bloody Bloody Andrew Jackson," Merchant will work side by side with faculty and students on a series of workshops during his residency. He appears courtesy of the Actors' Equity Association.

The performance is recommended for mature audiences ages 18 and up.

Individual tickets are \$12 for general admission and \$6 for students. For info, contact the Theatre and Dance box office at x7462 Monday through Friday, 9 a.m. to 12:30 p.m. and 1:30 to 4 p.m.

FSU to Focus on Sustainability at Focus Frostburg



FSU will be fully focused on sustainability during its upcoming Focus Frostburg event, an annual day of learning on sustainability and climate awareness, on **Wednesday**, **April 23**, from 10 a.m. to 5 p.m. The event, free and open to the public, will feature green activities for everyone, including presentations in the Lane University Center, poster displays in the Compton Science Center and a sculpture garden on the front lawn of the Ort Library.

Learn all about sustainability from a range of presentations topics at the Lane Center, including art, climate, energy, ethnobotany, food, history, religion and FSU policy.

Art presentations will include *Jennifer Brown* and *Sam White*'s "Wilderness in American Literature," which addresses American identity through wild spaces. Food presentations will include *Dr. Kara Rogers Thomas* and FSU sociology students' "Studying Sustainable Foodways in Mountain Maryland," which discusses techniques and practices to forge sustainable food systems.

History presentations will include *Dr. Gregory Wood*'s "With All the Wealth of the World at Hand: Industry, Ecology and the Ford Empire, 1914-1939," which discusses how the expansion of the Ford Motor Company during the early 20th century depended on the wholesale transformation of local ecologies and green spaces on three continents. Religion presentations will

include Rogers Thomas' "Religion and Environmental Activism," which features a documentary project "Renewal," the first feature-length film to capture the vitality and diversity of today's religious-environmental activists.

Climate presentations include *Dr. Francis Precht*'s "The Vortex, and Cold and Snow, Oh My! The Winter of 2013-14: Why Was It so Fierce ... or Was It?" which discusses this past winter season's "polar vortex." Energy presentations include *Dr. Peggy Biser* and *Matthew Crawford*'s "Personal Kinetic Energy Generation and Storage for a Sustainable Future," which discusses generating and storing personal kinetic energy into usable energy; and *David Puthoff*'s "My First Year Leasing a Solar System in Frostburg: Electric Bills and Electric Production," which discusses solar-powered electricity generation systems.

Ethnobotany research projects include *Ruth Lacourse*, *Hanna Goodmuth*, *Alexander Cathcart*, *Joe Lisalata* and *Mary Kruger*'s "Herbarium Revamp: Sorting, Displaying and Digitizing the FSU Herbarium Collection," which reorganizes the FSU Herbarium to improve ease of access for students and researchers; *Gabriel Echeverri*, *Ben Brown* and *Ian Cheek*'s "Tree Species and Traditional Uses of the Eastern Band of the Cherokee Nation," which presents eight-year results collected by FSU students of planting butternuts within an established cane stand and at a control site; and *Kerry Messick*, *Megan Carr*, *Michael McCampbell* and *Matt Tillet*'s "Establishment of White Oak, 'Quercus alba,' Seedlings for Cherokee Basketry," which presents the establishment of experimental plantations on the KItuwa site in cooperation with the Eastern Band of Cherokee Indians.

Visit the Discovery Center on the first floor of the Compton Science Center to learn about opportunities for students of any major to get involved with the Frostburg Grows project, a native tree nursery, local food production, composting, renewable energy and training center on a former coal mine near the FSU campus. Then, help plant and transplant native tree seeds and seedlings, including black qum, red oak and black walnut.

From noon until 1 p.m., enjoy environmental music from the FSU Chamber Choir, plant trees, declare Arbor Day and join FSU at the Clock Tower as it celebrates its second year as a Tree Campus USA.

From 3 to 3:50 p.m., see poster presentations of student sustainability projects. Student-designed and student-run projects cover topics, including food, medicine, health, feral cats, a native tree nursery, impacts of de-icing salt, student perceptions and mindsets, improved recycling and the psychology of sustainability.

Throughout the day, have a look at the informational displays at the Compton Science Center. Displays include the "Frostburg Arboretum Display," providing information about the current status and history of the campus arboretum; "Frostburg State University's Sustainability Initiative," detailing the current progress of FSU's sustainability initiative plan; and "Bottled Houses," revealing some of the uses for recycled bottles.

Make your way to the sculpture garden on the front lawn of the Ort Library as creatures created from recycled aluminum make their way toward the University's center for learning. The project was created to display site-specific sculpture that engages the landscapes, create art with an ecological theme and work with the theme of education.

For info, visit www.frostburg.edu/lqlq/focusfrostburg.htm.

Music

Unless otherwise noted, recitals and concerts will take place in PAC Pealer Recital Hall and are free and open to the public. For info, contact the Department of Music at x4109 or visit www.frostburg.edu/music.

Department of Music Presents Vocal Studio Recitals

FSU's Department of Music will present two vocal studio recitals in April. Students from *Dr. Mariana Mihai-Zoeter's* studio will perform on **Monday**, **April 21**, at 7:30 p.m., and those from *Dr. Steven Soebbing* and *Dr. Karen Soderberg's* studios will perform **Tuesday**, **April 22**, also at 7:30 p.m. They will be accompanied by *Dr. James DeWire*, *Dr. Sean Beachy* and *Judith***Rrown**

FSU Low Brass Studio to Perform April 25

The FSU Low Brass Studio, directed by *Kevin McManus*, will present a recital on **Friday**, **April 25**, at 7:30 p.m. The performance will begin with "Suite" from Ludwig Van Beethoven's "The Mount of Olives." The concert will also feature "Duets" by Ben Coy and "Days of Wine and Roses" and "Eagles Landing" by Michael Davis, who is a jazz trombonist who worked with The Rolling Stones, Bob Dylan and Michael Jackson. The concert will close with "So What" and "Fantasy" by Sigismond Stojowski.

Roots Music Series Concert to Feature 'Queen of Bluegrass'



Rhonda Vincent and WFWM's Chuck Dicken

The Spring 2014 Roots Music Series concert will host Rhonda Vincent and the Rage **Saturday**, **April 26**, at the Allegany High School auditorium at 616 Sedgwick St. in Cumberland. Presented by the Allegany Arts Council, WFWM Public Radio and Dr. Ken Roberts, the concert will begin at 8 p.m. with a performance by Jimmy Gaudreau and Moondi Klein. Tickets are available from the Allegany Arts Council, the Book Center in Cumberland, Main Street Books in Frostburg and at the door the night of the concert.

Having won more than 70 awards, Rhonda Vincent and the Rage is one of the most respected and popular bands in bluegrass. Vincent, known as "the Queen of Bluegrass," has won the International Bluegrass Music Association "Female Vocalist of the Year" award seven times in a row between 2000 and 2006. She was also awarded "Entertainer of the Year" five times from

the Society for the Preservation of Bluegrass Music in America.

Vincent began her career as a child in her family's band, the Sally Mountain Show, and released her first solo album in 1986.

Following a short stint in country music, she returned to bluegrass in 1999. In 2010, she formed her own label and management company, Upper Management, with her husband, Herb Sandker. Her recent two-disc set, "Only Me," contains both bluegrass and country songs. Vincent's band, the Rage, features Josh Williams on guitar, Hunter Berry on fiddle, Mickey Harris on bass, Aaron McDaris on banjo and dobro-player Brent Burke.

Gaudreau and Klein are respected veteran musicians themselves, having played in bands like the Country Gentlemen, Seldom Scene, Tony Rice Unit and Chesapeake. Together, their duets offer a modern version of the classic country duets of the 30s and 40s. They have released two albums, "2:10 Train" in 2008 and "Home From The Mills" in 2012.

The Roots Music Series encourages and sustains traditional music in the community and showcases a variety of musical traditions (such as bluegrass, folk, country, blues and gospel) to entertain local audiences and increase awareness and interest in these important art forms. For info, contact the Allegany Arts Council at 301-777-ARTS.

CES to Present 'An Afternoon of Solo Piano' With Robin Spielberg



FSU's Cultural Events Series will end its 2013-14 season with a Sunday brunch and performance with Robin Spielberg – "An Afternoon of Solo Piano" – on **Sunday, April 27**, in the Lyric Theatre at 20 E. Main St. in Frostburg. Brunch will be served from 1:15 to 2:15 p.m. and the performance will begin at 2:30 p.m.

Named to the prestigious Steinway Artist Roster, Spielberg is a prominent solo pianist and composer who has performed everywhere from Joe's Pub to Carnegie Hall. Whether playing music that rejoices in the transition of the seasons or revealing delightful new twists on American standards, her concerts intertwine music with stories that inspire laughter and enlightenment.

During her concert at the Lyric, Spielberg will also offer highlights and insights from her new book, "Naked at the Piano Bench: My Adventures in Pianoland." She will be available for a post-performance book-signing event.

Tickets for the brunch and performance are \$28 for adults and \$23.80 for youth under 17. Tickets for the performance only are \$18 for adults and \$15.30 for youth under 17. Corporate and group discount rates are also available.

For info, contact the CES box office at x3137 or visit CES' webpage at ces.frostburg.edu.

FSU Brass Ensemble in Concert May 2

Kevin McManus will direct the FSU Brass Ensemble in its recital on Friday, May 2, at 7:30 p.m. The ensemble will perform "Also Sprach Zarathustra" (the theme from "2001: A Space Odyssey"), "Galliard Battaglia," Ewald's "Quintet No. 1," "Simple Gifts," "Three Pieces" by Pezel, "America the Beautiful" and "A Western Fanfare."

Readings

FSU's Center for Creative Writing to Host Readings by Celebrated Authors

FSU's Center for Creative Writing will host readings by authors Laura McCullough and Suzanne Parker as part of its Spring 2014 Reading Series on **Thursday, April 24**, at 7:30 p.m. in Lane 113. The event is free and open to the public.

McCullough has written several books, including her book of poetry, "Panic," "The Room and the World: Essays on the Poetry of Stephen Dunn" and her most recent book of poetry, "Rigger Death and Hoist Another." McCullough has been awarded several honors and scholarships throughout the course of her career, and she has been published in several anthologies and literary magazines and journals.

Parker is the author of "Viral," a collection of poems. Her recent and forthcoming publications include "Serving House," "Rattapallax," "Macguffin" and "Cider Press Review." Her creative nonfiction work is published by the University of Wisconsin Press in the travel anthology "Something to Declare." She is a winner of the Alice M. Sellars Award from the Academy of American Poets and was a Poetry Fellow at the Prague Summer Seminars. Parker also co-directs the creative writing program at Brookdale Community College and teaches poetry workshops in Manhattan, N.Y., with the Uptown Writers Group.

For info, contact the Center for Creative Writing at x4340 or cwcenter@frostburg.edu.

Presentations

Spring Academic Enrichment Series

The spring 2014 Academic Enrichment Series, presented by Academic Affairs and Student & Educational Services, will assist with preparing for life after college, improving your academic skills, building self-confidence and networking skills and learning more about yourself and campus resources.

Angie Hovatter, director, Student Financial Aid, will give a talk on "Financial Literacy" on Tuesday, April 15, at 4 p.m. in Lane 113, and Wednesday, April 16, at 3:30 p.m. in Lane 108.

For info, contact Programs Advancing Student Success at x4441 or the Retention Office at x3206.

Third Annual CLAS Undergraduate Research Symposium

The College of Liberal Arts and Sciences will host the third annual Undergraduate Research Symposium on Friday, May 2, from

10 a.m. to 1 p.m. in Lane Manicur Hall and the surrounding conference rooms of the Lane University Center. *Dr. Joseph Hoffman*, dean of the College, will kick off the event with an address to attendees at 10 a.m.

This symposium celebrates the research accomplishments of FSU's undergraduate students by providing them the opportunity to present their work to their peers and share experiences across disciplines. The symposium will feature 87 posters, oral presentations and displays that represent research conducted by undergrads in biology, chemistry, communication studies, computer science and information technologies, English, fine arts, geography, history, mass communication, mathematics, nursing, philosophy, physics and engineering, psychology and social work. The event is free and open to the public.

For info or to schedule an interview with Dr. Karen Keller, contact her at x4174 or at klkeller@frostburg.edu.

32nd Annual Spring Festival of Children's Literature



Melissa Sweet

FSU will present its 32nd annual Spring Festival of Children's Literature on **Friday, April 25**, and **Saturday, April 26**. Each year librarians, educators, parents and students come to the campus of FSU to share their love of children's literature and learn more about successful ways to share that love with children.

The theme for the weekend will be "Building the Passion for Lifelong Reading." Melissa Sweet, Steve Jenkins, Floyd Cooper and Ben Mikaelsen will be the award-winning authors and illustrators headlining the event, which this year will be streamed online via a live webcast. Each of these writers has created stories that inspire in children the passion to be lifelong readers.



Steve Jenkins

The agenda for the festival includes informative small group sessions and large group presentations offered in a personal and relaxed environment. Topics range from "Bringing Literature to Life Through Technology" to "Informational Texts for Students K-8 That Address Common Core Needs." Participants mingle with fellow educators and exchange ideas, purchase books and embrace the wisdom and experience that the visiting authors have to share. An extensive book selection will be available for purchase, as well as autographing opportunities.



Floyd Cooper

A prolific author and illustrator, Sweet has illustrated nearly 100 children's books in various genres and formats. Her recent foray into the world of writing has been successful as well. Sweet has been honored with the 2012 Sibert Medal, the NCTE Orbis Pictus Award, an ALA Notable Book, the Flora Stieglitz Strauss Award and the Cook Prize.



Ben Mikaelsen

As a child, Jenkins had a strong interest in reading and science. Instead of studying to be a scientist, he chose to go to art school to study graphic design, then went on to work in his own small graphic design firm with his wife, Robin Page, who is also an author and illustrator. Jenkins and his wife have written and illustrated four children's books together. He is an author and illustrator of dozens of award-winning titles, including the Caldecott-honored "What Can You Do With a Tail Like This?"

Cooper wanted to be an illustrator since he was a young child, drawing on pieces of plasterboard left over from his father's work as a builder. He began his career while still a student at the University of Oklahoma, where he earned a degree in fine arts. After working in advertising, he took a job at Hallmark, designing greeting cards in Kansas City. In 1984, Cooper moved to New York City to pursue a career as an illustrator. He is the recipient of a Coretta Scott King award and two Coretta Scott King Honors.

Mikaelsen has won many awards, including the International Reading Association Award and the Western Writer's Golden Spur Award. He has also received many state Readers Choice Awards. When not writing, Mikaelsen spends his time exploring the world. He has traveled to the North Pole, Mexico and his home country of Bolivia. These adventures provide him with opportunities to explore and interact with various cultures and animals. He is also a sky-diving champion, can fly a plane and taught himself to swim and dive.

Advance registration to the festival is required. Pre-orders are available for the books that will be featured. The festival is supported by the FSU Foundation and is sponsored by the FSU Department of Educational Professions and the Children's Literature Centre. For info, contact the Centre at x3133 or Dr. William Bingman at x4420. Full details on the conference can be found at www.frostburg.edu/clc and on Facebook at facebook.com/clcfsu. You can also follow the Centre on Twitter @CLCFSU.

Area Families Invited to Children's Hour With Authors and Illustrators

As part of the Festival of Children's Literature and through a partnership among FSU's Children's Literature Centre, Allegany County Public Schools and the Allegany County Public Library System, the R. Margaret Hamilton Children's Hour will be held at various locations around the local area on **Friday, April 25**. This free event allows children ages 5 to 14 to interact with the festival's featured authors and illustrators. The schedule is as follows:

- Sweet (ages 5 to 10), 4 p.m., Lane Center
- Jenkins (ages 8 to 12), 10 a.m., George's Creek Library
- Cooper (ages 6 to 12), 10 a.m., South Penn Elementary
- Mikaelson (young adult), 1 p.m., Westmar Middle School

Children and parents who wish to attend one of the sessions should contact Dr. Jodi Welsch at x3096 or jwelsch@frostburg.edu to register.

Come Experience the Culture of Tanzania

The FSU Science Discovery Center will host "Tanzania Cultural Tourism," a presentation that includes an information session by **Steria Ndaga** and a display featuring the art of Tanzania, as well as a video on the country's national parks, on **Wednesday**,

April 30, at 3 p.m. on the first floor of the Compton Science Center.

For info, contact Susan Snow at srsnow@frostburg.edu or x4723.

Appalachian Laboratory Spring Seminar Series

Stuart Schwartz, University of Maryland Baltimore County, Center for Urban Environmental Research and Education, will present "Slowflow Fingerprints of Urban Hydrology" on **Thursday**, **April 24**, at 3:30 p.m. in AL Room 109. For info, go to www.umces.edu/al/seminar/schedule.

Theatre

Center for Creative Writing Announces Annual Playwriting Competition

The FSU Center for Creative Writing will hold its fifth annual One-Act Playwriting Competition to showcase new works. Writers must submit their one-act plays (with a running time of 40 minutes or less) to the center by **Tuesday, April 15**. Entries will be judged on plot, character development, dialogue and overall quality.

The first prize winner will receive \$750 and production of his or her play at the Frostburg One-Act Playwriting Festival, which will be held on the FSU campus in September. Second and third prize winners will receive \$250 and \$100, respectively, as well as staged readings of their works.

For complete submission guidelines, go to www.frostburg.edu/cwcenter/one-act-play-festival.

Visual Arts

All-Student Art Show on Display at Roper Gallery

The 2014 FSU All-Student Art Show will be on display **through Monday**, **April 21**, in the Stephanie Anne Roper Gallery in the Fine Arts Building. The show is free and open to the public and will feature the artwork of FSU students from all majors.

The Roper Gallery is open Sunday through Wednesday from 1 to 4 p.m.

For info, contact the FSU Department of Visual Arts at x4797.

Points of Pride

Woodring Earns Certification as Global Business Professional



Beth A. Woodring is now certified as a Certified Global Business Professional by the National Association of Small Business International Trade Educators. This certification confirms knowledge in international trade and assures sound global business practices. Woodring is a senior consultant at FSU's Small Business and Technology Development Center in the Frederick County Office of Business Development and Retention in Frederick, Md.

Take Note

FSU's A STAR! in Western Maryland Holding Annual Book Giveaway

FSU's A STAR! in Western Maryland AmeriCorps program will hold its 19th annual book giveaway **through Thursday, April 17**, from 10 a.m. to 6 p.m. at City Place, 14 S. Water St., in Frostburg. The event is funded in part by the Governor's Office on Service and Volunteerism and the Corporation for National and Community Service.

New books are delivered to Frostburg for the book giveaway and are available to the public for free. There are books for children, teens and adults that span a variety of genres. Students, faculty and community members are welcome to browse through the books and take home as many as they would like.

For info, contact Meghan Voelkel at x4191 or mevoelkel@frostburg.edu.

Call for Photography and Art Submissions

The Editing and Production class (ENGL 402) is looking for photography and artwork to use in its May 2014 edition of "#Sustain" (formerly "E=LG²"), FSU's student-produced sustainability magazine. Topics may include video games, piracy and fashion, so photo or art subjects do not have to be related to the environment or sustainability.

Artists whose works are chosen for the magazine will be credited, though unpaid.

The deadline to submit art or photography is Sunday, April 20.

For info or to submit work, email Jill Morris at jamorris@frostburg.edu.

Final Dialogue of Sustaining Campus and Community Series to Focus on Respect in Race Relations

The Frostburg Sustaining Campus and Community Dialogue Series aims to strengthen community relationships and foster civility and collaborative problem-solving in Frostburg. The next dialogue session, "Respecting Each Other: A Dialogue About Race Relations," will be held **Tuesday, April 29**, from 5:30 to 8:30 p.m. in the Lyric Theater at 20 E. Main St. in Frostburg. The public session is open to anyone in the Frostburg community interested in discussing this topic.

Supported by FSU, the Maryland Judiciary's Mediation and Conflict Resolution Office and Mountainside Community Mediation Center since spring 2012, the dialogue sessions convene students, year-round residents, local officials and University leaders to discuss issues and create new opportunities for collaborative problem-solving and coalition-building in Frostburg. In this second year of the series, community members are working toward tangible solutions for deeper level, sensitive and structurally challenging town-and-gown tensions that bring about safe, secure living conditions and civil relationships between long- and short-term residents in the college town.

For info, contact project manager Dr. Elesha L. Ruminski, chair of FSU's Department of Communication Studies, at elruminski@frostburg.edu or x4480. Details and documentary segments about the project are available at www.frostburg.edu/dept/cmst/dialogue-series.

Sign Up for Summer Session 2014

Registration has begun, and the first summer session starts **Tuesday**, **May 27**. Undergraduate and graduate courses are offered online or on campus. Payment plans are available for six convenient sessions. A computer lab in Dunkle 125 is available 24/7 for all students during Summer Session. Call x4423 for info or check out www.frostburg.edu/summer.

Participate in the First Annual FSU 5K Run/Walk and Help Local Children



The first annual FSU 5K Run/Walk will be held **Friday, May 2**, at 6 p.m. in Bobcat Stadium. Proceeds will benefit CASA of Allegany County. CASA's mission is to recruit, train and support volunteers to be court-appointed advocates for abused and neglected children in the court system, and to collaborate with other local agencies in an effort to ensure that all children are in a safe and nurturing home.

All participants may opt to help raise funds for local children via CASA of Allegany County.

A fun kids' run will also take place on the track (more details to follow).

The entry fee is \$10 for FSU students, \$12 for FSU faculty and staff through **April 21** and \$15 after **April 21**, \$15 for the general public through **April 21** and a pre-registration discounted family rate of \$12 per person in family through **April 21** and \$20 after **April 21**.

For info, go to www.frostburg.edu/fsu5k.

FSU, Allegany County Public Schools and Appalachian Lab to Host Western Maryland STEM Festival

FSU will host the annual Western Maryland STEM Festival to reinvigorate the interest of the area's youth in science, technology, engineering and math, on **Saturday**, **May 3**, from 10 a.m. to 2 p.m. in FSU's Frampton Hall and Compton Science Center. The event is free and open to K-12 students in public or private schools and their parents.

Students and parents will have the opportunity to learn about various topics, including robotics and forensics, and engage in hands-on, fun science activities such as ping-pong and making bouncy balls and slime.

Event presenters will include professors from FSU and the University of Maryland Center for Environmental Science Appalachian Laboratory, as well as representatives from local businesses. Sponsors include AES Warrior Run, ATK, Allegany County Federal Teachers Credit Union, Exclamation Labs and Menchavez Pediatrics.

Demonstrations will also be held at the Appalachian Laboratory in Frostburg. A shuttle will be available to transport individuals between the sites. For info, contact Linda Steele at lsteele@frostburg.edu.

FSU Offers Health and Human Performance Lab

The Health and Human Performance Lab featuring body fat testing, flexibility testing, cardiovascular testing, blood pressure screenings and more is free for faculty, staff and students. The lab is in room 110 of the Cordts PE Center. Hours are 9 a.m. to 2 p.m. Mondays and Wednesdays and 9:30 a.m. to 2:30 p.m. Tuesdays and Thursdays. Fridays and weekends are by appointment only. For info, contact Dr. Melody Kentrus, the lab director, at x4415 or mhkentrus@frostburg.edu, or tmrodgers02@frostburg.edu.

New Course on Traditional Eastern Health and Wellness Practices

PHEC 490 Special Topics in Health and Physical Education, a 3-credit course on Traditional Eastern Health and Wellness Practices: Yoga, Qi Gong, T'ai Chi, Focused Breathing and Meditative Techniques, will be offered at FSU this fall.

Current research shows that traditional Eastern health practices are useful as preventive personal health measures as well as valuable complementary practices to Western medicine for a variety of health issues. This course will introduce some of these

health practices through lecture, discussion and activity.

Dr. Suanne M. Lewis, a psychologist with a private practice in Cumberland, is the instructor for the course. She is a certified Tai Chi Chih and Seijaku instructor and a certified Level 1 yoga instructor. For info, contact Lewis at suanne.lewis@yahoo.com or 301-268-8922.

Graduation Is Coming Soon!

The Colleges of Business and Education will present their graduates at 9:30 a.m. and the College of Liberal Arts and Sciences will present its graduates at 2 p.m. on **Thursday**, **May 22**, in the Cordts PE Center. Tickets will be required for admission. The number of tickets will be determined at a later date, based on the number of graduating students.

Complete your graduation application in PAWS now and check with the Registrar's Office to assure everything is in order for you to graduate in May. This will enable you to receive all the necessary information.

A Grad Fair, where students can pick up caps and gowns and graduation tickets, enter drawings and more, will be held **Wednesday, May 14**, from 10 a.m. to 2 p.m. in the Lane Atkinson Room (232).

Full details about the ceremony can be found on the Commencement website at www.frostburg.edu/events/commencement. For info, contact Brittni Teter at x4423 or <a href="https://bktetro.org/bkteter.org/bktetro.org/bkteter.org/bktetro.org/bkteter.org/bktetro.org/bkteter.org/bktetro.org/bktetr

FSU-TV3

Want to Be on TV?



FSU-TV3 is holding interest meetings for fall semester productions. If you're interested in writing, hosting or reporting or want to gain experience with television production, be sure to attend one of the following meetings, which will be held in Old Main 204 (Video Editing Lab).

- Monday, April 14, at 3 p.m.
- Friday, April 18, at noon

You only need to attend one session to get your name and interest set for the fall.

Not able to make any of these days or times? Email FSU-TV3@frostburg.edu.

Frostburg City Council Meeting This Thursday!

If you are not able to attend the Frostburg City Council meeting on **Thursday**, **April 17**, FSU-TV3 will air it on Friday at 6 p.m. and on the following Monday, also at 6 p.m.

For info about the meetings, log on to www.frostburgcity.com.

Get Involved

Fight Cancer With the Faculty, Staff and Retirees Team!

Join the Relay for Life Faculty, Staff and Retirees Team to fight cancer and support FSU students at the FSU Relay for Life on **Friday, April 25.** Give of your time, talents and money by joining the team, giving to the team, buying luminaria in honor of loved ones with cancer, walking the track or just attending the event with family and friends. The team link is http://bit.ly/1i0TX82. For info, contact Mary Gartner at magartner@frostburg.edu.

United Campus Ministry Events

For info, contact the Rev. Dr. Cindy Zirlott in Hitchins 308 or at x7490 or c.zirlott@frostburg.edu.

Passover Seder, Tuesday, April 15, 6 p.m., Fellowship Hall, St. John's Episcopal Church on Broadway. As part of the Holy Week experience, celebrate Passover with UCM. Learn about and enjoy a Jewish Seder with Communion. Sign up at any UCM event or email Chaplain Cindy to get on the list.

Communitywide Holy Week Events. A Good Friday service will be held **April 18** at 7 p.m. at New Life Frostburg Assembly of God, 126 Maple St., and an Easter Sunrise Service will take place **April 20** at 7 a.m. at God's Ark of Safety Church, 18606 Cherry Ln.

Children's Books Needed. UCM is again sponsoring the Ihanktonwan Learning Camp and collecting children's books (for ages 5 through 14) for the Native American children who attend. If you have any children's books to donate, bring them to the UCM Office in Hitchins 308 **before May 15**.

The following weekly United Campus Ministry events are open to the FSU community.

Salvation and Praise Bible Study, Mondays, 7 p.m., Lane 108. This is a student-led Bible study group.

Spiritual Study Break – A Contemporary Vesper Worship Experience, Wednesdays, 9 p.m., Lane 108. If interested in joining the Praise team, contact UCM for practice times.

Fellowship of Christian Athletes, Thursdays, 8:15 to 9:30 p.m., Hall of Fame room, Cordts PE Center. This is a student-led Bible study.

Finding True North Bible Study, Sundays, 6:45 to 9 p.m., Library 237. This is a "Bible Meets Life" study and discussion group. A new discussion, "Misconceptions About God You May Have Heard in Church," starts.

Catholic Campus Ministry Events

For info, contact Kathleen Broadwater at 301-689-5041 or k.broadwater@frostburg.edu.

Programs are open to everyone. Catholic Campus Ministry also offers outings, movie nights and other events.

Bible Study, Tuesdays, 5:30 pm.

Dinner With a Short Meeting Followed by Game Night, Tuesdays, 6 p.m. Note: On the second Tuesday of every month, dinner will be followed by a series on other religions with guest speakers.

International

Where in the World Would You Like to Study Abroad?

For info, visit the Fuller House (across the street from the Braddock House), call x4714 or email Victoria Gearhart at vmgearhart@frostburg.edu. Also, check out the CIE website at www.frostburg.edu/admin/cie/stdyabrd.htm and the Facebook Page at www.frostburg.edu/admin/cie/stdyabrd.htm and <a href="www.frostburg.edu/admi



Gabby Blassou - Ireland (fall 2013)

The Center for International Education offers various ways for FSU students to see the world. In some cases, students can pay FSU tuition, room and board and study for a semester or a year in Ireland, England, Spain, France, China, Italy, Australia, Peru, South Africa or in many other countries. FSU also offers summer study abroad programs. Financial aid, student loans and scholarships may help fund a study abroad experience.

Study Abroad in England at Northumbria University - Fall 2014!

Students have an opportunity to study in England for a semester or full year. Tuition and fees are paid to FSU while room and board are paid to Northumbria University. Courses will transfer back to FSU with prior approval. Check out the university at www.northumbria.ac.uk.

Student Life

Registration Process for Room Selection for 2014-2015

The registration process gives students committed to living on campus the opportunity to choose a room for the coming year. Students who register for a room in any part of this process will sign a contract that will be in effect for the entire academic year.

Single Room Sign-Up: Students who wish to sign up for a single room will be permitted to do so according to their enrollment appointments for fall class registration. Come to the Residence Life Office any time after the day and time of your course enrollment appointment and choose from available single rooms. Your lottery number is irrelevant.

Off-Campus Students: These students and any others who did not take part earlier may come to the Residence Life Office weekdays **beginning April 14** between 8:30 a.m. and 4 p.m.

Be sure to log in at www.welcome-mat.net/frostburg to make sure your housing application is submitted before coming to select a room.

Edgewood Commons Now Contracting for Fall 2014

Edgewood Commons is **not** raising its rates for fall 2014! All the necessary application forms are available at www.edgewoodFSU.com. You can also pay your \$200 administrative fee online.

Apartments come fully furnished and have private bedrooms and semi-private bathrooms.

Utilities (gas, electricity, water, Internet and cable) are included in the contract fee.

Stop by during the week from 9 a.m. to 5 p.m. to take a tour. For info, call 301-689-1370 or email info@edgewoodFSU.com.

Community

Frostburg Museum and Center for Creative Writing Present '4Ground'

To end this season at the Frostburg Museum, the gallery, in collaboration with FSU's Center for Creative Writing, will present "4Ground," a show celebrating the union of poetry and art. This juried show will consist of artistic renditions of poems ("broadsides") and will be open to the public **through May 2**.

The Frostburg Museum is at 69 Hill St. and is open Thursday through Saturday from noon to 4 p.m. For info, visit www.frostburgmuseum.org, call 301-689-1195 or email frostburgmuseum@verizon.net.

Frostburg Museum Association to Hold Annual Spring Dinner

The Frostburg Museum Association, in conjunction with the Council of the Alleghenies, will host its annual Spring Dinner on **Tuesday, May 6**, beginning with a gathering and greeting at 5:30 p.m., followed by dinner, catered by the Princess Restaurant, at 6 p.m. at Frostburg Methodist Church on Main Street. Jim Hoey, a local historian from Fort Ashby, W.Va., will speak about "Ashby's Fort – Backcountry Refuge." For info or to make reservations, contact the museum at 301-689-1195 or info@frostburgmuseum.org. Reservations must be made by **Monday, April 28**.

FSU Events Calendar

For info on FSU events, go to http://events.frostburg.edu/calendar.

Questions? Call 301-687-4411. All information is subject to change.

Note: FSU is committed to making all of its programs, services and activities accessible to persons with disabilities. To request accommodations through the ADA Compliance Office, call 301-687-4102 or use a Voice Relay Operator at 1-800-735-2258.

Watch out for wildlife!



Drive carefully at dawn and dusk when many animals are active.

FROSTBURG STATE UNIVERSITY MISSION STATEMENT

Frostburg State University is a student-centered teaching and learning institution featuring experiential opportunities. The University offers students a distinctive and distinguished baccalaureate education along with a select set of applied master's and doctoral programs. Frostburg serves regional and statewide economic and workforce development; promotes cultural enrichment, civic responsibility and sustainability; and prepares future leaders to meet the challenges of a complex and changing global society.

INSTITUTIONAL PRIORITIES

- 1. Enhance experiential and applied learning opportunities for students both inside and outside the classroom.
- 2. Improve facilities so that students live and learn in a modern and technologically sophisticated environment.
- 3. Increase student quality and improve student persistence to graduation.